



ROC Monthly Newsletter

Thanks for being a part of ROC!
Go to our website for our weekly outdoor schedules, information on the ROC Race Series, local trails, and more.

[Visit Our Website](#)

[Become a Member](#)

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NEWS



Welcome to all of our new and returning ROC members and sponsors!

Kim Horvath

Lou Wilmot

Theresa Johnson

The money we receive from memberships helps us to continue improving local trails, leading group hikes and river floats, and creating new outdoor programs. Membership is only \$20 for individuals, \$35 for families, and \$100 for businesses. We also offer multiple sponsorship opportunities for businesses to help expend and enhance recreational opportunities in Rutherford County.

Members get discounts at Chimney Rock, Barley's Taproom, Copper Penny, Main Street Coffee, and more.
Click the link below for more details.

[Get Involved!](#)

UPCOMING EVENTS

Saturday, October 6th: 13th Annual Tour de Pumpkin 50K and 100K Bike Tour



The ride will begin at 9:30 am.
Registration is from 8:00 am until 9:15 am.
Day-of registration cost is \$25

Only \$20 to pre-register...best deal around! (Pre-register [here!](#))

Some great reasons to participate:

*Great end-of-the-season roller coaster rides (4,440 feet of climbing on 100K; 2,200 feet on 50K)

*Few cars, abundant scenery

*Event tech t-shirt, guaranteed to first 125 entrants - (TSHIRT NOTE for Women: We offer a women's cut (short sleeves and gathered at the waist). Those shirts run a full size smaller so order one size larger. If you don't want the women's cut then order the unisex shirt in your normal size.)

*Post-ride meal

*Door Prizes

*The majority of the proceeds from the event benefits our new youth cycling program.

- A portion of the proceeds goes to Rutherford Housing Partnership for preparing lunch for the cyclists.

ROC will have a registration booth on Main Street in front of the Carrier Houses near the corner of 4th and Main.

[Click here for more information or to register](#) | [Facebook Event](#)

**Saturday, October 13th and
Sunday October 14th: ROC
Broad River Float +
Campout for Members and
Family**

We are excited to announce the event many have been awaiting! October 13th through 14th, ROC will lead a river paddle and overnight camping trip along Section 4 of the Broad River. As a way of showing appreciation to our members, this event is limited to ROC members and family so if you are not a member yet, be sure to sign up before the campout. You **MUST** pre-register so we can accommodate everyone.



We will stage all our camping gear in advance of the float, so no worries about getting your camping gear wet. We will put in the water by 12:30 pm on October 13th, paddle approximately 5-miles, and arrive at our campsite by 4 pm. A generous property owner is allowing us a field along the river to camp in overnight. We will wake up with the sunrise the next morning, October 14th, paddle to the take-out at 520 Gray's Rd, and drive back to the campsite to pack up.

For a list of recommended items to bring, click [here](#)

We will meet at the Rutherford County Office Building, 289 N. Main Street, Rutherfordton at 11:00 am and travel to the put-in and campsite before dropping vehicles off at the take-out location.

For questions and to RSVP, email trails@rutherfordoutdoor.org or call (828) 351-4294.

[Facebook Event](#)

Tuesday, October 16th: ROC Monthly Meeting

Our monthly meetings are held on the third Tuesday of each month. Come out to Barleys in Spindale at 5:30 to learn about ongoing and future ROC projects and to meet members and volunteers.



Sunday, October 21st: ROC Hike at Rumbling Bald

Come join us for a short hike at the Rumbling Bald climbing access at Chimney Rock State Park. The trail is an easy 1.25 miles, offering views of the magnificent surrounding cliffs, boulders, and transitioning fall foliage. We will offer a second or even third lap depending on the group interest and pace.



We will meet at the Rutherford County Office Building (289 N Main Street

Rutherfordton) at 9:00 am to carpool. Let is know if you plan to meet us at the trail. We plan to arrive at the trailhead by 9:30 am. Be sure to wear comfortable shoes and bring any water and snacks you need.

Please RSVP by emailing trails@rutherfordoutdoor.org or call (828) 351-4294.

[Facebook Event](#)

Saturday, October 27th: ROC Walk With Brother Wolf

Meet at Brother Wolf (1364 US-221, Rutherfordton, NC 28139) at 10 am to get matched up with one of the shelter dogs. We will walk the dogs for 2 miles on the Thermal Belt Rail Trail.

Since there are a limited number of dogs available, you must pre-register for this event. Email Dana Bradley at dana@rutherfordoutdoor.org or call her cell at 828-351-3235 to sign up.



UPDATES

ROC ICC Trails Workdays

There were two workdays on the ICC Trails last month. On September 14th, Dana Bradley and Ron Wallenburg worked to clear briars from the Orange Trail.

On Friday, September 28th, David Greenleaf, Dana Bradley, and Robin Schultze worked to clear sections of the ICC trails. They removed

several downed trees and improved overall trail accessibility. A section of the Blue Trail that goes through the field behind the Foundation Center was re-routed. The trail now turns half-way through the field and heads into the wooded area.

