



ROC Monthly Newsletter

Thanks for being a part of ROC!
Go to our website for our weekly outdoor schedules, information on the ROC Race Series, local trails, and more.

[Visit Our Website](#)

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NEWS



Welcome to all of our new and returning ROC members and sponsors!

Sean O'Hare

Gary Faulkner

Clay Kearns

Michael Banville

The money we receive from memberships helps us to continue improving local trails, leading group hikes and river floats, and creating new outdoor programs. Membership is only \$20 for individuals, \$35 for families, and \$100 for businesses. We also offer multiple sponsorship opportunities for businesses to help expend and enhance recreational opportunities in Rutherford County.

Members get discounts at Chimney Rock, Barley's Taproom, Copper Penny, Main Street Coffee, and more.
Click the link below for more details.

[Get Involved!](#)

UPCOMING EVENTS

Saturday, January 12th: ROC Walk With Brother Wolf

Meet at Brother Wolf (1364 US-221, Rutherfordton, NC 28139) at 10 am to get matched up with one of the shelter dogs. We will walk the dogs for 2 miles on the Thermal Belt Rail Trail.

Since there are a limited number of dogs available, you must pre-register for this event. Email Dana Bradley at dana@rutherfordoutdoor.org or call her cell at 828-351-3235 to sign up.



Sunday, January 13th: ROC Hike on the Trombatore Trail

Due to snowy conditions on the Trombatore Trail last month, we instead hiked on the nearby Bearwallow Trail. We've decided to re-schedule that Trombatore Trail Hike for January 13th and we hope that you'll join us!



The Trombatore Trail is a beautiful, woodland hike to the grassy summit of Blue Ridge Pastures (elevation 3,780 feet). This is a strenuous 2.5-mile trail (5 miles roundtrip).

Bring water and snacks/lunch. Wear sturdy shoes and layers.

We will be meeting at the trailhead at noon. However, those interested in carpooling can meet us at the Rutherford County Administration Building (289 N. Main Street) at 11 am.

This is the same trailhead as for the Bearwallow Mountain Hike. (4854

Bearwallow Mountain Rd, Hendersonville, NC 28792) You can enter "CMLC Bearwallow Mountain Trail" into your gps or you can follow this link: <https://goo.gl/maps/mVwCMtdFenn>

Please RSVP by emailing trails@rutherfordoutdoor.org or by calling/texting (828) 351-4294.

[Facebook Event](#)

Tuesday, January 15th: ROC Monthly Meeting

Our monthly meetings are held on the third Tuesday of each month. Come out to Barleys in Spindale at 5:30 to learn about ongoing and future ROC projects and to meet members and volunteers.



UPDATES

ROC Hike on the Bearwallow Trail

Due to high levels of snow on the Trombatore Trail, we instead enjoyed a beautiful hike on Conserving Carolina's Bearwallow Trail on December 16th, 2018. The views from the top were spectacular, even if it was a bit chilly!

[More Photos](#)

We hope that you'll join us on our re-scheduled hike on the Trombatore Trail on Sunday, January 13th! Contact Robin Schultze at 828-351-4294 or email trails@rutherfordoutdoor.org to register!



Buffalo Creek Park Workdays

After the snowfall in December, Buffalo Creek Park was left in major disrepair. ROC held three separate workdays on December 17th, 18th, and 19th in order to remove dozens of downed trees and get Buffalo Creek Park back in shape and ready to re-open!

We are grateful for our volunteers Neil Fruhwirth, Robin Worcester, and Bruce McKinney for all of their help!

[More Photos](#)
[More Information about Buffalo Creek Park](#)



ICC Trails Workday 12/21

On December 21st, ROC held a rather rainy workday while we worked to remove downed trees on the ICC Trails System.

Special thanks to David Greenleaf for helping us despite the terrible weather on this day!

[More Information about ICC Trails](#)



ICC Trails Workday 12/30

On December 30th, we re-routed a small section of the Blue Trail near the bamboo on the West side of the trail system. Numerous fallen trees had made the area impassable.

The trail now goes through the bamboo patch.



ROC Walk with Brother Wolf

On Saturday, December 27th, ROC volunteers took the dogs from Brother Wolf Animal Rescue for a walk on a newly paved

section of the Thermal Belt Rail Trail. Participants and canines alike had a great time. If you missed this event, be sure to register for the next one on January 12th!



ROC Walking Club

The times and dates are listed below.

September 1st - March 31st:

- **Tuesdays:** 5:30 pm at the Summey Park walking track in Forest City
- **Wednesdays:** 9:30 am at Purple Martin Greenway in Rutherfordton
- **Thursdays:** 4:00 pm at Purple Martin Greenway in Rutherfordton



April 1st - August 31st:

- **Tuesdays:** 6:30 pm at the Summey Park walking track in Forest City
- **Wednesdays:** 8:30 am at Purple Martin Greenway in Rutherfordton
- **Thursdays:** 6:30 pm at Purple Martin Greenway in Rutherfordton

The walks are led by our Outdoor Programs Director, Dana Bradley. The club walks together for 30 minutes but you can feel free to walk longer if you like. This is a great opportunity to interact with others from the community that enjoy walking. Walk at your own pace, enjoy the scenery, and make some new friends.

For more information or to join, visit our ROC Walking Club page at <https://www.facebook.com/groups/184160622179015/> or call Dana at 828-351-3235.

[Facebook Page](#)

ROC RACE SERIES

[Click Here for the 2019 ROC Race Series Schedule](#)

UPCOMING RACES:

Box Creek Wilderness 10K

Come on out for the first race in the 2019 ROC Race Series! The Box Creek Wilderness 10K will be on Saturday, February 23rd. All proceeds from this event will go towards building upgrades and the educational programs offered at the Union Mills Learning Center!



[Race Details and Registration](#)

WAYS TO PARTICIPATE IN ROC

Trail Boss and River Steward Programs

ROC needs Trail Bosses for the ICC Trails in Spindale. If you are interested, please contact us and we will get you started!



- We need people like you to become trail bosses and river stewards for our local trails and river system.
 - Trail Bosses walk their section of trail at least once a month, report any issues they see, and help keep their section clean.
 - River Stewards float their river section once a month and report downed trees and other obstacles that need to be addressed. There is a River Stewards meeting held on the 2nd Thursday of each month to discuss river improvements and plan future clean-ups.
- If you are interested in learning more about becoming a trail boss or river steward, contact Robin Schultze at trails@rutherfordoutdoor.org or call 828-351-4294.

- [Click Here](#) for more information on Rutherford County trails.

Volunteer Opportunities

Volunteering is a great way to build skills, meet people, and give back to the community all while having fun. We invite and encourage individuals and groups of all backgrounds and ages to get involved and help grow a stronger community.

ROC offers many types of volunteer opportunities throughout the year with varying levels of involvement and physical activity. Our volunteer opportunities include trail projects, fundraising events, festivals, group outings, clean-ups, and more.

If you are interested in learning more about volunteer opportunities, contact Robin at trails@rutherfordoutdoor.org or call 828-351-4294.



Rutherford Outdoor Coalition | www.rutherfordoutdoor.org

STAY CONNECTED:

