



ROC Monthly Newsletter

Thanks for being a part of ROC!
Go to our website for our weekly outdoor schedules, information on the ROC Race Series, local trails, and more.

[Visit Our Website](#)

Updates:

Thermal Belt Rail Trail

A new prayer garden can now be accessed from the Rail Trail near Gilboa Church thanks to church members, friends and family of Susan Foster (the garden is dedicated to her memory), and Kaleb Munjes. This was Kaleb's Eagle Scout project and he has done a wonderful job.

The prayer garden offers a place for trail users to take a break and even has a bike rack for convenience.



Thanks to everyone that contributed to this wonderful addition to the area!



[Rail Trail Map and Information](#)

ROC Bearwallow Harvest Moon Hike

On Sept 16th, ROC led a fantastic group to hike up Bearwallow Mountain with plans to watch the sun set and the Harvest Moon rise from the summit. The thick clouds were able to ruin our view, but not our evening

[Hike Photos](#)



ROC Labor Day River Float

ROC members and others from the community took to the water on Monday, September 5th to celebrate Labor Day. The float took place on section 5 of the Broad River and everyone had a great time kayaking and playing on the rope swing.

[Labor Day Float Photos](#)



ROC Broad River Fall Sweep

On Sept 24th, we pulled over 500 lbs of trash and 14 tires out of the Broad River from Rock Springs Church Rd to Coxe Rd. Thanks to all who came out to help!

More information about the Broad River can be found [here](#).

[Broad River Fall Sweep Photos](#)



Buffalo Creek Park Work Day

On Sept 13th, ROC and a few volunteers hiked out to the Buffalo Creek Park Trail Extension to cut back overgrown brush from the trail corridor. It was a successful work day. Thanks to all who came out.

[Buffalo Creek Park Trail Map and Information](#)



Rumbling Bald Hike

Current and former ROC trails coordinators explored Rumbling Bald's boulders Tuesday morning Sept 27. If you are searching for a great place to hike, rock climb, or boulder, Rumbling Bald in Lake Lure is the perfect trail for you. This intermediate trail has something for everyone.



[Rumbling Bald Trail Map and Information](#)

Rail Trail Bench Sponsorship

- The new benches along the Rail Trail can now be sponsored for a \$1000 donation.
- All the money goes to improve local trails and your information will be displayed on a plaque mounted on the bench.



Email us at trails@rutherfordoutdoor.org for more information.

More Ways to Participate in ROC:

- We need people like you to become trail bosses and river stewards for our local trails and river system.
 - **Trail Bosses** walk their section of trail at least once a month, report any issues they see, and help keep their section clean.
 - **River Stewards** float their river section once a month and report downed trees and other obstacles that need to be addressed. There is a River Stewards meeting held on the 2nd Thursday of each month to discuss river improvements and plan future clean-ups.



- If you are interested in learning more about becoming a trail boss or river steward, contact Hallie Zeedik at trails@rutherfordoutdoor.org or call (828) 625-9983 ext. 505.
- [Click Here](#) for more information on Rutherford County trails.

11th Annual Tour De Pumpkin

We had over 100 participants on Saturday, Oct 1st for the 11th Annual Tour de Pumpkin. Adults of all ages came from near and far to participate in this event and each received a commemorative ROC Tour de Pumpkin T-Shirt. Congratulations to everyone who participated in the event!



[Cycling in Rutherford Co. Information](#)

ROC Race Series

Overmountain Victory Trail 5K

Kicking off Rutherfordton's annual Hilltop Festival, Saturday Oct 1st, was the OVT 5K. It was a successful turnout with 78 participants. Great Job to everyone who participated!



[OVT 5K Photos](#)

Upcoming Races:

- **Saturday, November 5th:** South of the Mountains 5K Trail Run.

[Register here](#)

[ROC Race Series 2016](#)



Upcoming Events:

- **ROC Rail Trail Walk**
Thursday October 13th
4:30 pm

We will meet at the Bechtler Mint site (342 Gilboa Church Rd) and walk north towards Gilkey Lumber. This will be approximately 4 miles round trip.



- **ROC Broad River Fall Leaf Float: Sunday October 23rd 11:00 am**

Join ROC for a Fall Leaf Float to enjoy the colors of the season from the Broad River. The float will take place on Section 5 with the put-in at Grays Road access (520 Grays Rd, Rutherfordton) and the take-out at (2254 Coxe Road, Rutherfordton). Meet at the Grays Road access at 11 am.

Bring a lunch or snacks, water, and warm clothes.

***** Email us at trails@rutherfordoutdoor.org or call (828) 625-9983 ext. 505 to sign up for our volunteer opportunities or group hikes.**

Rutherford Outdoor Coalition | www.rutherfordoutdoor.org

STAY CONNECTED:

