

South of the Mountains 5K

Nov. 9, 2024

Overall Results

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>Town</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
1	182	Caleb	Overman	M	Ellenboro	NC	18:52.3	6:04	19	1	M Open
2	988	Davis	Young	M	Rutherfordton	NC	20:21.8	6:33	14	2	M Open
3	159	Wesley	Gurley	M	Marion	NC	20:27.4	6:35	42	3	M Open
4	958	G.	Rowe	M	Columbus	NC	20:36.4	6:38	12	1	M 10-14
5	956	Curtis	Rowe	M	Columbus	NC	20:40.6	6:39	43	1	M Masters
6	147	Jennifer	Fisher	F	Columbus	NC	20:45.0	6:41	44	1	F Open
7	158	Shelby	Gurley	F	Marion	NC	21:45.1	7:00	30	2	F Open
8	989	N.	Young	M	Rutherfordton	NC	23:32.6	7:35	12	2	M 10-14
9	980	Daniel	White	M	Spartanburg	SC	23:42.1	7:38	50	1	M 50-54
10	962	Stephen	Seely	M	Union Mills	NC	23:50.1	7:40	55	1	M 55-59
11	178	Morgan	Miskell	M	Shelby	NC	24:37.8	7:56	56	2	M 55-59
12	128	Tristan	Deviney	M	Union Mills	NC	24:41.2	7:57	17	1	M 15-19
13	13	Kelsey	Smith	F			24:41.9	7:57	29	3	F Open
14	181	Shane	Newton	M	Ellenboro	NC	24:54.2	8:01	39	1	M 35-39
15	961	Josiah	Seely	M	Union Mills	NC	25:07.7	8:05	16	2	M 15-19
16	143	Grady	Fariss	M	Rutherfordton	NC	25:35.5	8:14	14	3	M 10-14
17	117	Daniel	Bunch	M	Forest City	NC	25:47.3	8:18	40	1	M 40-44
18	957	G.	Rowe	M	Columbus	NC	26:10.8	8:26	9	1	M 1- 9
19	140	Ryan	Evans	M	Spindale	NC	26:21.9	8:29	34	1	M 30-34
20	172	Tim	Lovelace	M	Mooreboro	NC	26:22.6	8:29	59	3	M 55-59
21	156	Sammy	Goode	M	Boiling Springs	SC	26:23.7	8:30	61	1	M 60-99
22	197	Rob	Procnier	M	Charlotte	NC	26:54.9	8:40	62	2	M 60-99
23	145	Zachary	Fariss	M	Rutherfordton	NC	27:00.4	8:42	18	3	M 15-19
24	127	Larry	Curtis	M	Forest City	NC	27:16.7	8:47	64	3	M 60-99
25	975	Benjamin	Urfer	M	Asheville	NC	27:36.5	8:53	50	2	M 50-54
26	194	Anderson	Pritchard	M	Rutherfordton	NC	27:40.7	8:55	14	4	M 10-14
27	168	Joshua	Kennedy	M	Rutherfordton	NC	27:47.6	8:57	44	2	M 40-44
28	183	James	Overman	M	Ellenboro	NC	28:00.8	9:01	60	4	M 60-99

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29	134	Jeremiah	Duncan	M	Rutherfordton	NC	28:02.6	9:02	14	5	M 10-14
30	968	Natalie	Smith	F	Rutherfordton	NC	28:13.8	9:05	13	1	F 10-14
31	153	S.	Glenn	M	Little Switzerland	NC	28:18.7	9:07	12	6	M 10-14
32	184	Kaeleigh	Overman	F	Ellenboro	NC	28:21.8	9:08	15	1	F 15-19
33	161	Cragan	Hardin	F	Spindale	NC	28:23.1	9:08	27	1	F 25-29
34	99	Maria	Arroyo	F	Bostic	NC	29:14.5	9:25	36	1	F 35-39
35	973	Joey	Strickland	M	Ellenboro	NC	30:04.2	9:41	67	5	M 60-99
36	195	Ben	Pritchard	M	Rutherfordton	NC	30:05.1	9:41	39	2	M 35-39
37	126	Joanne	Crain	F	Rutherfordton	NC	30:11.6	9:43	54	1	F Masters
38	132	Dale	DuBose	M	Rutherfordton	NC	30:30.7	9:49	31	2	M 30-34
39	169	L.	Kennedy	M	Rutherfordton	NC	30:37.2	9:51	9	2	M 1- 9
40	138	Brian	Edwards	M	Boiling Springs	SC	30:41.6	9:53	40	3	M 40-44
41	108	Doug	Barrick	M	Rutherfordton	NC	30:43.1	9:53	43	4	M 40-44
42	972	Denise	Strickland	F	Ellenboro	NC	30:44.3	9:54	61	1	F 60-99
43	969	Ed	Somerville	M	Union Mills	NC	30:59.4	9:58	68	6	M 60-99
44	976	Maxim	Wagoner	M	Union Mills	NC	31:00.0	9:59	21	1	M 20-24
45	119	Karey	Bunch	F	Forest City	NC	31:20.0	10:05	38	2	F 35-39
46	186	Melissa	Penson	F	Ellenboro	NC	31:23.5	10:06	52	1	F 50-54
47	985	M.	Xiong	F	Forest City	ND	32:36.9	10:30	11	2	F 10-14
48	137	N.	Duncan	F	Rutherfordton	NC	32:40.4	10:31	10	3	F 10-14
49	141	Anne-Mrea	Fariss	F	Rutherfordton	NC	32:44.0	10:32	23	1	F 20-24
50	130	Nataly	Dominguez	F	Forest City	NC	33:16.5	10:43	24	2	F 20-24
51	118	Ethan	Bunch	M	Forest City	NC	33:52.0	10:54	15	4	M 15-19
52	966	Jill	Smith	F	Rutherfordton	NC	33:53.1	10:54	55	1	F 55-59
53	146	Byron	Fields	M	Rutherfordton	NC	33:53.7	10:55	35	3	M 35-39
54	176	Hannah	McCool	F	Rutherfordton	NC	34:13.7	11:01	33	1	F 30-34
55	155	Darlene	Goode	F	Boiling Springs	SC	34:30.5	11:06	62	2	F 60-99
56	965	Anna	Sias	F	Rutherfordton	NC	34:35.4	11:08	13	4	F 10-14

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57	177	Shannon	McCool	F	Rutherfordton	NC	34:56.1	11:15	59	2	F 55-59
58	114	Jeff	Bennett	M	Rutherfordton	NC	34:59.3	11:16	62	7	M 60-99
59	98	Faith	Archer	F	Rutherfordton	NC	35:09.3	11:19	25	2	F 25-29
60	160	Penny	Hamrick	F	Ellenboro	NC	35:14.7	11:21	56	3	F 55-59
61	960	Jacinda	Seely	F	Union Mills	NC	35:27.2	11:25	14	5	F 10-14
62	129	Jan	Deviney	F	Casar	NC	35:32.8	11:26	58	4	F 55-59
63	991	D.	Burgess	F			35:35.1	11:27	12	6	F 10-14
64	142	Ashley	Fariss	F	Rutherfordton	NC	35:57.8	11:35	16	2	F 15-19
65	144	Kylee	Fariss	F	Rutherfordton	NC	35:57.9	11:35	22	3	F 20-24
66	120	Stacy	Campbell	F	Ellenboro	NC	36:02.1	11:36	26	3	F 25-29
67	180	Sherry	Myers	F	Bostic	NC	36:04.5	11:37	56	5	F 55-59
68	150	Isaiah	Garcia	M	Union Mills	NC	36:04.9	11:37	14	7	M 10-14
69	104	D.	Baldwin	M	Bostic	NC	36:10.2	11:39	7	3	M 1- 9
70	987	Holdyn	Yelton	M			36:13.4	11:40	28	1	M 25-29
71	154	Christian	Glover	F			36:13.5	11:40	32	2	F 30-34
72	978	L.	Watson	M	Rutherfordton	NC	36:13.5	11:40	12	8	M 10-14
73	981	E.	Wiig	M	Forest City	NC	36:24.9	11:43	11	9	M 10-14
74	185	Melissa	Owens	F	Rutherfordton	NC	36:50.6	11:52	43	1	F 40-44
75	102	Sandy	Austin	F	Forest City	NC	37:01.8	11:55	69	3	F 60-99
76	123	Riley	Cook	M	Chesnee	SC	37:11.1	11:58	18	5	M 15-19
77	116	Josie	Boggs	F	Mooreboro	NC	37:27.0	12:03	26	4	F 25-29
78	131	Emily	Drummomd	F	Mooreboro	NC	37:27.8	12:03	28	5	F 25-29
79	106	Sam	Banfield	M	Forest City	NC	37:31.7	12:05	37	4	M 35-39
80	105	Adelaide	Banfield	F	Forest City	NC	37:32.5	12:05	13	7	F 10-14
81	974	Megan	Thornton	F	Easley	SC	38:15.9	12:19	42	2	F 40-44
82	136	Michelle	Duncan	F	Rutherfordton	NC	39:38.8	12:46	40	3	F 40-44
83	135	J.	Duncan	M	Rutherfordton	NC	39:39.3	12:46	12	10	M 10-14
84	133	Adam	Duncan	M	Rutherfordton	NC	39:39.4	12:46	44	5	M 40-44

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85	982	Vanessa	Wiig	F	Forest City	NC	39:45.9	12:48	42	4	F 40-44
86	12	Debra	Cilone	F	Rutherfordton	NC	39:48.4	12:49	56	6	F 55-59
87	103	Carla	Baldwin	F	Bostic	NC	40:06.0	12:54	34	3	F 30-34
88	115	Donald	Blanton	M	Mooreboro	NC	40:31.0	13:02	58	4	M 55-59
89	167	J.	Kennedy	M	Rutherfordton	NC	40:36.1	13:04	12	11	M 10-14
90	107	Larisa	Barclay	F	Bostic	NC	40:41.2	13:06	36	3	F 35-39
91	151	Abigail	Gerber	F	Union Mills	NC	40:41.5	13:06	28	6	F 25-29
92	122	Courtney	Conn	F	Forest City	NC	40:49.8	13:09	35	4	F 35-39
93	967	Lisa	Smith	F	Forest City	NC	40:53.3	13:10	58	7	F 55-59
94	179	John	Mitchell	M	Cherryville	NC	41:23.3	13:19	63	8	M 60-99
95	152	Joyce	Glenn	F	Little Switzerland	NC	41:26.7	13:20	48	1	F 45-49
96	149	Sherry	Fortenberry	F	Duncan	SC	41:34.6	13:23	62	4	F 60-99
97	148	Randy	Fortenberry	M	Duncan	SC	41:34.6	13:23	62	9	M 60-99
98	190	S.	Petit	M	Forest City	NC	41:45.0	13:26	10	12	M 10-14
99	187	Adam	Petit	M	Forest City	NC	41:45.7	13:27	41	6	M 40-44
100	198	Mandy	Raisch	F	Forest City	NC	42:16.6	13:36	47	2	F 45-49
101	164	Cassandra	Houghton	F	Olympia	WA	43:06.1	13:52	30	4	F 30-34
102	139	Tammy	Emory	F	Duncan	SC	43:28.1	13:59	56	8	F 55-59
103	970	Heather	Sotomayor	F	Rutherfordton	NC	43:53.9	14:08	41	5	F 40-44
104	200	Christi	Razzetti	F	Shelby	NC	44:05.5	14:12	37	5	F 35-39
105	175	Mary	McAfee	F	Union Mills	NC	44:06.3	14:12	42	6	F 40-44
106	959	Stephen	Schoeberle	M	Morganton	NC	44:24.0	14:17	67	10	M 60-99
107	166	Breanna	Johnson	F	Gallatin	TN	44:36.6	14:22	27	7	F 25-29
108	113	Z.	Barshteyn	F	Lake Lure	NC	44:37.1	14:22	5	1	F 1- 9
109	111	N.	Barshteyn	M	Lake Lure	NC	44:37.5	14:22	8	4	M 1- 9
110	191	Wynn	Pobletts	F	Hickory	NC	45:28.8	14:38	32	5	F 30-34
111	174	Maggie	Mauriello	F	Spindale	NC	45:33.4	14:40	22	4	F 20-24
112	196	Lari	Procnier	F	Charlotte	NC	45:48.3	14:45	63	5	F 60-99

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113	165	Alejandro	Johnson	M	Gallatin	TN	46:09.3	14:51	24	2	M 20-24
114	192	Abigail	Prescott	F	Forest City	NC	46:49.0	15:04	15	3	F 15-19
115	100	Faith	Austin	F	Clarksville	FL	46:58.3	15:07	23	5	F 20-24
116	101	Jacob	Austin	M	Clarksville	FL	47:39.4	15:20	27	2	M 25-29
117	96	Maria	Arango	F	Rutherfordton	NC	49:02.2	15:47	60	6	F 60-99
118	162	Debbie	Harsh	F	Bostic	NC	49:41.9	16:00	48	3	F 45-49
119	109	Caitlin	Barshteyn	F	Lake Lure	NC	49:47.2	16:01	40	7	F 40-44
120	173	Martha	Marshall	F	Asheville	NC	49:51.7	16:03	79	7	F 60-99
121	193	Sherri	Prescott	F	Forest City	NC	51:59.4	16:44	50	2	F 50-54
122	97	Beth	Archer	F	Rutherfordton	NC	51:59.6	16:44	49	4	F 45-49
123	983	Elizabeth	Withrow	F	Ellenboro	NC	52:28.7	16:53	40	8	F 40-44
124	986	Cree	Xiong-Malendrez	F	Forest City	ND	53:35.6	17:15	39	6	F 35-39
125	199	Cassidy	Ramsey	F	Rutherfordton	NC	54:12.0	17:27	28	8	F 25-29
126	163	Ann	Holt	F	Boiling Springs	SC	54:52.3	17:40	75	8	F 60-99
127	188	I.	Petit	M	Forest City	NC	55:04.6	17:44	12	13	M 10-14
128	189	Rachel	Petit	F	Forest City	NC	55:05.3	17:44	39	7	F 35-39
129	170	Grace	Leslie	F	Shelby	NC	57:32.4	18:31	71	9	F 60-99
130	121	Bettina	Conn	F	Forest City	NC	59:00.3	19:00	64	10	F 60-99
131	112	T.	Barshteyn	F	Lake Lure	NC	02:17.4	20:03	3	2	F 1- 9
132	110	Igor	Barshteyn	M	Lake Lure	NC	02:17.8	20:03	42	7	M 40-44

South of the Mountains 5K Trail Run**Nov. 4, 2023****Overall Results**

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Clock</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
1	45	Caleb	Overman	M	Ellenboro	NC	19:41.4	19:41.4	6:20	18	1	M Open
2	38	Michael	Meissner	M	Columbus	NC	21:01.4	21:01.4	6:46	40	2	M Open
3	26	Wesley	Gurley	M	Marion	NC	21:06.7	21:06.7	6:48	41	3	M Open
4	20	Jennifer	Fisher	F	Columbus	NC	21:23.4	21:23.4	6:53	43	1	F Open
5	77	Joey	Stofko	M	Bostic	NC	21:30.1	21:30.1	6:55	19	1	M 15-19
6	92	Matthew	Allen	M	Swannanoa	NC	21:39.8	21:39.8	6:58	22	1	M 20-24
7	61	Curtis	Rowe	M	Columbus	NC	22:14.8	22:14.8	7:10	42	1	M Masters
8	95	Lauren	King	F	Hudson	NC	22:33.8	22:33.8	7:16	35	2	F Open
9	84	Ben	Towery	M	Rutherfordton	NC	22:55.7	22:55.7	7:23	18	2	M 15-19
10	39	Morgan	Miskell	M	Shelby	NC	23:01.9	23:01.9	7:25	55	1	M 55-59
11	25	Shelby	Gurley	F	Marion	NC	23:05.1	23:05.1	7:26	29	3	F Open
12	79	Jon	Tidball	M	Rutherfordton	NC	23:44.2	23:44.2	7:38	47	1	M 45-49
13	28	Arthur	Holland	M	Shelby	NC	24:03.9	24:03.9	7:45	66	1	M 60-99
14	65	Adam	Scott	M	Nebo	NC	24:54.8	24:54.8	8:01	43	1	M 40-44
15	16	Larry	Curtis	M	Forest City	NC	25:03.8	25:03.8	8:04	63	2	M 60-99
16	63	G.	Rowe	M	Columbus	NC	25:42.4	25:42.4	8:16	11	1	M 10-14
17	64	Zach	Rudd	M	Belmont	NC	25:50.3	25:50.3	8:19	30	1	M 30-34
18	32	Tim	Lovelace	M	Mooresboro	NC	25:57.4	25:57.4	8:21	58	2	M 55-59
19	54	Brad	Pitman	M	Nebo	NC	25:59.7	25:59.7	8:22	52	1	M 50-54
20	24	S.	Glenn	M	Little Switzerland	NC	26:13.2	26:13.2	8:26	11	2	M 10-14
21	85	Benjamin	Urfer	M	Asheville	NC	26:16.7	26:16.7	8:27	49	2	M 45-49
22	48	M.	Owens	M	Rutherfordton	NC	26:41.5	26:41.5	8:35	12	3	M 10-14
23	57	Rob	Procunier	M	Charlotte	NC	26:45.8	26:45.8	8:37	61	3	M 60-99
24	62	G.	Rowe	M	Columbus	NC	26:51.0	26:51.0	8:39	8	1	M 1- 9
25	67	Ezra	Scott	M	Nebo	NC	26:54.8	26:54.8	8:40	13	4	M 10-14
26	80	N.	Tidball	M	Rutherfordton	NC	27:02.4	27:02.4	8:42	12	5	M 10-14
27	30	L.	Kennedy	M	Rutherfordton	NC	27:42.9	27:42.9	8:55	8	2	M 1- 9
28	44	Stephanie	Oates	F	Weaverville	NC	27:44.3	27:44.3	8:56	47	1	F Masters
29	78	Sarah	Tichy	F	Rutherfordton	NC	28:19.4	28:19.4	9:07	29	1	F 25-29

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30	46	James	Overman	M	Ellenboro	NC	28:21.8	28:21.8	9:08	59	3	M 55-59
31	36	Steven	McCorkle	M	Iron Station	NC	29:00.4	29:00.4	9:20	49	3	M 45-49
32	60	KC	Rollins	M	Ellenboro	NC	29:10.4	29:10.4	9:23	34	2	M 30-34
33	8	Sam	Banfield	M	Forest City	NC	29:33.4	29:33.4	9:31	36	1	M 35-39
34	22	J.	Glaspy	M	Nebo	NC	29:45.3	29:45.3	9:35	7	3	M 1- 9
35	17	Joseph	Delk	M	Lenoir	NC	29:52.2	29:52.2	9:37	40	2	M 40-44
36	47	Kaeleigh	Overman	F	Ellenboro	NC	30:13.2	30:13.2	9:44	14	1	F 10-14
37	69	Dave	Shaneyfelt	M	Mountain Home	NC	30:14.0	30:14.0	9:44	59	4	M 55-59
38	43	Joseph	Newton	M	Charlotte	NC	30:14.0	30:14.0	9:44	47	4	M 45-49
39	2	Theresa	Allen	F	Huntersville	NC	30:19.8	30:19.8	9:46	31	1	F 30-34
40	15	Joanne	Crain	F	Rutherfordton	NC	30:22.3	30:22.3	9:47	53	1	F 50-54
41	4	Tavion	Andrews	M	Nebo	NC	30:27.3	30:27.3	9:48	13	6	M 10-14
42	50	Melissa	Penson	F	Ellenboro	NC	30:28.7	30:28.7	9:49	51	2	F 50-54
43	35	Shannon	McCorkle	F	Iron Station	NC	31:50.6	31:50.6	10:15	47	1	F 45-49
44	33	Marie	Mack	F	Marion	NC	31:54.8	31:54.8	10:16	39	1	F 35-39
45	18	Susan	Devine	F	Rutherfordton	NC	31:59.7	31:59.7	10:18	62	1	F 60-99
46	29	Joshua	Kennedy	M	Rutherfordton	NC	31:59.8	31:59.8	10:18	43	3	M 40-44
47	88	Stephanie	Williams	F	Rutherfordton	NC	33:20.3	33:20.3	10:44	49	2	F 45-49
48	66	e.	scott	F	Nebo	NC	34:16.4	34:16.4	11:02	11	2	F 10-14
49	73	Jill	Smith	F	Rutherfordton	NC	34:23.5	34:23.5	11:04	54	3	F 50-54
50	90	J.	Withrow	M	Ellenboro	NC	34:26.2	34:26.2	11:05	12	7	M 10-14
51	86	L.	Watson	M	Rutherfordton	NC	34:28.0	34:28.0	11:06	11	8	M 10-14
52	49	Melissa	Owens	F	Rutherfordton	NC	35:14.5	35:14.5	11:21	42	1	F 40-44
53	40	Michael	Morrison	M	Forest City	NC	35:25.3	35:25.3	11:24	33	3	M 30-34
54	19	Jan	Deviney	F	Casar	NC	36:33.0	36:33.0	11:46	57	1	F 55-59
55	7	Sandy	Austin	F	Forest City	NC	36:51.3	36:51.3	11:52	68	2	F 60-99
56	23	Joyce	Glenn	F	Little Switzerland	NC	36:55.1	36:55.1	11:53	47	3	F 45-49
57	6	Faith	Archer	F	Rutherfordton	NC	38:19.6	38:19.6	12:20	24	1	F 20-24
58	31	nevaeh	longcrier-baker	F	Nebo	NC	39:36.2	39:36.2	12:45	15	1	F 15-19

South of the Mountains 5K Trail Run**Nov. 4, 2023****Overall Results**

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Clock</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
59	68	Tracy	Scott	F	Nebo	NC	39:38.3	39:38.3	12:46	42	2	F 40-44
60	37	Henry	McGinnis	M	Rutherfordton	NC	40:00.5	40:00.5	12:53	27	1	M 25-29
61	21	Kayla	Fox	F	Forest City	NC	40:26.6	40:26.6	13:01	30	2	F 30-34
62	11	Stacy	Campbell	F	Ellenboro	NC	40:41.3	40:41.3	13:06	25	2	F 25-29
63	42	Sherry	Myers	F	Bostic	NC	40:47.9	40:47.9	13:08	55	2	F 55-59
64	70	Diane	Shaneyfelt	F	Mountain Home	NC	40:48.3	40:48.3	13:08	59	3	F 55-59
65	91	Michelle	Withrow	F	Ellenboro	NC	42:57.0	42:57.0	13:49	44	3	F 40-44
66	72	elias	smith	M	Nebo	NC	43:53.9	43:53.9	14:08	13	9	M 10-14
67	51	Adam	Petit	M	Forest City	NC	44:00.8	44:00.8	14:10	40	4	M 40-44
68	52	I.	Petit	M	Forest City	NC	44:10.4	44:10.4	14:13	11	10	M 10-14
69	3	Carmondy Jade	Andrews	F	Nebo	NC	45:31.8	45:31.8	14:39	14	3	F 10-14
70	75	N.	smith	F	Nebo	NC	45:37.2	45:37.2	14:41	11	4	F 10-14
71	14	Debra	Cilone	F	Rutherfordton	NC	46:20.3	46:20.3	14:55	55	4	F 55-59
72	27	Debbie	Harsh	F	Bostic	NC	47:26.9	47:26.9	15:16	47	4	F 45-49
73	81	Lillian	Tims	F	Nebo	NC	48:22.5	48:22.5	15:34	29	3	F 25-29
74	34	Jessica	Maddox	F	Rutherfordton	NC	49:30.2	49:30.2	15:56	27	4	F 25-29
75	82	Angel	Toney	F	Rutherfordton	NC	49:46.1	49:46.1	16:01	44	4	F 40-44
76	83	Dyllan	Toney	M	Rutherfordton	NC	49:47.3	49:47.3	16:02	14	11	M 10-14
77	5	Maria	Arango	F	Rutherfordton	NC	50:33.5	50:33.5	16:16	59	5	F 55-59
78	53	Rachel	Petit	F	Forest City	NC	50:53.9	50:53.9	16:23	38	2	F 35-39
79	9	Natalie	Berres	F	Forest City	NC	50:54.0	50:54.0	16:23	38	3	F 35-39
80	58	Cassidy	Ramsey	F	Rutherfordton	NC	53:47.9	53:47.9	17:19	27	5	F 25-29
81	89	Elizabeth	Withrow	F	Ellenboro	NC	54:45.7	54:45.7	17:38	39	4	F 35-39
82	41	Anita	Mundy	F	Forest City	NC	57:13.4	57:13.4	18:25	53	4	F 50-54
83	10	Megan	Brandon	F	Nebo	NC	59:46.0	59:46.0	19:14	27	6	F 25-29
84	71	Denise	Smith	F	Bostic	NC	03:07.3	03:07.3	20:19	54	5	F 50-54
85	93	Pamela	Barringer	F	Casar	NC	03:09.1	03:09.1	20:20	59	6	F 55-59

South of the Mountains 5K

Nov. 5, 2022

Overall Results

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
1	898	Caleb	Overman	M	Ellenboro	NC	19:46.8	6:22	17	1	M Open
2	823	Matthew	Allen	M	Swannanoa	NC	20:19.5	6:33	21	2	M Open
3	852	Jennifer	Fisher	F	Columbus	NC	20:43.5	6:40	42	1	F Open
4	867	Shelby	Gurley	F	Marion	NC	21:15.3	6:50	28	2	F Open
5	868	Wesley	Gurley	M	Marion	NC	21:30.5	6:55	40	3	M Open
6	894	Morgan	Miskell	M	Shelby	NC	22:02.8	7:06	54	1	M Masters
7	879	Riley	Howard	M	Union Mills	NC	22:22.2	7:12	16	1	M 15-19
8	937	Joey	Stofko	M	Bostic	NC	22:27.0	7:14	18	2	M 15-19
9	916	Adam	Scott	M	Nebo	NC	22:29.6	7:14	42	1	M 40-44
10	931	Mark	Snyder	M	Forest City	NC	23:46.8	7:39	43	2	M 40-44
11	999	Samuel	Calton	M	Rutherfordton	NC	24:26.7	7:52	14	1	M 10-14
12	883	benjamin	kloppel	M	Shelby	NC	24:29.3	7:53	48	1	M 45-49
13	866	Gage	Gurley	M	Marion	NC	24:31.8	7:54	14	2	M 10-14
14	881	cameron	king	M	Nebo	NC	25:36.6	8:15	16	3	M 15-19
15	921	Josiah	Seely	M	Union Mills	NC	25:37.3	8:15	14	3	M 10-14
16	945	Ben	Towery	M	Rutherfordton	NC	26:01.3	8:23	17	4	M 15-19
17	941	Jon	Tidball	M	Rutherfordton	NC	26:18.7	8:28	46	2	M 45-49
18	858	S.	Glenn	M	Little Switzerland	NC	26:34.4	8:33	10	4	M 10-14
19	922	Stephen	Seely	M	Union Mills	NC	26:40.3	8:35	53	1	M 50-54
20	900	Kaeleigh	Overman	F	Ellenboro	NC	26:50.0	8:38	13	3	F Open
21	859	Laurel	Godfrey	F	Rutherfordton	NC	26:55.4	8:40	30	1	F 30-34
22	917	E.	Scott	M	Nebo	NC	27:02.5	8:42	12	5	M 10-14
23	912	Rob	Proconier	M	Charlotte	NC	27:06.9	8:44	60	1	M 60-64
24	878	Kelvin	Howard	M	Union Mills	NC	27:08.7	8:44	41	3	M 40-44
25	888	Tim	Lovelace	M	Mooresboro	NC	27:09.7	8:45	57	1	M 55-59
26	908	brad	pitman	M	Nebo	NC	27:10.9	8:45	51	2	M 50-54
27	853	Brian	Freeman	M	Shelby	NC	27:14.4	8:46	46	3	M 45-49
28	899	James	Overman	M	Ellenboro	NC	27:24.5	8:49	58	2	M 55-59

South of the Mountains 5K

Nov. 5, 2022

Overall Results

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
29	947	Ian	Weakly	M	Raleigh	NC	27:37.5	8:53	48	4	M 45-49
30	946	Benjamin	Urfer	M	Asheville	NC	27:46.9	8:57	48	5	M 45-49
31	855	Charles	Gardner	M	Boiling Springs	SC	29:15.2	9:25	49	6	M 45-49
32	936	Abby	Stewart	F	Bostic	NC	29:25.3	9:28	23	1	F 20-24
33	830	micah	baumgarner	M	Nebo	NC	29:33.7	9:31	14	6	M 10-14
34	856	j.	glaspy	M	Nebo	NC	29:36.0	9:32	6	1	M 1- 9
35	897	A.	OETTINGER	F	Bostic	NC	29:37.6	9:32	12	1	F 10-14
36	851	w.	drum	M	Nebo	NC	29:39.8	9:33	11	7	M 10-14
37	934	Ty	Sprouse	M	Shelby	NC	30:29.3	9:49	13	8	M 10-14
38	829	Sam	Banfield	M	Forest City	NC	30:34.1	9:50	35	1	M 35-39
39	892	Landon	Minor	M	Valdese	NC	30:43.1	9:53	13	9	M 10-14
40	918	tracy	scott	F	Nebo	NC	30:55.1	9:57	41	1	F Masters
41	863	Mike	Griffith	M	Gastonia	NC	31:12.2	10:03	56	3	M 55-59
42	938	Denise	Strickland	F	Ellenboro	NC	31:25.8	10:07	59	1	F 55-59
43	842	jake	chester	M	Nebo	NC	32:50.9	10:34	14	10	M 10-14
44	950	E.	Wiig	M	Forest City	NC	32:52.2	10:35	9	2	M 1- 9
45	831	Evie	Beam	F	Forest City	NC	33:14.2	10:42	42	1	F 40-44
46	939	Joey	Strickland	M	Ellenboro	NC	33:30.4	10:47	65	1	M 65-69
47	915	KC	Rollins	M	Ellenboro	NC	34:42.5	11:10	33	1	M 30-34
48	928	N.	Smith	F	Rutherfordton	NC	35:11.6	11:20	11	2	F 10-14
49	925	C.	Smith	M	Rutherfordton	NC	35:18.1	11:22	5	3	M 1- 9
50	914	Calla	Ritter	F	Urbandale	IA	35:18.1	11:22	30	2	F 30-34
51	951	Vanessa	Wiig	F	Forest City	NC	35:50.3	11:32	40	2	F 40-44
52	949	Jane	Weast	F	Rutherfordton	NC	35:54.6	11:33	53	1	F 50-54
53	904	Laurence	Penrose	M	Bostic	NC	36:15.7	11:40	81	1	M 70-99
54	902	Melissa	Owens	F	Rutherfordton	NC	36:19.3	11:41	41	3	F 40-44
55	828	Sandy	Austin	F	Forest City	NC	36:29.3	11:45	67	1	F 65-69
56	844	David	Coffin	M	Forest City	NC	36:48.8	11:51	46	7	M 45-49

South of the Mountains 5K

Nov. 5, 2022

Overall Results

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
57	901	M.	Owens	M	Rutherfordton	NC	37:08.0	11:57	11	11	M 10-14
58	849	Jan	Deviney	F	Casar	NC	37:08.4	11:57	56	2	F 55-59
59	903	Robin	Parker	F	Shelby	NC	37:21.9	12:02	57	3	F 55-59
60	880	Ellen	Jenkins	F	Shelby	NC	37:49.7	12:11	57	4	F 55-59
61	843	Debra	Cilone	F	Rutherfordton	NC	38:34.2	12:25	54	2	F 50-54
62	857	Joyce	Glenn	F	Little Switzerland	NC	38:47.1	12:29	46	1	F 45-49
63	871	A.	Henderson	M	Forest City	NC	39:34.3	12:44	7	4	M 1- 9
64	827	Faith	Archer	F	Rutherfordton	NC	39:38.0	12:45	23	2	F 20-24
65	882	Leah	King	F	Rutherfordton	NC	39:40.6	12:46	27	1	F 25-29
66	846	Jerry	Cox	M	Rutherfordton	NC	39:40.8	12:46	25	1	M 25-29
67	920	J.	Seely	F	Union Mills	NC	39:55.8	12:51	12	3	F 10-14
68	836	Kirsten	Brown	F	Rutherfordton	NC	40:15.8	12:58	32	3	F 30-34
69	930	Sandy	Smith	F	Rutherfordton	NC	40:21.8	13:00	32	4	F 30-34
70	825	t.	andrews	M	Nebo	NC	40:32.6	13:03	12	12	M 10-14
71	872	Cara	Henderson	F	Forest City	NC	40:32.8	13:03	13	4	F 10-14
72	923	Valerie	Seely	F	Union Mills	NC	40:39.3	13:05	47	2	F 45-49
73	854	I.	Garcia	M	Union Mills	NC	40:39.8	13:05	12	13	M 10-14
74	932	Ed	Somerville	M	Union Mills	NC	40:40.0	13:05	66	2	M 65-69
75	940	Peyton	Teague	F	Forest City	NC	40:48.3	13:08	21	3	F 20-24
76	919	Mike	Scruggs	M	Rutherfordton	NC	40:59.2	13:12	73	2	M 70-99
77	885	Emma Kay	Lewis	F	Kings Mountain	NC	41:01.1	13:12	61	1	F 60-64
78	840	Stacy	Campbell	F	Ellenboro	NC	42:38.4	13:43	24	4	F 20-24
79	841	Ty	Campbell	M	Ellenboro	NC	42:39.7	13:44	25	2	M 25-29
80	911	Lari	Procurier	F	Charlotte	NC	43:05.3	13:52	61	2	F 60-64
81	907	I.	Petit	M	Forest City	NC	43:17.1	13:56	10	14	M 10-14
82	906	Adam	Petit	M	Forest City	NC	43:17.4	13:56	39	2	M 35-39
83	998	C.	Calton	F			43:23.5	13:58	9	1	F 1- 9
84	954	Michelle	Withrow	F	Ellenboro	NC	43:38.0	14:03	43	4	F 40-44

South of the Mountains 5K

Nov. 5, 2022

Overall Results

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
85	893	Lauren	Minor	F	Valdese	NC	44:52.1	14:27	41	5	F 40-44
86	943	Angel	Toney	F	Rutherfordton	NC	45:10.9	14:33	43	6	F 40-44
87	955	Kelly	Yelton	M	Bostic	NC	49:31.0	15:56	49	8	M 45-49
88	865	t.	guardado	F	Nebo	NC	49:46.0	16:01	10	5	F 10-14
89	942	lillian	tims	F	Nebo	NC	49:50.0	16:02	28	2	F 25-29
90	924	h.	sims	F	Nebo	NC	49:50.2	16:02	10	6	F 10-14
91	953	Elizabeth	Withrow	F	Ellenboro	NC	50:35.0	16:17	38	1	F 35-39
92	870	Debbie	Harsh	F	Bostic	NC	51:40.6	16:38	46	3	F 45-49
93	873	E.	Henderson	F	Forest City	NC	52:43.6	16:58	8	2	F 1-9
94	874	Jenn	Henderson	F	Forest City	NC	52:56.3	17:02	38	2	F 35-39
95	896	Anita	Mundy	F	Forest City	NC	54:41.3	17:36	52	3	F 50-54
96	877	Ann	Holt	F	Boiling Springs	SC	55:07.7	17:45	73	1	F 70-99
97	832	Darrel	Black	M	Shelby	NC	55:39.2	17:55	59	4	M 55-59
98	933	Karen	Sprouse	F	Shelby	NC	55:40.0	17:55	59	5	F 55-59
99	826	Beth	Archer	F	Rutherfordton	NC	55:56.2	18:00	47	4	F 45-49
100	913	Cassidy	Ramsey	F	Rutherfordton	NC	59:08.6	19:02	26	3	F 25-29
101	845	Niki	Coffin	F	Forest City	NC	59:10.5	19:03	42	7	F 40-44
102	875	Bill	Hodge	M			05:18.1	21:01	71	3	M 70-99
103	876	Linda	Hodge	F			05:18.6	21:01	73	2	F 70-99
104	869	allyssa	harrison	F	Nebo	NC	05:19.7	21:02	13	7	F 10-14
105	927	c.	smith	F	Nebo	NC	05:19.8	21:02	12	8	F 10-14
106	824	carmondy jade	andrews	F	Nebo	NC	06:27.1	21:23	13	9	F 10-14
107	850	brianna	drum	F	Nebo	NC	06:27.3	21:23	14	10	F 10-14
108	835	megan	brandon	F	Nebo	NC	06:43.1	21:28	26	4	F 25-29
109	909	Pam	Presley	F	Cleveland	TN	12:24.9	23:18	60	3	F 60-64
110	887	JoAnn	Love	F	Cleveland	TN	12:26.0	23:19	70	3	F 70-99

South of the Mountains 5K Trail Run

October 30, 2021

Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-286063;perpage:100>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div.	
										Place	Division
1	768	Caleb	Overman	M	Kings Mountain	NC	21:00.7	6:46	16	1	M Open
2	596	Wesley	Gurley	M	Marion	NC	21:11.7	6:49	38	2	M Open
3	806	Joey	Stofko	M	Bostic	NC	21:40.6	6:59	17	3	M Open
4	760	Morgan	Miskell	M	Shelby	NC	21:48.7	7:01	53	1	M Masters
5	591	Jennifer	Fisher	F	Columbus	NC	21:52.1	7:02	40	1	F Open
6	783	Adam	Scott	M	Nebo	NC	23:38.1	7:36	41	2	M Masters
7	773	Brad	Pittman	M	Nebo	NC	24:08.9	7:46	50	3	M Masters
8	781	Kendawa	Ruckman	M	Vale	NC	24:30.9	7:53	41	1	M 40-44
9	761	James	Morrow	M	Ellenboro	NC	24:59.5	8:03	58	1	M 55-59
10	581	Larry	Curtis	M	Forest City	NC	25:05.4	8:05	61	1	M 60-64
11	745	Alexander	Holcombe	M	Chesnee	SC	25:12.7	8:07	15	1	M 15-19
12	785	E.	Scott	M	Nebo	NC	25:20.9	8:10	11	1	M 10-14
13	573	Samuel	Calton	M	Rutherfordton	NC	25:39.2	8:15	13	2	M 10-14
14	769	James	Overman	M	Kings Mountain	NC	25:41.1	8:16	57	2	M 55-59
15	746	Benjamin	Holcombe	M	Chesnee	SC	25:53.6	8:20	17	2	M 15-19
16	764	Russell	Mullis	M	Hickory	NC	25:54.6	8:20	16	3	M 15-19
17	762	Chuck	Mullis	M	Hickory	NC	26:03.1	8:23	44	2	M 40-44
18	775	Rob	Procnier	M	Charlotte	NC	26:07.9	8:25	59	3	M 55-59
19	763	H.	Mullis	F	Hickory	NC	27:57.7	9:00	12	2	F Open
20	583	Stephen	Cuthbertson	M	Mooresboro	NC	27:57.9	9:00	22	1	M 20-24
21	567	Micah	Baumgarner	M	Nebo	NC	28:03.6	9:02	13	3	M 10-14
22	807	Joseph	Stofko	M	Bostic	NC	28:06.8	9:03	41	3	M 40-44
23	815	Ben	Towery	M	Rutherfordton	NC	28:16.6	9:06	16	4	M 15-19
24	819	Ian	Weakly	M	Raleigh	NC	28:19.1	9:07	47	1	M 45-49
25	766	A.	OETTINGER	F	Bostic	NC	28:19.4	9:07	11	3	F Open
26	572	Joshua	Bryant	M	Spindale	NC	29:08.5	9:23	34	1	M 30-34

South of the Mountains 5K Trail Run

October 30, 2021

Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-286063;perpage:100>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div.	
										Place	Division
27	798	Ed	Somerville	M	Union Mills	NC	29:23.1	9:27	65	1	M 65-69
28	754	Joshua	Kalapurakal	M	Rutherfordton	NC	29:55.0	9:38	13	4	M 10-14
29	753	W.	Hutchins	M	Bostic	NC	30:08.6	9:42	9	1	M 1- 9
30	752	WD	Hutchins	M	Bostic	NC	30:08.8	9:42	38	1	M 35-39
31	776	John	Queen	M	Forest City	NC	30:21.2	9:46	14	5	M 10-14
32	794	Abigail	Sias	F	Rutherfordton	NC	30:30.4	9:49	13	1	F 10-14
33	767	JOCELYN	OETTINGER	F	Bostic	NC	30:32.5	9:50	13	2	F 10-14
34	566	Sam	Banfield	M	Forest City	NC	30:36.3	9:51	34	2	M 30-34
35	803	Abby	Stewart	F	Bostic	NC	30:41.3	9:53	22	1	F 20-24
36	789	Ashley	Self	F	Bostic	NC	30:41.5	9:53	28	1	F 25-29
37	808	Denise	Strickland	F	Ellenboro	NC	30:48.5	9:55	58	1	F Masters
38	755	Brian	King	M	Lake Lure	NC	30:54.5	9:57	48	2	M 45-49
39	741	Kheresa	Harmon	F	Shelby	NC	30:56.1	9:57	47	2	F Masters
40	743	Tyler	Herbst	M	Nebo	NC	31:31.0	10:09	25	1	M 25-29
41	751	T.	Hutchins	M	Rutherfordton	NC	31:56.2	10:17	10	6	M 10-14
42	575	Jake	Chester	M	Nebo	NC	31:57.3	10:17	13	7	M 10-14
43	772	Adam	Petit	M	Forest City	NC	31:58.8	10:18	38	2	M 35-39
44	588	Brianna	Drum	F	Nebo	NC	32:01.6	10:19	13	3	F 10-14
45	796	Chery	Smith	F	Ellenboro	NC	32:02.3	10:19	47	3	F Masters
46	592	T.	Gaurdado	F	Nebo	NC	32:06.8	10:20	9	1	F 1- 9
47	782	Patton	Scales	M	Nebo	NC	32:06.8	10:20	33	3	M 30-34
48	809	Joey	Strickland	M	Ellenboro	NC	32:25.9	10:26	64	2	M 60-64
49	770	Melissa	Owens	F	Rutherfordton	NC	32:30.1	10:28	40	1	F 40-44
50	750	Lauren	Hutchins	F	Bostic	NC	32:48.9	10:34	37	1	F 35-39
51	784	E.	Scott	F	Nebo	NC	33:02.6	10:38	9	2	F 1- 9
52	779	Molly	Randolph	F	Rutherfordton	NC	33:15.9	10:42	13	4	F 10-14

South of the Mountains 5K Trail Run

October 30, 2021

Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-286063;perpage:100>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div.	
										Place	Division
53	585	Rebecca	Detling	F	Greenville	OH	33:30.2	10:47	50	1	F 50-54
54	584	James	Detling	M	Greenville	OH	33:37.8	10:49	60	3	M 60-64
55	742	A.	Harrison	F	Nebo	NC	33:47.4	10:53	12	5	F 10-14
56	579	Jennifer	Crain	F	Forest City	NC	34:21.8	11:04	40	2	F 40-44
57	777	Wynne	Queen	F	Forest City	NC	35:06.9	11:18	41	3	F 40-44
58	578	Jesse	Connor	F	Rutherfordton	NC	35:09.5	11:19	38	2	F 35-39
59	561	T.	Andrews	M	Nebo	NC	35:40.2	11:29	11	8	M 10-14
60	744	Abigail	Holcombe	F	Chesnee	SC	35:56.1	11:34	14	6	F 10-14
61	814	D.	Toney	M	Rutherfordton	NC	36:11.4	11:39	12	9	M 10-14
62	564	Sandy	Austin	F	Forest City	NC	36:18.3	11:41	66	1	F 65-69
63	821	Jane	Weast	F	Rutherfordton	NC	36:27.9	11:44	52	2	F 50-54
64	582	Martha	Cuthbertson	F	Mooresboro	NC	36:28.0	11:44	22	2	F 20-24
65	816	Allie	Turner	F	Inman	SC	36:28.6	11:44	19	1	F 15-19
66	748	H.	Hutchins	M	Rutherfordton	NC	37:24.0	12:02	7	2	M 1- 9
67	813	Maxine	Taylor	F	Rutherfordton	NC	37:48.1	12:10	56	1	F 55-59
68	590	Tammy	Emory	F	Duncan	SC	38:40.8	12:27	53	3	F 50-54
69	804	Ally	Stofko	F	Bostic	NC	39:44.6	12:48	15	2	F 15-19
70	771	Michelle	Peña	F	Rutherfordton	NC	39:51.6	12:50	13	7	F 10-14
71	759	Samantha	Messer	F	Rutherfordton	NC	39:51.6	12:50	26	2	F 25-29
72	577	Roscoe	Conn	M	Forest City	NC	40:18.8	12:59	58	4	M 55-59
73	817	Tim	Turner	M	Inman	SC	41:05.1	13:13	57	5	M 55-59
74	818	Tom	Turner	M	Inman	SC	41:07.7	13:14	57	6	M 55-59
75	774	Lari	Proconier	F	Charlotte	NC	42:52.6	13:48	60	1	F 60-64
76	559	Chris	Alexander	M	Rutherfordton	NC	42:53.0	13:48	56	7	M 55-59
77	749	J.	Hutchins	F	Bostic	NC	43:42.5	14:04	12	8	F 10-14
78	810	Kate	Swain	F	Ellenboro	NC	43:43.4	14:04	13	9	F 10-14

South of the Mountains 5K Trail Run

October 30, 2021

Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-286063;perpage:100>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div.	
										Place	Division
79	580	Pamela	Crain	F	Forest City	NC	44:42.4	14:23	55	2	F 55-59
80	788	Joe	Seidel	M	Shelby	NC	45:48.0	14:44	63	4	M 60-64
81	805	Crystal	Stofko	F	Bostic	NC	46:02.1	14:49	41	4	F 40-44
82	593	Brenda	Gordon	F	Rutherfordton	NC	46:04.9	14:50	33	1	F 30-34
83	780	Angel	Roberts	F	Rutherfordton	NC	46:14.6	14:53	42	5	F 40-44
84	756	J.	Leal	M	Nebo	NC	46:56.1	15:06	12	10	M 10-14
85	765	Anita	Mundy	F	Forest City	NC	47:45.9	15:22	51	4	F 50-54
86	587	Johnathan	Dillon	M	Rutherfordton	NC	48:24.8	15:35	44	4	M 40-44
87	758	Mary	McAfee	F	Union Mills	NC	48:25.7	15:35	39	3	F 35-39
88	570	Mercedes	Brush	F	Bostic	NC	51:56.2	16:43	28	3	F 25-29
89	571	Sierra	Brush	F	Bostic	NC	51:56.5	16:43	27	4	F 25-29
90	778	Cassidy	Ramsey	F	Rutherfordton	NC	52:48.2	17:00	25	5	F 25-29
91	568	Joshua	Bell	M	Forest City	NC	53:01.7	17:04	35	3	M 35-39
92	574	Ruth	Cavil	F	Forest City	NC	53:09.3	17:07	31	2	F 30-34
93	569	Carol	Brush	F	Bostic	NC	53:41.8	17:17	60	2	F 60-64
94	797	Robin	Smith	F	Bostic	NC	53:41.9	17:17	59	3	F 55-59
95	576	Bettina	Conn	F	Forest City	NC	56:42.6	18:15	61	3	F 60-64
96	589	Jerleen	Emory	F	Duncan	SC	56:43.9	18:16	80	1	F 70-99
97	747	Demi	Humphrey	F	Belmont	NC	58:03.7	18:41	28	6	F 25-29
98	599	Caleb	Hamrick	M	Bostic	NC	58:17.8	18:46	13	11	M 10-14
99	565	Seth	Austin	M	Troutman	NC	58:22.1	18:47	32	4	M 30-34
100	597	Kristal	Hamer	F	Cary	NC	58:31.3	18:50	37	4	F 35-39
101	600	Claire	Hamrick	F	Bostic	NC	00:36.5	19:30	13	10	F 10-14
102	737	Dawna	Hamrick	F	Troutman	NC	01:56.8	19:56	57	4	F 55-59
103	740	Timothy	Hamrick	M	Troutman	NC	02:01.9	19:58	30	5	M 30-34
104	563	M.	Austin	M	Bostic	NC	02:06.8	20:00	4	3	M 1-9

South of the Mountains 5K Trail Run

October 30, 2021

Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-286063;perpage:100>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div.	
										Place	Division
105	562	Kristin	Austin	F	Troutman	NC	02:06.9	20:00	32	3	F 30-34
106	787	Sharon	Scruggs	F	Rutherfordton	NC	13:25.9	23:38	69	2	F 65-69
107	786	Mike	Scruggs	M	Rutherfordton	NC	13:26.0	23:38	72	1	M 70-99

South of the Mountains 5K Trail Run 2020 Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-225976;perpage:100>

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
1	79	John	Marsh	M	Rutherfordton	NC	19:30.7	6:17	16	1	M Open
2	106	Joseph	Salyers	M	Rutherfordton	NC	21:00.2	6:46	18	2	M Open
3	108	Jamie	Sestak	F	Grove City	PA	21:01.7	6:46	24	1	F Open
4	33	Josh	Dow	M	Maiden	NC	21:02.9	6:46	31	3	M Open
5	95	Daniel	Procnier	M	Everett	WA	21:30.8	6:55	25	1	M 25-29
6	41	Buffy	Fountain	F	Rutherfordton	NC	21:33.6	6:56	47	2	F Open
7	39	Jennifer	Fisher	F	Columbus	NC	22:16.1	7:10	39	3	F Open
8	9	Michael	Batista	M	Baltimore	MD	22:18.2	7:11	30	1	M 30-34
9	135	Christian	Wilson	M	Union Mills	NC	22:45.3	7:19	15	1	M 15-19
10	50	Valerie	Gortmaker	F	Asheville	NC	22:52.9	7:22	45	1	F Masters
11	87	Russell	Mullis	M	Hickory	NC	23:45.4	7:39	15	2	M 15-19
12	16	Coley	Canon	M	Bostic	NC	23:50.5	7:40	25	2	M 25-29
13	84	Chuck	Mullis	M	Hickory	NC	23:52.9	7:41	43	1	M Masters
14	1	Gabriel	Abee	M	Hendersonville	NC	24:42.4	7:57	14	1	M 10-14
15	97	Rob	Procnier	M	Charlotte	NC	24:44.1	7:58	58	1	M 55-59
16	15	joshua	bright	M	Hendersonville	NC	24:45.8	7:58	14	2	M 10-14
17	128	Benjamin	Urfer	M	Asheville	NC	24:54.5	8:01	46	1	M 45-49
18	81	Morgan	Miskell	M	Shelby	NC	25:06.5	8:05	52	1	M 50-54
19	7	Heather	Banfield	F	Forest City	NC	25:11.6	8:07	33	1	F 30-34
20	134	Stacy	Wilkins	M	Shelby	NC	25:24.6	8:11	35	1	M 35-39
21	119	Ed	Somerville	M	Union Mills	NC	26:15.8	8:27	64	1	M 60-64
22	99	Wynne	Queen	F	Forest City	NC	26:41.4	8:35	40	1	F 40-44
23	130	Ian	Weakly	M	Raleigh	NC	26:41.5	8:35	46	2	M 45-49
24	86	L.	Mullis	M	Hickory	NC	26:57.4	8:41	7	1	M 1- 9
25	20	David	Coffin	M	Forest City	NC	27:53.4	8:59	44	1	M 40-44
26	90	Laura	Patterson	F	Annapolis	MD	28:15.4	9:06	32	2	F 30-34
27	8	Sam	Banfield	M	Forest City	NC	28:19.9	9:07	33	2	M 30-34

South of the Mountains 5K Trail Run 2020 Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-225976;perpage:100>

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
28	11	Donald	Blanton	M	Mooresboro	NC	28:20.5	9:07	54	2	M 50-54
29	85	H.	Mullis	F	Hickory	NC	28:26.5	9:09	11	1	F 10-14
30	83	Charles	Moss	M	Gaffney	SC	28:27.2	9:09	71	1	M 70-99
31	70	Michael	Ledbetter	M	Lawndale	NC	28:46.6	9:16	15	3	M 15-19
32	44	Audrey	Friedman	F	Shelby	NC	28:47.8	9:16	14	2	F 10-14
33	58	Kheresa	Harmon	F	Shelby	NC	28:50.8	9:17	46	1	F 45-49
34	59	Steven	Harmon	M	Shelby	NC	28:50.9	9:17	53	3	M 50-54
35	78	Ellen	Maddock	F	Asheville	NC	29:02.8	9:21	41	2	F 40-44
36	124	Denise	Strickland	F	Ellenboro	NC	29:12.1	9:24	57	1	F 55-59
37	64	Kelvin	Howard	M	Union Mills	NC	29:44.5	9:34	39	2	M 35-39
38	74	Emily	Lyda	F	Hendersonville	NC	29:47.8	9:35	40	3	F 40-44
39	102	Anonymous	Participant	F			31:18.1	10:05	34	3	F 30-34
40	68	Ellen	Jenkins	F	Shelby	NC	31:22.4	10:06	55	2	F 55-59
41	92	Melissa	Penson	F	Ellenboro	NC	31:34.4	10:10	48	2	F 45-49
42	67	Ron	Huntsberger	M	Columbus	NC	32:02.2	10:19	71	2	M 70-99
43	93	Adam	Petit	M	Forest City	NC	32:06.2	10:20	37	3	M 35-39
44	12	Dana	Bradley	F	Rutherfordton	NC	32:10.9	10:21	39	1	F 35-39
45	115	Chery	Smith	F	Ellenboro	NC	32:19.5	10:24	46	3	F 45-49
46	89	Melissa	Owens	F	Rutherfordton	NC	32:27.7	10:27	39	2	F 35-39
47	125	Joey	Strickland	M	Ellenboro	NC	32:28.2	10:27	63	2	M 60-64
48	18	Rylie	Carroll	F	Shelby	NC	32:33.9	10:29	17	1	F 15-19
49	17	Niki	Carroll	F	Shelby	NC	32:35.3	10:29	46	4	F 45-49
50	98	John	Queen	M	Forest City	NC	32:38.7	10:30	13	3	M 10-14
51	113	Abby	Sias	F	rutherfordton	NC	32:43.8	10:32		1	No Age Given
52	45	S.	Friedman	F	Shelby	NC	32:50.5	10:34	12	3	F 10-14
53	42	Terry	Fountain	M	Rutherfordton	NC	33:02.4	10:38	51	4	M 50-54
54	121	T.	Sprouse	M	Shelby	NC	33:06.7	10:39	11	4	M 10-14

South of the Mountains 5K Trail Run 2020 Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-225976;perpage:100>

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
55	38	Keith	Ervin	M	Spartanburg	SC	33:12.2	10:41	21	1	M 20-24
56	132	Jane	Weast	F	Rutherfordton	NC	33:19.6	10:44	51	1	F 50-54
57	43	Angela	Friedman	F	Shelby	NC	33:24.0	10:45	48	5	F 45-49
58	66	Riley	Howard	M	Union Mills	NC	33:37.7	10:49	14	5	M 10-14
59	82	Ezra	Mohammed	M	Hendersonville	NC	33:38.5	10:50	15	4	M 15-19
60	133	Vanessa	Wiig	F	Forest City	NC	33:40.1	10:50	38	3	F 35-39
61	73	Elizabeth	Lyda	F	Hendersonville	NC	33:40.5	10:50	13	4	F 10-14
62	19	Avalon	Christman	F	Ellenboro	NC	33:42.5	10:51	15	2	F 15-19
63	126	Maxine	Taylor	F	Rutherfordton	NC	34:05.6	10:58	55	3	F 55-59
64	80	Mary	McAfee	F	Union Mills	NC	34:17.8	11:02	38	4	F 35-39
65	29	Rebekah	Crosswhite	F	GlendaleGlendale	AZ	34:18.2	11:02	30	4	F 30-34
66	103	Tiffany	Rivera	F	Shelby	NC	34:26.9	11:05	39	5	F 35-39
67	118	Jason	Smoak	M	Rutherfordton	NC	34:41.5	11:10	50	5	M 50-54
68	5	Sandy	Austin	F	Forest City	NC	34:52.6	11:14	65	1	F 65-69
69	94	Jill	Prejeant	F	New Orleans	LA	35:00.5	11:16	44	4	F 40-44
70	62	Hannah	Hensley	F	Forest City	NC	35:42.4	11:30	28	1	F 25-29
71	49	Jessica	Goforth	F	Ellenboro	NC	35:55.8	11:34	32	5	F 30-34
72	2	Chris	Alexander	M	Rutherfordton	NC	35:58.5	11:35	55	2	M 55-59
73	27	Jennifer	Crain	F		NC	36:20.8	11:42	39	6	F 35-39
74	31	Norma	Devine	F	Rutherfordton	NC	36:41.6	11:49	60	1	F 60-64
75	25	Roscoe	Conn	M	Forest City	NC	37:20.1	12:01	57	3	M 55-59
76	107	Mike	Scruggs	M	Rutherfordton	NC	37:58.0	12:13	71	3	M 70-99
77	136	Elizabeth	Withrow	F	Ellenboro	NC	38:23.1	12:21	36	7	F 35-39
78	91	Laurence	Penrose	M	Bostic	NC	38:37.6	12:26	79	4	M 70-99
79	88	Anita	Mundy	F	Forest City	NC	38:53.9	12:31	50	2	F 50-54
80	34	Tammy	Emory	F	Duncan	SC	39:56.3	12:51	52	3	F 50-54
81	65	O.	Howard	M	Union Mills	NC	40:13.5	12:57	11	6	M 10-14

South of the Mountains 5K Trail Run 2020 Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-225976;perpage:100>

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
82	52	Shelby	Greene	F	Rutherfordton	NC	40:23.9	13:00	21	1	F 20-24
83	51	Michelle	Greene	F	Rutherfordton	NC	40:24.7	13:00	53	4	F 50-54
84	117	Sandy	Smith	F	Rutherfordton	NC	40:26.9	13:01	30	6	F 30-34
85	129	Billy	Wall	M	Forest City	NC	41:19.1	13:18	45	3	M 45-49
86	3	Jacob	Austin	M	Clarksville	FL	41:32.2	13:22	23	2	M 20-24
87	69	Brian	King	M	Lake Lure	NC	41:44.2	13:26	47	4	M 45-49
88	24	Bettina	Conn	F	Forest City	NC	42:37.2	13:43	60	2	F 60-64
89	96	Lari	Proconier	F	Charlotte	NC	42:45.6	13:46	59	4	F 55-59
90	76	S.	Lyda	M	Hendersonville	NC	42:57.9	13:50	10	7	M 10-14
91	75	Jack	Lyda	M	Hendersonville	NC	42:59.6	13:50	40	2	M 40-44
92	21	Niki	Coffin	F	Forest City	NC	43:01.2	13:51	40	5	F 40-44
93	606	Seth	Austin	M	Bostic	NC	43:50.7	14:07	31	3	M 30-34
94	56	C.	Hamrick	M	Bostic	NC	43:52.2	14:07	12	8	M 10-14
95	10	Barry	Beavers	M	Hendersonville	NC	46:20.4	14:55	65	1	M 65-69
96	4	Kristin	Austin	F	Bostic	NC	46:21.5	14:55	31	7	F 30-34
97	60	Debbie	Harsh	F	Bostic	NC	46:36.4	15:00	44	6	F 40-44
98	57	Dawna	Hamrick	F	Troutman	NC	47:10.3	15:11	56	5	F 55-59
99	127	D.	Toney	M	Rutherfordton	NC	47:18.5	15:14	11	9	M 10-14
100	104	Angel	Roberts	F	Rutherfordton	NC	47:20.9	15:14	41	7	F 40-44
101	28	Pamela	Crain	F		NC	53:51.8	17:20	54	5	F 50-54
102	105	Michelle	Sain	F		NC	53:51.8	17:20	30	8	F 30-34
103	22	Rebekah	Collins	F	Moore	SC	54:04.2	17:24	42	8	F 40-44
104	120	Karen	Sprouse	F	SHELBY	NC	54:12.8	17:27	57	6	F 55-59
105	123	S.	Stevens	M	Bostic	NC	54:46.5	17:38	12	10	M 10-14
106	122	Jacob	Stevens	M	Bostic	NC	54:46.7	17:38	13	11	M 10-14
107	100	Cassidy	Ramsey	F	Rutherfordton	NC	55:29.8	17:52	24	2	F 20-24
108	101	Lisa	Randall	F	Bostic		1:01:28	19:47	53	6	F 50-54

South of the Mountains 5K Trail Run 2020 Overall Results

Online Results: <https://runsignup.com/Race/Results/33762#resultSetId-225976;perpage:100>

<u>Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Gender</u>	<u>City</u>	<u>State</u>	<u>Time</u>	<u>Pace</u>	<u>Age</u>	<u>Div. Place</u>	<u>Division</u>
109	131	Xenia	Weakly	F	Raleigh	NC	1:08:12	21:57	18	3	F 15-19
110	77	Mary	Lynch	F		NC	1:25:08	27:24:00	67	2	F 65-69
111	40	Carol	Foil	F	Chesnee	SC	1:25:48	27:37:00	58	7	F 55-59
112	13	Penny	Bridges	F	Chesnee	SC	1:25:49	27:37:00	57	8	F 55-59

South of the Mountains 5K

Oct. 26, 2019

Overall Results

Online Results

<https://runsignup.com/Race/Results/33762/#resultSetId-177764;perpage:10>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div. Place	Division
1	497	Joseph	Salyers	M	Rutherfordton	NC	19:40.4	6:20	17	1	M Open
2	431	Carson	Gilliam	M	Forest City	NC	20:06.7	6:28	16	2	M Open
3	475	Caleb	Overman	M	Kings Mountain	NC	21:06.5	6:48	14	3	M Open
4	457	Rione	Konz	M	Moore	SC	21:11.2	6:49	15	1	M 15-19
5	428	Jennifer	Fisher	F	Columbus	NC	21:22.6	6:53	38	1	F Open
6	472	Russell	Mullis	M	Hickory	NC	21:23.3	6:53	14	1	M 10-14
7	498	Nick	Scholl	M	Colorado Springs	CO	21:42.0	6:59	22	1	M 20-24
8	499	Adam	Scott	M	Nebo	NC	22:01.0	7:05	39	1	M 35-39
9	555	Kyle	Hankinson	M			22:10.6	7:08	41	1	M Masters
10	549	Alexander	Carver-Robbins	M			22:21.6	7:12	17	2	M 15-19
11	525	Brett	Towery	M	Rutherfordton	NC	22:24.1	7:13	17	3	M 15-19
12	409	Vanessa	Boris	F	Marion	NC	22:28.8	7:14	35	2	F Open
13	556	Ivan	Graudszus	M			22:31.0	7:15	39	2	M 35-39
14	538	B.	Wilson	M	Bostic		22:51.3	7:21	10	2	M 10-14
15	550	Mark	Snyder	M			22:52.3	7:22	40	1	M 40-44
16	421	Turner	Cook	M	Casar	NC	23:32.1	7:35	13	3	M 10-14
17	468	James	Morrow	M	Ellenboro	NC	23:55.4	7:42	56	1	M 55-59
18	527	Timothy	Urbanic	M	Spindale	NC	24:23.8	7:51	27	1	M 25-29
19	517	Thomas	Tarker	M	Hendersonville	NC	24:33.3	7:54	50	1	M 50-54
20	411	Robert	Bruening	M	Hckeswagen	NW	24:35.5	7:55	47	1	M 45-49
21	539	C.	Wilson	M	Bostic	NC	24:53.5	8:01	8	1	M 1- 9
22	470	Chuck	Mullis	M	Hickory	NC	24:56.2	8:02	42	2	M 40-44
23	445	Kristen	Harwood	F			25:05.3	8:05	27	3	F Open
24	524	Ben	towery	M	Rutherfordton	NC	25:35.4	8:14	14	4	M 10-14
25	466	Morgan	Miskell	M	Shelby	NC	25:37.7	8:15	50	2	M 50-54
26	546	Andrew	Howard	M			25:38.4	8:15	45	2	M 45-49
27	520	Bryce	Thompson	M	Mill Spring	NC	25:43.0	8:17	16	4	M 15-19
28	500	E.	Scott	M	Nebo	NC	25:48.3	8:18	9	2	M 1- 9
29	533	Amanda	Whetstine	F	Shelby	NC	25:54.9	8:20	32	1	F 30-34
30	509	Ed	Somerville	M	Union Mills	NC	25:57.2	8:21	63	1	M 60-64
31	424	R.	Deal	M	Boone	NC	26:06.2	8:24	10	5	M 10-14

South of the Mountains 5K

Oct. 26, 2019

Overall Results

Online Results

<https://runsignup.com/Race/Results/33762/#resultSetId-177764;perpage:10>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div. Place	Division
32	423	Colleen	Deal	F	Boone	NC	26:08.4	8:25	43	1	F Masters
33	471	H.	Mullis	F	Hickory	NC	26:09.0	8:25	10	1	F 10-14
34	486	Rob	Procurier	M	Charlotte	NC	26:12.9	8:26	57	2	M 55-59
35	439	Haytham	Hamad	M	Naperville	IL	26:18.1	8:28	35	3	M 35-39
36	413	Phillip	Carlton	M	Shelby	NC	26:19.2	8:28	43	3	M 40-44
37	543	Sean	Wilson	M	Bostic	NC	26:38.9	8:35	50	3	M 50-54
38	542	Noelle	Wilson	F	Bostic	NC	26:42.7	8:36	13	2	F 10-14
39	447	Kelvin	Howard	M	Union Mills	NC	26:46.6	8:37	38	4	M 35-39
40	545	Steve	Harmon	M			27:09.5	8:44	52	4	M 50-54
41	529	Ian	Weakly	M	Raleigh	NC	27:17.7	8:47	45	3	M 45-49
42	469	Chris	Moss	M	Mill Spring	NC	27:18.2	8:47	47	4	M 45-49
43	449	Riley	Howard	M	Union Mills	NC	27:34.8	8:53	13	6	M 10-14
44	551	Andrew	Tisdale	M			27:58.0	9:00	41	4	M 40-44
45	496	Stacy	Rumfelt	F	Shelby	NC	27:59.0	9:00	50	1	F 50-54
46	503	Chasity	Sims	F	Forest City	NC	28:01.2	9:01	36	1	F 35-39
47	514	Denise	Strickland	F	Ellenboro	NC	28:27.2	9:09	56	1	F 55-59
48	501	Linda	Sellers	F	Rock Hill	SC	28:37.5	9:13	48	1	F 45-49
49	441	Timothy	Harmon	M	Shelby	NC	28:37.6	9:13	13	7	M 10-14
50	448	Renee	Howard	F	Union Mills	NC	28:39.2	9:13	38	2	F 35-39
51	505	Abby	Smith	F	Bostic	NC	28:51.9	9:17	20	1	F 20-24
52	494	Lisa	Rome	F	Lake Lure	NC	29:07.7	9:23	55	2	F 55-59
53	467	Ezra	Mohammed	M	Hendersonville	NC	29:46.9	9:35	14	8	M 10-14
54	446	Tyler	Herbst	M	Nebo	NC	29:51.6	9:37	23	2	M 20-24
55	515	Joey	Strickland	M	Ellenboro	NC	29:53.9	9:37	62	2	M 60-64
56	476	James	Overman	M	Kings Mountain	NC	30:03.7	9:41	55	3	M 55-59
57	408	Donald	Blanton	M	Mooresboro	NC	30:09.6	9:42	53	5	M 50-54
58	462	Emily	Lyda	F	Hendersonville	NC	30:25.4	9:48	39	3	F 35-39
59	513	Crystal	Stofko	F	Bostic	NC	30:30.3	9:49	39	4	F 35-39
60	432	Crystal	Glisson	F	Shelby	NC	30:34.0	9:50	37	5	F 35-39
61	433	J.	Glisson	M	Shelby	NC	30:35.8	9:51	9	3	M 1- 9
62	535	Vanessa	Wiig	F	Forest City	NC	30:36.9	9:51	37	6	F 35-39