[More information about the ICC Trails](#)



ROC Broad River Fall Sweep

On Saturday, September 22nd, we

floated down Section 5 of the Broad River and collected 525 pounds of trash thanks to our awesome volunteers!

Trail Life USA Troop 12:13 joined in by cleaning around the river access areas at 520 Grays Road and 2254 Coxe Road in Rutherfordton.



The river and access areas all look great thanks to all of you! We appreciate all of your hard work to keep the river clean and beautiful.

More photos from the event can be viewed [here](#).

ROC Walk With Brother Wolf

On Saturday, September 29th, ROC volunteers took the dogs from Brother Wolf Animal Rescue for a walk on the Thermal Belt Rail Trail. Participants and canines alike had a great time. If you missed this event, be sure to register for the next one on October 27th!



[More Photos Here](#)

ROC Members-Only Walnut Creek Preserve Hike

ROC members closed out the month of September with a hike at Walnut Creek Preserve. We didn't let a little rain get in the way of our hike and enjoyed the beautiful view of Walnut Creek Falls.

[More Photos](#)



We will be leading another hike to Walnut Creek Preserve in November since some people did not attend due to the rain today.

We hope that you'll join us on our next ROC hike on Sunday, October 21st, at Rumbling Bald. Contact Robin Schultze at 828-351-4294 or email trails@rutherfordoutdoor.org to register!

ROC Walking Club

Starting September 1st, the times for the ROC Walking Club will change to accommodate the changing sunset times. The times and dates are listed below.



September 1st - March 31st:

- **Tuesdays:** 5:30 pm at the Summey Park walking track in Forest City
- **Wednesdays:** 9:30 am at Purple Martin Greenway in Rutherfordton
- **Thursdays:** 4:00 pm at Purple Martin Greenway in Rutherfordton



April 1st - August 31st:

- **Tuesdays:** 6:30 pm at the Summey Park walking track in Forest City
- **Wednesdays:** 8:30 am at Purple Martin Greenway in Rutherfordton
- **Thursdays:** 6:30 pm at Purple Martin Greenway in Rutherfordton

The walks are led by our Outdoor Programs Director, Dana Bradley. The club walks together for 30 minutes but you can feel free to walk longer if you like. This is a great opportunity to interact with others from the community that enjoy walking. Walk at your own pace, enjoy the scenery, and make some new friends.

For more information or to join, visit our ROC Walking Club page at <https://www.facebook.com/groups/184160622179015/> or call Dana at 828-351-3235.

[Facebook Page](#)

ROC RACE SERIES

[Click Here for the 2018 ROC Race Series Schedule](#)

Lake Lure Olympiad 10K Dam Run & Race to the Rock 5K

These races both had a great turnout. Congratulations to all the finishers!

Race Photos and Results:

[10K Dam Run](#)
[Race to the Rock 5K](#)



Next Races:

Purple Martin 7K

Come out on Saturday, October 6th, for the next race in the series! Most of the race course will be held on the Purple Martin Greenway and it should be a fun race.



[Race Details and Registration](#)

Master's Academy Go the Extra Mile/Light the Night 5K

The Master's Academy Go the Extra Mile 5K will take place at 6 pm on October 20th. The race will both begin and end at McNair Field in Forest City.

There will be a one-mile glow walk from McNair Field after the race to include and honor local veterans. We'd love to see you there.

[Race Details and Registration](#)

WAYS TO PARTICIPATE IN ROC

Trail Boss and River Steward Programs

ROC needs Trail Bosses for the ICC Trails in Spindale. If you are interested, please contact us and we will get you started!



- We need people like you to become trail bosses and river

stewards for our local trails and river system.

- **Trail Bosses** walk their section of trail at least once a month, report any issues they see, and help keep their section clean.
- **River Stewards** float their river section once a month and report downed trees and other obstacles that need to be addressed. There is a River Stewards meeting held on the 2nd Thursday of each month to discuss river improvements and plan future clean-ups.
- If you are interested in learning more about becoming a trail boss or river steward, contact Robin Schultze at trails@rutherfordoutdoor.org or call 828-351-4294.
- [Click Here](#) for more information on Rutherford County trails.

Volunteer Opportunities

Volunteering is a great way to build skills, meet people, and give back to the community all while having fun. We invite and encourage individuals and groups of all backgrounds and ages to get involved and help grow a stronger community.

ROC offers many types of volunteer opportunities throughout the year with varying levels of involvement and physical activity. Our volunteer opportunities include trail projects, fundraising events, festivals, group outings, clean-ups, and more.

If you are interested in learning more about volunteer opportunities, contact Robin at trails@rutherfordoutdoor.org or call 828-351-4294.



Rutherford Outdoor Coalition | www.rutherfordoutdoor.org

STAY CONNECTED:

