



## ROC Monthly Newsletter

Thanks for being a part of ROC!  
Go to our website for our weekly outdoor schedules, information on the ROC Race Series, local trails, and more.

[Visit Our Website](#)

[Become a Member](#)

[Donate](#)

## NEWS



**Welcome to all of our new and returning ROC members and sponsors!**

Dana Bradley  
Sheila Dobbins and

South Mountain  
Christian Camp -

Martin Jones and  
Magi King

Family

Steve and Jennifer  
Collins

Joshua Dill and Family

Frances Lockwood

Peggy Bair

The money we receive from memberships helps us to continue improving local trails, leading group hikes and river floats, and creating new outdoor programs. Membership is only \$20 for individuals, \$35 for families, and \$100 for businesses. We also offer multiple sponsorship opportunities for businesses to help expend and enhance recreational opportunities in Rutherford County.

Members get discounts at Chimney Rock, Barley's Taproom, Copper Penny, Main Street Coffee, Impact Fitness, and more.  
Click the link below for more details.

[Get Involved!](#)

## UPCOMING EVENTS

### Sunday, February 3rd: ROC Ice Hike

The one-of-a-kind Blue Ridge Parkway Hike is coming up on Sunday, February 3rd! The route features multiple waterfalls, incredible views of Looking Glass Rock, and, hopefully, some amazing ice formations along the way. The trek is approximately 12 miles and about half of that is uphill, but it is worth every step! Part of the hike is on the Blue Ridge Parkway, which is typically closed this time of year. The remainder is on forested trails.



There are 2 meet-up locations to choose from. We will meet at the Rutherford County Administration Building (289 N. Main Street, Rutherfordton) at 8 am and the Food Lion in Columbus (250 W. Mills Street, Columbus) at 8:30 am. We will be on the far right of the parking area near MyGym. Let us know which location you are meeting us at or if you need an alternate meeting location.

Be sure to dress for the weather and expect possible windy conditions. Wear sturdy and gripping footwear! Make sure to have enough water and any snacks you may want.

[Click here](#) for a map created by Carolina Mountain Club of their version of this hike.

[Click here](#) to see a few images from previous trips:

Please RSVP if you plan to join us. Email [dana@rutherfordoutdoor.org](mailto:dana@rutherfordoutdoor.org) or call (828) 351-3235.

Don't worry, we will be back in time for the Super Bowl.

[Facebook Event](#)

### **Saturday, February 9th: ROC Walk With Brother Wolf**

Meet at Brother Wolf (1364 US-221, Rutherfordton, NC 28139) at 10 am to get matched up with one of the shelter dogs. We will walk the dogs for 2 miles on the Thermal Belt Rail Trail.

Since there are a limited number of dogs available, you must pre-register for this event. Email Dana Bradley at [dana@rutherfordoutdoor.org](mailto:dana@rutherfordoutdoor.org) or call her cell at 828-351-3235 to sign up.



### **Sunday, February 17th: ROC Hike on the Trombatore Trail**

Due to snowy conditions on the Trombatore Trail last month, we instead hiked on the nearby Bearallow Trail. We've decided to re-schedule that Trombatore Trail Hike for February 17th and we hope that you'll join us!



The Trombatore Trail is a beautiful, woodland hike to the grassy summit of Blue Ridge Pastures (elevation 3,780 feet). This is a strenuous 2.5-mile trail (5 miles roundtrip).

Bring water and snacks/lunch. Wear sturdy shoes and layers.

This is the same trailhead as for the Bearallow Mountain Hike. (4854 Bearallow Mountain Rd, Hendersonville, NC 28792) You can enter "CMLC Bearallow Mountain Trail" into your gps or you can follow this link: <https://goo.gl/maps/mVwCMtdFenn>

Please RSVP by emailing [trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) or by calling/texting (828) 351-4294.

[Facebook Event](#)

### **Tuesday, February 19th: ROC Monthly Meeting**

Our monthly meetings are held on the third Tuesday of each month. Come out to Barleys in Spindale at 5:30 to learn about ongoing and future ROC projects and to meet members and volunteers.



## UPDATES

### Buffalo Creek Park Workday

We had a small workday on January 9th to address a fallen tree on the trail! We are grateful for Jody Fletcher for coming out and helping us with his chainsaw!

We are also in the process of updating our volunteer list for Buffalo Creek Park, please email [trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) if you're interested!



[More Information about Buffalo Creek Park](#)

### ICC Trails Workday

On January 6th, ROC held a workday on the ICC trail system in order to remove brush, pick up litter, and install trail markers for the re-route of the Blue Trail! The weather was beautiful, and we're grateful for all of the volunteers who came and helped us!

We are also in the process of updating our volunteer list for the ICC Trail System, please email [trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) if you're interested!



[More Information about ICC Trails](#)

### River Access Clearing

ROC worked to clear the Broad River access points at Coxe and Grays Road, both of which had become impassable due to high levels of dried, caked-on mud. These access points are cleared and ready to use!

[More Information about on the Broad River Paddle Trail](#)



## ROC Walk with Brother Wolf

On Saturday, January 12th, ROC volunteers took the dogs from Brother Wolf Animal Rescue for a walk on a newly paved section of the Thermal Belt Rail Trail. Participants and canines alike had a great time. If you missed this event, be sure to register for the next one on February 9th!



## ROC Walking Club

The times and dates are listed below.

### September 1st - March 31st:

- **Tuesdays:** 5:30 pm at the Summey Park walking track in Forest City
- **Wednesdays:** 9:30 am at Purple Martin Greenway in Rutherfordton
- **Thursdays:** 4:00 pm at Purple Martin Greenway in Rutherfordton



### April 1st - August 31st:

- **Tuesdays:** 6:30 pm at the Summey Park walking track in Forest City
- **Wednesdays:** 8:30 am at Purple Martin Greenway in Rutherfordton
- **Thursdays:** 6:30 pm at Purple Martin Greenway in Rutherfordton

The walks are led by our Outdoor Programs Director, Dana Bradley. The club walks together for 30 minutes but you can feel free to walk longer if you like. This is a great opportunity to interact with others from the community that enjoy walking. Walk at your own pace, enjoy the scenery, and make some new friends.

For more information or to join, visit our ROC Walking Club page at <https://www.facebook.com/groups/184160622179015/> or call Dana at 828-351-3235.

[Facebook Page](#)

## ROC RACE SERIES

[Click Here for the 2019 ROC Race Series Schedule](#)

### UPCOMING RACES:

#### Box Creek Wilderness 10K

Come on out for the first race in the 2019 ROC Race Series! The Box Creek Wilderness 10K will be on Saturday, February 23rd. All proceeds from this event will go towards building upgrades and the educational programs offered at the Union Mills Learning Center!



[Race Details and Registration](#)

## WAYS TO PARTICIPATE IN ROC

### Trail Boss and River Steward Programs

**ROC needs Trail Bosses for the ICC Trails in Spindale. If you are interested, please contact us and we will get you started!**



- We need people like you to become trail bosses and river stewards for our local trails and river system.
  - **Trail Bosses** walk their section of trail at least once a month, report any issues they see, and help keep their section clean.
  - **River Stewards** float their river section once a month and report downed trees and other obstacles that need to be addressed. There is a River Stewards meeting held on the 2nd Thursday of each month to discuss river improvements and plan future clean-ups.
- If you are interested in learning more about becoming a trail boss or river steward, contact Robin Schultze at [trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) or call 828-351-4294.
- [Click Here](#) for more information on Rutherford County trails.

## Volunteer Opportunities

Volunteering is a great way to build skills, meet people, and give back to the community all while having fun. We invite and encourage individuals and groups of all backgrounds and ages to get involved and help grow a stronger community.

ROC offers many types of volunteer opportunities throughout the year with varying levels of involvement and physical activity. Our volunteer opportunities include trail projects, fundraising events, festivals, group outings, clean-ups, and more.

If you are interested in learning more about volunteer opportunities, contact Robin at [trails@rutherfordoutdoor.org](mailto:trails@rutherfordoutdoor.org) or call 828-351-4294.



Rutherford Outdoor Coalition | [www.rutherfordoutdoor.org](http://www.rutherfordoutdoor.org)

## STAY CONNECTED:

