



ROC Monthly Newsletter

Thanks for being a part of ROC!
Go to our website for our weekly outdoor schedules, information on the ROC Race Series, local trails, and more.

[Visit Our Website](#)

[Become a Member](#)

[Donate](#)

News:



Welcome to all of our new and returning ROC members!

Joe and Ida Buchanan

Sandy Austin

Johnny and Gerry Lingo

**Burwell Byers -
Lifetime**

**Steve Ogg and
Family**

**Robin Canterbury and
Family**

Ray Gaj and Family

**Patricia Derbyshire-
Kean**

Neil Fruhwirth

Doug Miller

Tara Mauney and Family

The money we receive from memberships helps us to continue improving local trails, leading group hikes and river floats, and creating new outdoor programs. Membership is only \$20 for individuals, \$35 for families, and \$100 for businesses.

Members get discounts at Chimney Rock, Barley's Taproom, Copper Penny, Main Street Coffee, and more.
Click the link below for more details.

[Get Involved!](#)

Upcoming Events:

Saturday, June 2nd: ROC Walk With Brother Wolf

Meet at Brother Wolf (1364 US-221, Rutherfordton, NC 28139) at 10 am to get matched up with one of the shelter dogs. We will walk the dogs for 2 miles on the Purple Martin Greenway.

Since there are a limited number of dogs available, you must pre-register for this event. Email Dana Bradley at dana@rutherfordoutdoor.org or call her cell at (864) 324-1188 to sign up.



Sunday, June 3rd: ROC Crabtree Falls Hike

The sounds of rushing water and the forest surround you on this short hike to the 60-foot Crabtree Falls. You will experience some of the best that the Pisgah National Forest and the Blue Ridge Parkway have to offer. At 2.5-miles, the hike is described as moderate, though some of the trail is steep and rocky.

We will meet at the Rutherford County Office Building, 289 N. Main Street, Rutherfordton, NC at 10 am to carpool. Be sure to dress in lothes you don't mind getting wet as we will likely be



splashed by the falls. Bring plenty of water and pack a lunch or snacks as well.

For more information email trails@rutherfordoutdoor.org or call (828) 351-3235. Please RSVP in advance and let us know you are attending.

Sat-Sun, June 9-10: ROC River Float and Camping Trip

We are excited to announce the event many have been awaiting! June 9-10, ROC will lead a river paddle and overnight camping trip along Section 4 of the Broad River. To show our appreciation for members, the event is limited to ROC members and family.



We will stage all of our camping gear in advance of the float, so no worries about getting wet. We will put in the water at 2:30 pm on June 9th, paddle approximately 5-miles, and arrive at our campsite by 6 pm. A generous property owner is allowing us a field along the river to camp in overnight. We will wake up with the sunrise the next morning, June 10th, paddle to the take-out at Gray's rd, and drive back to the campsite to pack up.

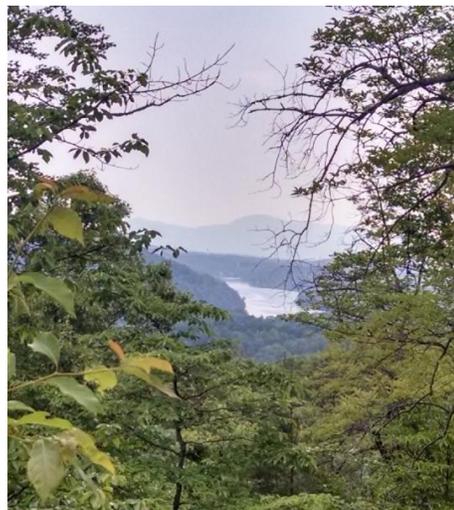
For a list of recommended items to bring, see link: [Packing List](#)

We will meet at 1 pm in the parking lot of the Rutherford County Office Building, 289 North Main Street, Rutherfordton. We will travel to the put-in and campsite before dropping our vehicles off at the take-out.

For more information and to RSVP, email Trevor at trails@rutherfordoutdoor.org or call (828) 351-3235.

Tuesday, June 12th: ROC Buffalo Creek Park Invasives Workday

Hikers, bikers, and nature enthusiasts; join ROC as we partner with Conserving Carolina to treat invasive species in Buffalo Creek Park. We will use herbicides to treat both Princess Tree (*Paulownia tomentosa*) and Tree-of-Heaven (*Ailanthus altissima*). This is a great chance to work for a worthy cause while also learning insights into our natural environment.



We will meet at the Buffalo Creek Park trailhead at 10 am. For your protection, we require you to wear long pants, long-sleeves, and close-toed shoes. All the necessary tools and protective equipment will be provided. Also, be sure to bring snacks or a lunch and plenty of water. You may desire a backpack to carry your supplies.

For more information and to RSVP, email trails@rutherfordoutdoor.org or call (828) 351-3235.

Tuesday, June 19th: ROC Monthly Meeting

Our monthly meetings are held on the third Tuesday of each month. Come out to Barleys in Spindale at 5:30 to learn about ongoing and future ROC projects and to meet members and volunteers.



Saturday, June 23rd: ROC Little Bradley Falls Hike

Beat the heat by the waterfall on this short hike to Little Bradley Falls near Saluda. Under a dense forest canopy teeming with life, we will make the 2-mile out-and-back journey along an easy trail. The trail runs through the Green River Gamelands, where dogs are welcome, but must be kept on a leash.



Be sure to pack snacks or a light lunch along with water. Dress to get wet! We will meet at 10 am at the Rutherford County Office Building (annex), 289 N Main St, Rutherfordton. We will carpool from there.

For more information or to RSVP, email trails@rutherfordoutdoor.org or call (828) 351-3235.

Updates:

ROC Broad River Spring Sweep

On May 12th, ROC, in conjunction with a group led by the Broad River Alliance, organized a cleanup on multiple sections of the Broad River in and around Rutherford County.

One group took to Section 4 while another did Section 12 near Boiling Springs. It was HOT! The perfect day to be on and in the water. Combined, we pulled out well over 40-bags worth of cans, tires, and a few unusual finds. A big thanks goes out to all the volunteers who helped to keep this watershed clean.



If you missed this event, have no fear. We will hold another cleanup in the fall!

[More Photos Here](#)

ROC ICC Workday with TJCA

On May 22nd, ROC joined with over 50 seniors from Thomas Jefferson Classical Academy to trim and beautify the trails at Isothermal Community College. These fantastic volunteers picked up trash, pulled weeds, filled holes, and mowed grassy areas along the 3.5-miles of trails at the college. A big thank you goes out to everyone involved!



[Photos](#)

Thermal Belt Rail Trail Ribbon Cutting

On Friday, May 25th, local representatives turned out to a ceremony marking the start of paving the Thermal Belt Rail Trail. Several ROC delegates were present, and President Jerry Stensland cut the ribbon signifying the opening of construction.



The paving will begin in Ruth at the Hwy 64 intersection and proceed east towards Forrest Hunt Elementary. More rural sections of the trail will be paved last. When finished, this 13-mile route will be a 12-foot-wide connector from Gilkey to the eastern edge of Forest City!

ROC River Access Workday

On Friday, May 25th ROC volunteers and members worked to improve access to Section 4 of the Broad River. The work was muggy and tough, but much progress was made in improving access to this section of the river.



[ROC Race Series:](#)

[Click Here for the 2018 ROC Race Series Schedule](#)

Leader of the Pack 5K

The Leader of the Pack 5K, benefiting the Rutherford County School Education Foundation took place on Saturday, May 19th. Despite the rainy weather, 473 runners took to the streets of Forest City!



[Results](#)

Next Race: **Meet Me at the Fountain 5K**

The ROC Race Series continues July 28th with the Meet Me at the Fountain 5K. This race supports the American Cancer Society's Relay for Life. Be sure to register in advance.



[More information here](#)

Ways to Participate in ROC:

Trail Boss and River Steward Programs

ROC needs Trail Bosses for the ICC Trails in Spindale. If you are interested, please contact us and we will get you started!



- We need people like you to become trail bosses and river stewards for our local trails and river system.
 - Trail Bosses walk their section of trail at least once a month, report any issues they see, and help keep their section clean.
 - River Stewards float their river section once a month and report downed trees and other obstacles that need to be addressed. There is a River Stewards meeting held on the 2nd Thursday of each month to discuss river improvements and plan future clean-ups.

- If you are interested in learning more about becoming a trail boss or river steward, contact Trevor Freeman at trails@rutherfordoutdoor.org or call (828) 351-3235.
- [Click Here](#) for more information on Rutherford County trails.

Volunteer Opportunities

Volunteering is a great way to build skills, meet people, and give back to the community all while having fun. We invite and encourage individuals and groups of all backgrounds and ages to get involved and help grow a stronger community.

ROC offers many types of volunteer opportunities throughout the year with varying levels of involvement and physical activity. Our volunteer opportunities include trail projects, fundraising events, festivals, group outings, clean-ups, and more.

If you are interested in learning more about volunteer opportunities, contact us at trails@rutherfordoutdoor.org or call (828) 351-3235.



Rutherford Outdoor Coalition | www.rutherfordoutdoor.org

STAY CONNECTED:

