

## ROC Meeting Minutes: August 2017

**In Attendance:** Jerry Stensland, Willie Lowe, Dana Bradley, Pam Bradley, Ed Dittmer, Kay Dittmer, Burwell Byers, Kathy Coldren, Dennis Coldren, Bruce Rome, Lisa Rome, Steve Collins, Tim Will, Elenoor Will, Fred Matthews

- The meeting was called to order at 5:30 pm
- **ROC Past Event Recap:**
  - The Little Bradley Falls Hike on July 22<sup>nd</sup> went well and everyone enjoyed the waterfall.
  - Due to construction at the facility, we were only able to walk 1 dog on the ROC Brother Wolf Walk on August 5<sup>th</sup>. Everyone took turns walking the dog and enjoyed the walk on the Rail Trail.
- **Upcoming Events:**
  - A Buffalo Creek Park work day is planned for **August 26th at 8 am.**
  - An ICC work day is planned for **Tuesday, August 29<sup>th</sup> from 6 pm to 8 pm.**
  - The next ROC Brother Wolf Walk will be on **September 2<sup>nd</sup> from 9 am to 11 am.**
- **Outdoor Programs Director – Projects Update:**
  - Dana Bradley said this is week 8 of the 2nd Couch to 5K program. She said 12 people are regularly attending. The next Couch to 5K program will begin on September 18<sup>th</sup> and will run through December 6<sup>th</sup>. This will line up with the Elves and Bells 5K. There will be 3 programs held next year (January 1<sup>st</sup> – March 21<sup>st</sup> → Bearfoot 5K, May 7<sup>th</sup> – July 25<sup>th</sup> → Meet Me at the Fountain 5K, and August 27<sup>th</sup> – November 7<sup>th</sup> → South of the Mountain 5K)
  - Dana will be the lead educator with Muddy Sneakers for Rutherfordton and Pinnacle Elementary this school year. Sunshine and Forrest Hunt Elementary have applied for funding and if they receive it, Dana will be the lead educator for those schools, as well.
  - Dana is working on the lesson plans and course descriptions for 2 brand new courses she is putting together to be offered at Isothermal Community College soon.
- **Trail Projects:**
  - Tourism Partnership: ROC is partnering with Rutherford County Tourism to provide maps to visitors and others seeking information about local trails. A kiosk will be set up in the Welcome Center and will allow users to access our ROC website. Tourism will pay a small fee to ROC for us providing the maps.
  - Rail Trail: Railroad ties will soon be removed from Forrest Hunt Elementary down to Oakland Road. This will be the 1<sup>st</sup> new section to be installed and will be 12-foot wide when it is completed.
  - Buffalo Creek Park/Summits Trail: The Eagle Rock Trail is nearly complete. This new trail is closed to the public until work is completed but an opening date should be announced soon. A spur trail will be added that will lead to the bottom of Eagle Rock through a cave area.

- Purple Martin Trail: The trail has new stairs installed that give users access to Cleghorn Creek.
- ICC Trails: New trail markers and trail maps will be installed soon. Hallie Zeedik has planned a workday for June 23rd at 9 am to install the new maps and trail. Turner Construction will be volunteering their time to help us on this day.
- Luremont Trail: Plans for a new trail in Lake Lure are being discussed. The new trail would begin near the ABC store and would form a loop that runs down near the Bottom less Pools.
- Broad River: Access to the river at 221 has been approved by the Wildlife Commission and the DOT. The installation of this new access will likely be at least 2 years down the road but is great news for river lovers.
- **Race Series**:
  - The Skirt Chaser 5K is coming up on September 18th. More information can be found at <http://www.rutherfordoutdoor.org/running-race-series-overview>.