



## ROC Monthly Newsletter

Thanks for being a part of ROC!  
Go to our website for our weekly outdoor schedules, information on the ROC Race Series, local trails, and more.

[Visit Our Website](#)

[Become a Member](#)

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## News:



**Welcome to all of our new and returning ROC members!**

**Dylan Hawkins -  
Lifetime**

**Dan Hegeman**

**Jim Bradley**

**Steven Lucas and**

**Rob Burbank and Family**

**Morgan Neely - Lifetime**

**Family**

**Pilar Pace**

**Michael Kernodle and  
Family**

**Penny Miles and  
Family**

**Cindy Dotson and Family**

**Tori Post**

**Chris Marrow and  
Family**

**Billy Ashton and Family**

**Donald Blanton and  
Family**

**Robert and Darcie  
Tumey**

**Larry Beasley**

**Christy Bare and  
Family**

**Robin Street**

**Tammy Proctor-Harris**

**Olga Rossow**

**Abigail Morrow**

The money we receive from memberships helps us to continue improving local trails, leading group hikes and river floats, and creating new outdoor programs. Membership is only \$20 for individuals, \$35 for families, and \$100 for businesses. We also offer multiple sponsorship opportunities for businesses to help expend and enhance recreational opportunities in Rutherford County.

Members get discounts at Chimney Rock, Barley's Taproom, Copper Penny, Main Street Coffee, and more.  
Click the link below for more details.

**[Get Involved!](#)**

## Upcoming Events:

### **Saturday, July 7th: ROC Walk With Brother Wolf**

Meet at Brother Wolf (1364 US-221, Rutherfordton, NC 28139) at 10 am to get matched up with one of the shelter dogs. We will walk the dogs for 2 miles on the Purple Martin Greenway.

Since there are a limited number of dogs available, you must pre-register for this event. Email Dana Bradley at [dana@rutherfordoutdoor.org](mailto:dana@rutherfordoutdoor.org) or call her cell at (864) 324-1188 to sign up.



### **Sunday, July 15th: ROC Broad River Fun Float**

Join ROC as we float 7-miles through Sections 11 and 12 of the Broad River. From fun rapids and riffles, to secluded and shady banks, this route exemplifies



some of the best parts of the river. We will actually put in on the Second Broad River in Cliffside, portage around the dam at the Duke Energy Complex, and finish up at the Broad River Greenway in Boiling Springs.

We will meet at 9 am at the Dollar General, 118 Drug Store St, Cliffside. We will shuttle vehicles to the Greenway, where there is a \$5 day-use parking fee. We aim to be on the water no later than 10:30 am.

Be sure to bring plenty of sunscreen and water, along with a lunch. A hat, and clothes you don't mind getting wet, are also good ideas. There are some great fishing spots along the way, so feel free to bring a rod!

For more information email [trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) or call (828) 351-3235. Please RSVP in advance and let us know you are attending.

## Tuesday, July 17th: ROC Monthly Meeting

Our monthly meetings are held on the third Tuesday of each month. Come out to Barleys in Spindale at 5:30 to learn about ongoing and future ROC projects and to meet members and volunteers.



## Sat-Sun, June 21-22: ROC River Float and Camping Trip

We are excited to announce the event many have been awaiting! This event was originally slated for June, but rescheduled. July 21-22, ROC will lead a river paddle and overnight camping trip along Section 4 of the Broad River. To show our appreciation for members, the event is limited to ROC members and family.



We will stage all of our camping gear in advance of the float, so no worries about getting wet. We will put in the water at 2:30 pm on July 21st, paddle approximately 5-miles, and arrive at our campsite by 6 pm. A generous property owner is allowing us a field along the river to camp in overnight. We will wake up with the sunrise the next morning, July 22nd, paddle to the take-out at Gray's rd, and drive back to the campsite to pack up.

For a list of recommended items to bring, see link: [Packing List](#)

We will meet at 1 pm in the parking lot of the Rutherford County Office Building, 289 North Main Street, Rutherfordton. We will travel to the put-in and campsite before dropping our vehicles off at the take-out.

For more information and to RSVP, email Trevor at [trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) or call (828) 351-3235.

# Updates:

## **ROC Walk With Brother Wolf**

On Saturday, June 2nd, ROC took seven fantastic dogs from Brother Wolf Animal Rescue for a walk on the Purple Martin Greenway. Participants and canines alike had a blast getting some rays and exercise. Some of the four-legged walkers discovered they could take it easier with a little help from their two-legged companions.



If you missed this event, be sure to register for the one July 7th!

[More Photos Here](#)

## **ROC Crabtree Falls Hike**

On Sunday, June 3rd, ROC led a hike at Crabtree Falls just off the Blue Ridge Parkway in the Pisgah National Forest. The 70-foot waterfall roared and sprayed a fine, cooling mist over the rich cove forest as we walked. We enjoyed identifying the bountiful array of plants and trees along the route of this superb hike.



[Photos](#)

## **ROC Invasive Species Workday**

On Tuesday, June 12th, ROC partnered with experts from Conserving Carolina to combat invasive species in Buffalo Creek Park.



Volunteers used a safe herbicide to treat Paulownia (Princess Tree) and Ailanthus (Tree of Heaven), two invasive and spreading species of tree. It was a great day to work and also to learn about local

ecology.

[Photos](#)

## ROC Little Bradley Falls Hike

On June 23rd, ROC led a short hike to the beautiful Little Bradley Falls in the Green River Game Lands.

Visitors enjoyed the phenomenal weather and refreshing water, perfect for taking a dip on a summer day. We also gathered afterwards at Green River Barbecue, a big hit with everyone. For more hikes and outings such as this, be sure to check out the events section on the ROC Facebook page.



[Photos](#)

## ROC Buffalo Creek Park Workday

Throughout the month of June, several volunteers have helped repair and improve the trail at Buffalo Creek Park, damaged by the recent heavy rains. Friday, June 29th was one such day. Several volunteers turned out early to clear downed trees and fix erosion issues.

A reminder, the loop trail is now completely open, but bikers should dismount between blue markers 62-63, and hikers should exercise caution in this section. A big thanks to all the volunteers involved in the continuing efforts on this trail!



## ROC Broad River Workday

On Saturday, June 30th, ROC volunteers worked to saw downed trees and remove several blockages on Section 4 of the Broad River. This took some skillful and precarious work with chainsaws in canoes or in the



river itself. The entire section is now float-able though users should still use caution. A great thanks to all those who participated!

## ROC Race Series:

### [Click Here for the 2018 ROC Race Series Schedule](#)

#### Next Race:

#### **Meet Me at the Fountain 5K**

The ROC Race Series continues July 28th with the Meet Me at the Fountain 5K. This race supports the American Cancer Society's Relay for Life. Be sure to register in advance.



[More information here](#)

## Ways to Participate in ROC:

#### **Trail Boss and River Steward Programs**

**ROC needs Trail Bosses for the ICC Trails in Spindale. If**

**you are interested, please contact us and we will get you started!**



- We need people like you to become trail bosses and river stewards for our local trails and river system.
  - Trail Bosses walk their section of trail at least once a month, report any issues they see, and help keep their section clean.
  - River Stewards float their river section once a month and report downed trees and other obstacles that need to be addressed. There is a River Stewards meeting held on the 2nd Thursday of each month to discuss river improvements and plan future clean-ups.
- If you are interested in learning more about becoming a trail boss or river steward, contact Trevor Freeman at

[trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) or call (828) 351-3235.

- [Click Here](#) for more information on Rutherford County trails.

## Volunteer Opportunities

Volunteering is a great way to build skills, meet people, and give back to the community all while having fun. We invite and encourage individuals and groups of all backgrounds and ages to get involved and help grow a stronger community.

ROC offers many types of volunteer opportunities throughout the year with varying levels of involvement and physical activity. Our volunteer opportunities include trail projects, fundraising events, festivals, group outings, clean-ups, and more.

If you are interested in learning more about volunteer opportunities, contact us at [trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) or call (828) 351-3235.



Rutherford Outdoor Coalition | [www.rutherfordoutdoor.org](http://www.rutherfordoutdoor.org)

## STAY CONNECTED:

