

**Leader of the Pack 5K  
Course Records  
Years on Current Course: 2018-2022**

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
<b>Overall Male</b>					
1	16:40.9	5:23/M	Christopher Upton	15	2019
2	17:14.0	5:34/M	Christopher Upton	14	2018
3	18:07.9	5:51/M	Gunner Hogston	16	2019
<b>5-6 Male</b>					
1	35:33.5	11:35/M	Isaac Guyer	6	2019
2	35:54.5	11:39/M	D. Pratt	6	2022
3	39:10.9	12:58/M	Aceton Washburn	5	2019
<b>7-8 Male</b>					
1	29:01.6	9:29/M	Avalina Richardson	7	2018
2	29:23.3	9:31/M	B. Briscoe	7	2022
3	29:46.1	9:36/M	C. Jarrell	8	2022
<b>9-10 Male</b>					
1	21:48.6	7:04/M	Jacob Hendricks	10	2018
2	21:55.2	7:05/M	Marcus Short	9	2019
3	26:16.4	8:30/M	Michael Elliott	10	2018
<b>11-12 Male</b>					
1	19:58.5	6:26/M	M. Short	12	2022
2	23:23.0	7:33/M	Dean Bates	11	2018
3	23:36.0	7:38/M	Reagan Holley	11	2018
<b>13-14 Male</b>					
1	17:14.0	5:34/M	Christopher Upton	14	2018
2	20:19.8	6:34/M	Carson Gilliam	14	2018
3	21:18.2	6:53/M	Brody Wilson	13	2022

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
<b>Overall Female</b>					
1	19:47.9	6:24/M	Shelby Gurley	27	2022
2	19:55.6	6:26/M	Jennifer Fisher	38	2019
3	20:12.4	6:30/M	Jennifer Fisher	41	2022
<b>5-6 Female</b>					
1	42:17.3	13:50/M	Adelaide Banfield	6	2018
2	43:32.4	14:28/M	O. Banfield	5	2022
3	57:18.0	18:50/M	Jadyn Greenlee	5	2019
<b>7-8 Female</b>					
1	31:17.1	10:24/M	Evalina Richardson	8	2019
2	32:58.5	10:43/M	A. Miller	8	2022
3	33:39.8	10:58/M	Cheyenne Phillips	8	2019
<b>9-10 Female</b>					
1	26:33.3	8:36/M	Maresa Beheler	10	2018
2	31:05.0	10:16/M	E. Harris	9	2022
3	31:37.9	10:19/M	K. Greene	10	2022
<b>11-12 Female</b>					
1	24:42.3	8:00/M	Audrey Friedman	12	2019
2	25:02.6	8:07/M	Olivia Derisma	11	2019
3	26:03.5	8:25/M	Savannah Lail	12	2018
<b>13-14 Female</b>					
1	24:24.3	7:55/M	Sumter Horton	14	2019
2	25:35.1	8:30/M	Savannah Lail	13	2019
3	25:40.9	8:19/M	Halle Lowery	13	2019

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<b>15-19 Male</b>						<b>15-19 Female</b>					
1	16:40.9	5:23/M	Christopher Upton	15	2019	1	22:26.4	7:15/M	Alexis Dubay	17	2018
2	18:07.9	5:51/M	Gunner Hogston	16	2019	2	24:14.6	7:50/M	Marina Mace	15	2019
3	18:33.2	5:58/M	Hayes Weatherman	17	2022	3	25:14.6	8:09/M	Halle Lowery	16	2022
<b>20-24 Male</b>						<b>20-24 Female</b>					
1	18:48.5	6:03/M	Matthew Allen	20	2022	1	20:41.1	6:41/M	Lauren Revis	20	2019
2	19:31.2	6:18/M	Gregory Rinn	21	2019	2	28:13.9	9:09/M	Lauren Bennett	21	2022
3	21:52.6	7:04/M	Henry McKinney	20	2019	3	28:27.9	9:13/M	Abby Stewart	22	2022
<b>25-29 Male</b>						<b>25-29 Female</b>					
1	20:38.8	6:41/M	Joshua Dow	29	2018	1	19:47.9	6:24/M	Shelby Gurley	27	2022
2	22:01.7	7:07/M	Curtis Beason	29	2018	2	22:56.7	7:25/M	Laurel Godfrey	25	2018
3	23:01.7	7:27/M	Timothy Urbanic	27	2019	3	25:15.9	8:10/M	Carrie Lovelace	29	2022
<b>30-34 Male</b>						<b>30-34 Female</b>					
1	19:32.3	6:19/M	Caleb King	31	2022	1	24:04.5	7:48/M	Amanda Whetstine	32	2019
2	21:18.1	6:52/M	Gregory Stearns	30	2018	2	28:31.2	9:16/M	Ashley Greene	33	2019
3	24:25.2	7:55/M	Sam Seigler	30	2022	3	29:20.7	9:34/M	Ashley Greene	32	2018
<b>35-39 Male</b>						<b>35-39 Female</b>					
1	20:42.9	6:41/M	Wesley Gurley	39	2022	1	19:55.6	6:26/M	Jennifer Fisher	38	2019
2	23:14.5	7:31/M	Kelvin Howard	37	2018	2	20:41.8	6:41/M	Olivia Appling	38	2019
3	23:46.9	7:42/M	Eric Anders	39	2018	3	20:55.2	6:45/M	Sara Hartman	37	2018
<b>40-44 Male</b>						<b>40-44 Female</b>					
1	20:55.1	6:47/M	Joe Jesson	42	2019	1	20:12.4	6:30/M	Jennifer Fisher	41	2022
2	22:04.1	7:08/M	Kyle Hankinson	40	2019	2	21:23.1	6:54/M	Amy Edelstein	40	2018

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3	22:31.4	7:17/M	Benjamin Urfer	44	2018	3	22:50.6	7:24/M	Melanie Butler	44	2018
<b>45-49 Male</b>						<b>45-49 Female</b>					
1	22:12.4	7:11/M	Joseph Hall	46	2019	1	24:52.3	8:03/M	Angela Friedman	46	2019
2	22:47.7	7:22/M	Morgan Miskell	49	2018	2	26:59.3	8:43/M	Amy Smith	49	2018
3	23:30.3	7:36/M	Jon Tidball	46	2022	3	27:43.9	9:04/M	Misha Dotson	45	2018
<b>50-54 Male</b>						<b>50-54 Female</b>					
1	20:13.6	6:30/M	Clayton Venhuizen	51	2022	1	24:00.8	7:46/M	Terri Wells	51	2018
2	22:09.4	7:10/M	James Morrow	54	2018	2	24:10.1	7:56/M	Jennifer West	53	2019
3	23:10.2	7:29/M	Timothy Lovelace	53	2018	3	24:56.3	8:04/M	Sarah Donley	53	2019
<b>55-59 Male</b>						<b>55-59 Female</b>					
1	20:04.5	6:29/M	Andy Inman	55	2019	1	25:50.8	8:22/M	Jennifer West	56	2022
2	22:37.5	7:18/M	James Morrow	55	2019	2	27:13.8	8:48/M	Denise Strickland	55	2019
3	23:11.3	7:32/M	James Morrow	58	2022	3	27:44.6	9:04/M	Denise Strickland	58	2022
<b>60-64 Male</b>						<b>60-64 Female</b>					
1	23:17.3	7:33/M	Larry Curtis	61	2022	1	30:05.2	9:44/M	Sandy Austin	64	2019
2	28:27.3	9:12/M	Joey Strickland	62	2019	2	34:36.0	11:12/M	Teri Whisnant	61	2019
3	29:46.2	9:38/M	Joey Strickland	61	2018	3	36:14.1	11:49/M	Debra Cilone	62	2022
<b>65-69 Male</b>						<b>65-69 Female</b>					
1	23:10.7	7:30/M	Doug Miller	66	2018	1	27:59.3	9:05/M	Dianne Allen	66	2022
2	23:52.6	7:43/M	Doug Miller	67	2019	2	36:00.6	11:49/M	Sandy Austin	67	2022
3	27:54.1	9:02/M	Gary Early	67	2018	3	40:21.1	13:26/M	Mary-Lu Bonte	67	2022
<b>70-74 Male</b>						<b>70-74 Female</b>					
1	25:51.9	8:21/M	Richard Hefner	70	2022	1	48:49.4	15:58/M	Ann Holt	70	2019

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2	27:22.9	8:51/M	Jerry Sofley	72	2019
3	29:01.8	9:25/M	Charles Moss	70	2019

**75&Over Male**

1	29:36.4	9:35/M	Laurence Penrose	76	2018
2	30:33.1	9:56/M	Laurence Penrose	77	2019
3	34:31.2	11:22/M	Laurence Penrose	80	2022

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
2					
3					

**75&Over Female**

1	43:44.4	14:28/M	Martha Marshall	77	2022
2	1:01:24	20:01/M	Margaret Hyder	76	2018
3					