

**Bear Foot 5K  
Course Records  
Years on Current Course: 2010-2023**

**new in 2023**

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
<b>Overall Male</b>					
1	16:56.1	5:28/M	Levy Wiseman-Floyd	17	2012
2	16:58.0	5:28	Jonathan Thacker	37	2016
3	17:08.8	5:32/M	Jonathan Thacker	33	2012

**6-7 Male**

1	22:40.7	7:19/M	Gunner Hogston	7	2010
2	22:58.1	7:25/M	Jackson Epley	7	2019
3	24:13.9	7:49/M	Ian Richards	7	2013

**8-9 Male**

1	21:03.1	6:47/M	Gunner Hogston	9	2012
2	22:13.1	7:10	Y. Abuzir	9	2023
3	22:21.3	7:13/M	Marcus Short	9	2019

**10-11 Male**

1	19:42.2	6:21/M	Gunner Hogston	10	2013
2	20:48.7	6:43/M	Gunner Hogston	11	2014
3	22:44.1	7:19	Jakeem Amuda	11	2015

**12-13 Male**

1	18:51.8	6:04	Gunner Hogston	13	2016
2	19:07.1	6:09	Gunner Hogston	12	2015
3	20:10.8	6:31	Brody Wilson	13	2022

**14-15 Male**

1	17:30.3	5:38	Gunner Hogston	15	2018
2	17:32.2	5:39	Gunner Hogston	14	2017
3	19:29.6	6:17/M	Jacob Turnbull	15	2012

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
<b>Overall Female</b>					
1	18:49.4	6:04	Jennifer Fisher	41	2023
2	18:54.0	6:05	Jennifer Fisher	35	2016
3	18:54.9	6:05	Jennifer Fisher	34	2015

**6-7 Female**

1	28:22.5	9:05	P. Hembree	7	2018
2	28:45.6	9:16/M	Georgia Greene	6	2012
3	30:30.4	9:50/M	Baylee Short	7	2010

**8-9 Female**

1	23:54.0	7:43/M	Laine Bailey	9	2011
2	25:25.6	8:12/M	Laine Bailey	9	2010
3	27:36.1	8:53	Camryn Russell	9	2017

**10-11 Female**

1	23:23.6	7:33/M	Laine Bailey	10	2012
2	23:49.8	7:40	Marina Mace	10	2015
3	25:20.1	8:09	Claire Coker	10	2017

**12-13 Female**

1	22:41.2	7:19/M	Deja Anderson	13	2012
2	22:42.2	7:19/M	Lindsey Bailey	13	2010
3	23:05.5	7:27/M	Haidyn Toney	13	2023

**14-15 Female**

1	21:23.5	6:54/M	Ladeja Anderson	14	2013
2	23:14.1	7:30/M	Lindsey Bailey	15	2012
3	24:22.7	7:51	Rachel Dawkins	15	2016

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<b>16-19 Male</b>					
1	16:56.1	5:28/M	Levy Wiseman-Floyd	17	2012
2	17:23.2	5:36/M	Gunner Hogston	16	2019
3	17:57.3	5:46	Lance Morsell	18	2015
<b>20-24 Male</b>					
1	18:58.8	6:07/M	Justin Ruppe	24	2013
2	20:22.8	6:33	Christopher Rivera	21	2015
3	20:26.3	6:35/M	Josh Carpenter	24	2010
<b>25-29 Male</b>					
1	19:19.6	6:14	Justin Ruppe	25	2014
2	19:31.7	6:17	Gregory Stearns	29	2017
3	20:11.0	6:31/M	Jared Webb	25	2012
<b>30-34 Male</b>					
1	17:08.8	5:32/M	Jonathan Thacker	33	2012
2	17:11.6	5:33/M	Jonathon Thacker	33	2011
3	17:29.5	5:38	Almon Cox	34	2014
<b>35-39 Male</b>					
1	16:58.0	5:28	Jonathan Thacker	37	2016
2	17:42.3	5:41	Jonathan Thacker	36	2015
3	17:43.3	5:42	Almon Cox	36	2016
<b>40-44 Male</b>					
1	18:23.1	5:55	Mike Lawson	43	2014
2	19:02.8	6:09	Jason Willis	44	2022

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
<b>16-19 Female</b>					
1	24:50.8	8:01/M	Emily Matheny	18	2012
2	24:51.5	8:04/M	Lauren Bennett	17	2019
3	25:11.1	8:07/M	Eliza Wiseman-Floyd	16	2012
<b>20-24 Female</b>					
1	21:03.8	6:47	Chelsea Ellwood	24	2016
2	21:18.5	6:52/M	Laura Morse	22	2011
3	24:05.3	7:46	Lauren Bennett	21	2023
<b>25-29 Female</b>					
1	19:45.9	6:23	Shelby Gurley	27	2022
2	22:23.0	7:13/M	Rebecca Eza	27	2010
3	22:30.3	7:14	Ashley Lowery	29	2015
<b>30-34 Female</b>					
1	18:54.9	6:05	Jennifer Fisher	34	2015
2	20:45.0	6:40	Olivia Appling	34	2015
3	22:03.2	7:07	Felicia Hamrick	34	2014
<b>35-39 Female</b>					
1	18:54.0	6:05	Jennifer Fisher	35	2016
2	18:55.2	6:05	Jennifer Fisher	36	2017
3	19:04.3	6:08	Jennifer Fisher	37	2018
<b>40-44 Female</b>					
1	18:49.4	6:04	Jennifer Fisher	41	2023
2	21:07.6	6:48	Amy Edelstein	40	2018

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3	19:47.8	6:23/M	Patrick Bradshaw	42	2010	3	22:09.7	7:07	Melanie Butler	41	2015
<b>45-49 Male</b>						<b>45-49 Female</b>					
1	18:36.8	5:59	Roberto Gonzalez	45	2015	1	21:44.4	6:59	Mandy Huffman	46	2015
2	18:58.3	6:07/M	Jeffrey Carson	47	2012	2	22:54.0	7:23/M	Detti Seppenfield	49	2010
3	20:02.0	6:27	Roberto Gonzalez	47	2017	3	25:20.9	8:10/M	Annie Wiseman-Floyd	45	2012
<b>50-54 Male</b>						<b>50-54 Female</b>					
1	19:52.4	6:25/M	Gene Summey	51	2012	1	24:44.7	7:52	Terri Wells	51	2018
2	20:28.6	6:36	Morgan Miskell	53	2022	2	24:46.7	7:58	Angie Poole	52	2015
3	20:43.2	6:40	Mitchell Rippy	52	2015	3	24:49.2	8:02/M	Sarah Donley	53	2019
<b>55-59 Male</b>						<b>55-59 Female</b>					
1	22:06.5	7:08/M	Dale Greene	55	2010	1	25:32.9	8:13	Becky Summey	57	2014
2	22:22.6	7:13	Greg Isenhour	56	2014	2	25:39.0	8:16/M	Becky Strahler	55	2012
3	22:30.1	7:15	Greg Isenhour	58	2016	3	27:49.3	9:02/M	Denise Strickland	55	2019
<b>60-64 Male</b>						<b>60-64 Female</b>					
1	22:00.5	7:06/M	Bubba Anthony	62	2010	1	27:53.0	9:00/M	Joyce Pharr	64	2010
2	22:48.0	7:21/M	Bbubba Anthony	63	2011	2	27:53.6	9:00	Darlene Goode	60	2023
3	22:52.3	7:21	Jimmy Jones	64	2015	3	29:29.0	9:27	Sandy Austin	62	2018
<b>65-69 Male</b>						<b>65-69 Female</b>					
1	23:03.3	7:24	Doug Miller	66	2018	1	28:48.4	9:17/M	Joyce Pharr	66	2013
2	24:36.4	7:56	Chuck Lindsay	65	2023	2	29:41.6	9:35/M	Joyce Pharr	65	2012
3	25:34.7	8:15/M	Robert Byers	67	2010	3	30:20.2	9:46	Joyce Pharr	69	2016
<b>70-74 Male</b>						<b>70-74 Female</b>					
1	26:45.4	8:37	Jim Owens	70	2016	1	29:43.3	9:34	Joyce Pharr	70	2017

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2	26:47.3	8:38	Richard Hefner	70	2022
3	26:52.3	8:39	Jim Owens	71	2017

#### 75-79 Male

1	28:26.2	9:09	Laurence Penrose	75	2017
2	29:55.0	9:35	Laurence Penrose	76	2018
3	31:03.5	10:05/M	Laurence Penrose	77	2019

#### 80+ Male

1	32:01.5	10:20	Laurence Penrose	80	2022
2	37:33.7	12:07	Laurence Penrose	81	2023
3	42:55.9	13:49	Walter Pharr	80	2017

<u>Rank</u>	<u>Time</u>	<u>Pace</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
2	31:56.4	10:21/M	Joyce Pharr	72	2019
3	32:47.3	10:31	Joyce Pharr	71	2018

#### 75-79 Female

1	36:58.9	11:56	Joyce Pharr	75	2022
2	43:07.8	13:55	Martha Marshall	77	2022
3	43:49.0	14:08	Martha Marshall	78	2023

#### 80+ Female

1	44:50.0	14:28/M	Lola Freeman	80	2010
2					
3					