



ROC Monthly Newsletter

Thanks for being a part of ROC!
Go to our website for our weekly outdoor schedules, information on the ROC Race Series, local trails, and more.

[Visit Our Website](#)

[Become a Member](#)

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NEWS



Welcome to all of our new and returning ROC members and sponsors!

Jason Smoak and Family

Terri Wells (Lifetime)

David Hislop and Family

Bryan Moulton

Eric Wells (Lifetime)

Michael Banville

Robin Delorenzo

Chris Olsen

Janet Burzlaff

The money we receive from memberships helps us to continue improving local trails, leading group hikes and river floats, and creating new outdoor programs. Membership is only \$20 for individuals, \$35 for families, and \$100 for businesses. We also offer multiple sponsorship opportunities for businesses to help expend and enhance recreational opportunities in Rutherford County.

Members get discounts at Chimney Rock, Barley's Taproom, Copper Penny, Main Street Coffee, and more.
Click the link below for more details.

[Get Involved!](#)

UPCOMING EVENTS

Sunday, November 11th: ROC Members-Only Hike at Walnut Creek Preserve

We've scheduled another hike at Walnut Creek Preserve for anyone who was unable to make it last month due to the rain!



Join ROC on a moderate, 5-mile hike through the Walnut Creek Preserve in Mill Spring.

We will hike to Walnut Creek Falls and see scenic views of the mountains. The preserve is not open to the public, so don't miss your chance to see the beautiful trails located there! Email Dana Bradley at dana@rutherfordoutdoor.org or call 828-351-3235 to register for this hike and get carpool information.

This is a members-only hike so if you are not a member yet, be sure to sign up by November 11th.

Please RSVP by emailing trails@rutherfordoutdoor.org or by calling/texting (828) 351-4294.

[Facebook Event](#)

Saturday, November 17th: ROC Walk With Brother Wolf

Meet at Brother Wolf (1364 US-221, Rutherfordton, NC 28139) at 10 am to get

matched up with one of the shelter dogs. We will walk the dogs for 2 miles on the Thermal Belt Rail Trail.

Since there are a limited number of dogs available, you must pre-register for this event. Email Dana Bradley at dana@rutherfordoutdoor.org or call her cell at 828-351-3235 to sign up.



Tuesday, December 11th: ROC Holiday Party

There will be no ROC meeting in November or December.

Our annual Holiday Party will be held at Barley's Taproom from 5:30 pm until 7:30 pm on Tuesday, December 11th. Light hors d'oeuvres will be provided. Come celebrate all that has been accomplished this year!

UPDATES

Buffalo Creek Park Workday

On October 2nd, Dana Bradley, Robin Worcester, and Robin Schultze scouted the Buffalo Creek Park trails, removed a few fallen trees along the trail, and checked the trail counters. It was a beautiful Fall day.

[More Information about Buffalo Creek Park](#)



Tour de Pumpkin and Hilltop Festival

On Saturday, October 6th, we had a record number of cyclists bike our annual Tour de Pumpkin 50K and 100K Bike Tour.

ROC also tabled at the Hilltop Festival and we had a great

time sharing information about local trails, ways to get involved, and upcoming events with everyone who stopped by. Thanks again to our fantastic volunteers who helped out!



ROC Members- Only River Float + Campout

On October 13th and 14th, ROC led a river float and campout for ROC members and their families.



We had an adventurous river float and had fun telling jokes and stories while enjoying dinner and s'mores by the fire. The sky was clear for most of the night and we had great views of the moon and stars.

[More Photos](#)

ROC Rumbling Bald Hike

ROC members met on a beautiful, brisk October morning for a short hike at the Rumbling Bald climbing access at Chimney Rock State Park. We enjoyed beautiful views, identified common native flora, and witnessed quite a few climbers in action.



[More Photos](#)

We hope that you'll join us on our next ROC members-only hike on Sunday, November 11th at Walnut Creek Preserve. Contact Robin

Schultze at 828-351-4294 or email trails@rutherfordoutdoor.org to register!

ROC Walk With Brother Wolf

On Saturday, October 27th, ROC volunteers took the dogs from Brother Wolf Animal Rescue for a walk on a newly paved section of the Thermal Belt Rail Trail. Participants and canines alike had a great time. If you missed this event, be sure to register for the next one on November 17th!



[More Photos Here](#)

ROC Walking Club

The times and dates are listed below.

September 1st - March 31st:

- **Tuesdays:** 5:30 pm at the Summey Park walking track in Forest City
- **Wednesdays:** 9:30 am at Purple Martin Greenway in Rutherfordton
- **Thursdays:** 4:00 pm at Purple Martin Greenway in Rutherfordton



April 1st - August 31st:

- **Tuesdays:** 6:30 pm at the Summey Park walking track in Forest City
- **Wednesdays:** 8:30 am at Purple Martin Greenway in Rutherfordton
- **Thursdays:** 6:30 pm at Purple Martin Greenway in Rutherfordton

The walks are led by our Outdoor Programs Director, Dana Bradley. The club walks together for 30 minutes but you can feel free to walk longer if you like. This is a great opportunity to interact with others from the community that enjoy walking. Walk at your own pace, enjoy the scenery, and make some new friends.

For more information or to join, visit our ROC Walking Club page at <https://www.facebook.com/groups/184160622179015/> or call Dana at 828-351-3235.

ROC RACE SERIES

[Click Here for the 2018 ROC Race Series Schedule](#)

RACE SERIES RECAP:

Purple Martin 7K and the Master's Academy Go The Extra Mile 5K

Both of these races had a great turnout. Congratulations to all the finishers!



[Race Photos and Results:](#)

[Purple Martin 7K](#)
[Master's Academy 5K](#)

UPCOMING RACES:

South of the Mountains 5K Trail Run

Come out on Saturday, November 3rd, for the next race in the series! All proceeds help send economically disadvantaged children and youth to summer camp.



[Race Details and Registration](#)

Elves and Bells 5K

Don't miss out on the Elves and Bells 5K coming up on Saturday, November 24th! The race will kick off at 9 am at the Spindale Methodist Church. Register before November the 14th to receive a long-sleeved shirt and beanie!

All proceeds will go to help children within Rutherford County in need for the holiday season.

WAYS TO PARTICIPATE IN ROC

Trail Boss and River Steward Programs

ROC needs Trail Bosses for the ICC Trails in Spindale. If

you are interested, please contact us and we will get you started!



- We need people like you to become trail bosses and river stewards for our local trails and river system.
 - Trail Bosses walk their section of trail at least once a month, report any issues they see, and help keep their section clean.
 - River Stewards float their river section once a month and report downed trees and other obstacles that need to be addressed. There is a River Stewards meeting held on the 2nd Thursday of each month to discuss river improvements and plan future clean-ups.
- If you are interested in learning more about becoming a trail boss or river steward, contact Robin Schultze at trails@rutherfordoutdoor.org or call 828-351-4294.
- [Click Here](#) for more information on Rutherford County trails.

Volunteer Opportunities

Volunteering is a great way to build skills, meet people, and give back to the community all while having fun. We invite and encourage individuals and groups of all backgrounds and ages to get involved and help grow a stronger community.

ROC offers many types of volunteer opportunities throughout the year with varying levels of involvement and physical activity. Our volunteer opportunities include trail projects, fundraising events, festivals, group outings, clean-ups, and more.



If you are interested in learning more about volunteer opportunities, contact Robin at trails@rutherfordoutdoor.org or call 828-351-4294.

Rutherford Outdoor Coalition | www.rutherfordoutdoor.org

STAY CONNECTED:

