

**Cross Country Experience 5K
Course Records
Years on Current Course: 2019-2022**

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
Overall Male					
1	17:06.4		Chris Upton	16	2019
2	17:21.2		Van Robbins	17	2021
3	18:15.4		Drew Harris	27	2019

10&Under Male					
1	28:30.2		M. Schultz	10	2022
2	32:46.6		P. Gaudszus	6	2021
3	33:35.6		T. Hutchins	8	2019

11-14 Male					
1	19:09.3		Reagan Holley	14	2021
2	20:34.9		Caleb Cox	14	2021
3	20:36.5		Dean Bates	14	2021

15-19 Male					
1	17:06.4		Chris Upton	16	2019
2	17:21.2		Van Robbins	17	2021
3	18:20.3		Hayes Weatherman	16	2021

20-24 Male					
1	18:49.9		Matthew Allen	21	2022
2					
3					

25-29 Male					
1	18:15.4		Drew Harris	27	2019
2					
3					

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
Overall Female					
1	20:09.3		Shelby Gurley	28	2022
2	21:10.7		Brooke Hope	16	2022
3	21:40.1		Vanessa Boris	38	2022

10&Under Female					
1	37:03.5		E. Howard	10	2021
2	37:22.2		E. Cowan	8	2019
3	44:47.8		H. Prescott	10	2019

11-14 Female					
1	25:57.5		Kaeleigh Overman	13	2022
2	28:56.7		Molly Hill	14	2022
3	28:58.7		Miranda Keever	14	2022

15-19 Female					
1	21:10.7		Brooke Hope	16	2022
2	25:25.3		Michayla Hendren	16	2022
3	26:27.8		Lilyana Mast	16	2021

20-24 Female					
1	27:00.4		Lauren Bennett	20	2021
2	27:31.0		Lauren Bennett	20	2022
3	34:31.4		Faith Archer	23	2022

25-29 Female					
1	20:09.3		Shelby Gurley	28	2022
2	32:30.2		Mayra Padilla	28	2021
3	34:58.2		Shelby Gurley	27	2021

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30-34 Male						30-34 Female					
1	19:55.5		Caleb King	31	2022	1	35:06.8		Lakin Stanfield	32	2021
2	25:37.8		Cory Stanfield	30	2019	2	43:41.6		Brenda Gordon	33	2021
3	29:41.5		Sam Banfield	34	2021	3	46:33.8		Tracie Crowder	30	2019
35-39 Male						35-39 Female					
1	20:03.9		Wesley Gurley	39	2022	1	21:40.1		Vanessa Boris	38	2022
2	20:33.1		Wesley Gurley	38	2021	2	36:43.7		Kathryn Holland	36	2022
3	23:15.6		Brandan Schultz	38	2022	3	37:50.7		Dana Bradley	38	2019
40-44 Male						40-44 Female					
1	22:23.1		Mark Snyder	41	2021	1	31:48.7		Evie Beam	42	2022
2	24:51.3		Ivan Graudszus	41	2021	2	32:04.7		Melissa Owens	40	2021
3	26:21.1		Thomas McCraw	42	2022	3	33:05.6		Melissa Owens	41	2022
45-49 Male						45-49 Female					
1	23:22.8		Jon Tidball	46	2022	1	37:06.7		Gina Harrill	45	2019
2	25:45.6		Steve Collins	47	2021	2	44:52.3		Sherri Prescott	45	2019
3	26:34.5		Brian Robbins	45	2019	3	46:26.8		Beth Archer	46	2022
50-54 Male						50-54 Female					
1	20:00.0		Morgan Miskell	53	2022	1	27:44.0		Cindy McDaniel	53	2022
2	21:12.5		Morgan Miskell	52	2021	2	32:32.6		Missy Alexander	50	2021
3	36:00.6		John Padgett	51	2021	3	33:11.5		Maxine Taylor	54	2019
55-59 Male						55-59 Female					
1	23:32.2		Tim Lovelace	57	2022	1	26:08.2		Lisa Rome	57	2021
2	24:20.5		James Overman	58	2022	2	28:05.7		Denise Strickland	58	2021

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3	24:24.5		James Overman	57	2021	3	28:12.4		Lisa Rome	55	2019
60-64 Male						60-64 Female					
1	23:50.2		Tim Hepler	61	2022	1	37:22.7		Sandy Austin	64	2019
2	24:24.0		Chris Eason	60	2022	2	43:28.0		Bettina Conn	60	2021
3	24:49.2		Larry Curtis	62	2022	3					
65-69 Male						65-69 Female					
1	25:45.3		Ed Somerville	65	2021	1	32:25.7		Sandy Austin	66	2021
2	31:19.6		Joey Strickland	65	2022	2	33:41.1		Sandy Austin	67	2022
3	32:46.8		Bruce Rome	69	2021	3	40:11.3		Deborah Bumgarner	66	2019
70&Over Male						70&Over Female					
1	31:36.1		Ron Huntsberger	70	2019	1	46:10.4		Martha Marshall	77	2022
2	34:05.8		Laurence Penrose	81	2022	2	49:30.6		Ann Holt	73	2022
3	37:01.9		Darrell Bumgarner	72	2019	3	54:16.0		Beth Corn	70	2021