South of the Mountains 5K

Oct. 26, 2019

Overall Results

Online Results

<https://runsignup.com/Race/Results/33762/#resultSetId-177764;perpage:10>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div. Place	Division
63	540	Courtney	Wilson	F	Shelby	NC	30:49.8	9:55	36	7	F 35-39
64	435	Ashley	Greene	F	Ellenboro	NC	30:51.4	9:56	34	2	F 30-34
65	474	E.	Nivens	M	Nebo	NC	31:00.3	9:59	10	9	M 10-14
66	521	L.	Thompson	M	forest city	NC	31:05.4	10:00	12	10	M 10-14
67	463	S.	Lyda	M	Hendersonville	NC	31:17.4	10:04	9	4	M 1- 9
68	406	Sandy	Austin	F	Forest City	NC	31:22.5	10:06	64	1	F 60-64
69	480	Melissa	Penson	F	Ellenboro	NC	31:31.9	10:09	47	2	F 45-49
70	460	Missy	Lovelace	F	Rutherfordton	NC	31:47.9	10:14	48	3	F 45-49
71	531	Jane	Weast	F	Rutherfordton	NC	31:48.5	10:14	50	2	F 50-54
72	507	Hannah	Smith	F	Bostic	NC	31:58.7	10:18	27	1	F 25-29
73	450	Ellen	Jenkins	F	Shelby	NC	31:58.8	10:18	54	3	F 50-54
74	552	Jeff	Bennett	M			32:10.9	10:21	57	4	M 55-59
75	518	Maxine	Taylor	F	Rutherfordton	NC	32:12.5	10:22	54	4	F 50-54
76	438	Alicia	Guardado	F	Nebo	NC	32:17.9	10:24	15	1	F 15-19
77	455	Kevin	Konz	M	Moore	SC	32:22.0	10:25	49	5	M 45-49
78	464	Mary	McAfee	F	Union Mills	NC	32:30.7	10:28	37	8	F 35-39
79	532	Sandy	Weast	F	Rutherfordton	NC	33:31.6	10:47	29	2	F 25-29
80	461	E.	Lyda	F	Hendersonville	NC	33:54.0	10:55	12	3	F 10-14
81	412	N.	Buckner	F	Nebo	NC	33:56.8	10:56	8	1	F 1- 9
82	493	Bruce	Rome	M	Lake Lure	NC	34:21.2	11:03	67	1	M 65-69
83	510	Emily	Spencer	F	Newland	NC	34:33.1	11:07	26	3	F 25-29
84	465	Lesley	McKee	F	Newland	NC	34:33.2	11:07	33	3	F 30-34
85	506	Callie	Smith	F	Columbia	SC	34:46.2	11:11	41	1	F 40-44
86	504	Shannon	Sims	F	Forest City	NC	35:28.5	11:25	38	9	F 35-39
87	404	M.	Arender	M	Forest City	NC	36:19.4	11:41	6	5	M 1- 9
88	478	Clarissa	Parker	F	Shelby	NC	36:23.1	11:43	44	2	F 40-44
89	522	D.	Toney	M	Rutherfordton	NC	36:36.0	11:47	10	11	M 10-14
90	541	Jennifer	Wilson	F	Bostic	NC	36:51.2	11:52	41	3	F 40-44
91	420	Roscoe	Conn	M	Forest City	NC	37:04.6	11:56	56	5	M 55-59
92	479	Robin	Parker	F	Shelby	NC	37:30.3	12:04	54	5	F 50-54
93	403	D.	Arender	M	Forest City	NC	37:56.5	12:13	12	12	M 10-14

South of the Mountains 5K

Oct. 26, 2019

Overall Results

Online Results

<https://runsignup.com/Race/Results/33762/#resultSetId-177764;perpage:10>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div. Place	Division
94	554	Taylor	Coles	F			38:09.8	12:17	22	2	F 20-24
95	553	Larissa	Coles	F			38:25.1	12:22	46	4	F 45-49
96	434	Melissa Jill	Graudszus	F	Rutherfordton	NC	38:32.9	12:24	40	4	F 40-44
97	456	Ladia	Konz	F	Moore	SC	38:37.0	12:26	50	6	F 50-54
98	477	Melissa	Owens	F	Rutherfordton	NC	39:07.9	12:36	38	10	F 35-39
99	405	Keith	Atkins	M	Forest City	NC	39:27.6	12:42	56	6	M 55-59
100	523	Sheila	Toney	F	Forest City	NC	40:11.2	12:56	52	7	F 50-54
101	508	Robin	Smith	F	Bostic	NC	40:29.0	13:02	57	3	F 55-59
102	451	Pamela	Jolley	F	Marion	NC	41:20.0	13:18	61	2	F 60-64
103	530	Xenia	Weakly	F	Raleigh	NC	41:34.2	13:23	17	2	F 15-19
104	547	W.	Howard	M			41:48.7	13:27	11	13	M 10-14
105	548	Lloyd	Howard	M			41:50.1	13:28	73	1	M 70-99
106	419	Bettina	Conn	F	Forest City	NC	42:26.9	13:40	59	4	F 55-59
107	458	Lacy	Lasher	F	Nebo	NC	43:09.4	13:53	13	4	F 10-14
108	492	Angel	Roberts	F	Rutherfordton	NC	43:11.9	13:54	40	5	F 40-44
109	427	Tammy	Emory	F	Duncan	SC	43:17.9	13:56	51	8	F 50-54
110	401	CHRIS	ALEXANDER	M	Rutherfordton	NC	43:37.3	14:02	54	6	M 50-54
111	473	Anita	Mundy	F	Forest City	NC	43:57.2	14:09	49	5	F 45-49
112	410	D.	Bowman	M	Nebo	NC	44:35.5	14:21	10	14	M 10-14
113	487	Cassidy	Ramsey	F	Rutherfordton	NC	44:56.3	14:28	23	3	F 20-24
114	557	Tom	Calton	M			45:44.3	14:43	49	6	M 45-49
115	436	Michelle	Greene	F	Rutherfordton	NC	46:06.6	14:50	52	9	F 50-54
116	558	S.	Calton	M			46:15.0	14:53	11	15	M 10-14
117	416	H.	Clifton	F	Rutherfordton	NC	46:15.6	14:53	9	2	F 1- 9
118	417	kristin	Clifton	F	Rutherfordton	NC	46:26.0	14:57	31	4	F 30-34
119	442	Debbie	Harsh	F	Ellenboro	NC	46:31.7	14:59	43	6	F 40-44
120	544	Elizabeth	Withrow	F	Ellenboro	NC	47:15.4	15:13	35	11	F 35-39
121	491	K.	Riddle	F	Nebo	NC	48:43.0	15:41	12	5	F 10-14
122	490	H.	Riddle	F	Nebo	NC	49:04.6	15:48	11	6	F 10-14
123	402	Rhonda	Allen	F	Mooresboro	NC	49:08.2	15:49	52	10	F 50-54
124	511	J.	Stevens	M	Bostic	NC	50:11.7	16:09	12	16	M 10-14

South of the Mountains 5K

Oct. 26, 2019

Overall Results

Online Results

<https://runsignup.com/Race/Results/33762/#resultSetId-177764;perpage:10>

Place	Bib	First Name	Last Name	Gender	City	State	Time	Pace	Age	Div. Place	Division
125	512	S.	Stevens	M	Bostic	NC	50:11.9	16:09	11	17	M 10-14
126	485	Lari	Procnier	F	Charlotte	NC	50:19.5	16:12	58	5	F 55-59
127	502	Shannon	Shytle	F	Moorestown	NC	51:11.2	16:29	45	6	F 45-49
128	429	Jared	Gibson	M	Nebo	NC	51:57.5	16:43	14	18	M 10-14
129	418	Rebekah	Collins	F	Moore	SC	52:08.3	16:47	41	7	F 40-44
130	534	Jessi	Whiteside	F	Huntersville	NC	00:55.6	19:37	22	4	F 20-24
131	484	Eric	Procnier	M	Huntersville	NC	00:58.0	19:37	22	3	M 20-24
132	488	Lisa	Randall	F			07:00.1	21:34	52	11	F 50-54

South of the Mountain

5K Run

Overall Finish List

November 03, 2018

Results By [Its About Time](#)

Place	Name	City	Bib No	Age	Gender	Age Group	Total Time	Pace
1	Carson Gilliam	Forest City NC	240	15	M	1 Open	20:07.1	6:29/M
2	Jennifer Fisher	Columbus NC	239	37	F	1 Open	20:39.2	6:40/M
3	Josh Dow		229	29	M	2 Open	21:40.2	6:59/M
4	Sara Hartman	Forest City NC	250	38	F	2 Open	22:28.7	7:15/M
5	Curtis Beason	Shelby NC	211	30	M	3 Open	22:59.1	7:25/M
6	Bryce Thompson	Mill Spring NC	330	15	M	1 15-19	23:23.9	7:33/M
7	Morgan Miskell	Shelby NC	278	50	M	1 Masters	23:45.3	7:40/M
8	Kendawa Ruckman	Morganton NC	312	38	M	1 35-39	23:50.5	7:41/M
9	Russell Mullis	Hickory NC	288	13	M	1 10-14	23:51.3	7:42/M
10	Benjamin Urfer	Asheville NC	335	44	M	1 40-44	23:58.6	7:44/M
11	Larry Curtis	Forest City NC	224	58	M	1 55-59	24:16.1	7:50/M
12	Doug Miller	Bostic NC	277	67	M	1 65-69	24:21.9	7:51/M
13	Kelvin Howard	Union Mills NC	253	37	M	2 35-39	24:24.0	7:52/M
14	Zachary Beard	Maiden NC	210	13	M	2 10-14	24:37.0	7:56/M
15	Ian Weakly	Raleigh NC	337	44	M	2 40-44	24:48.2	8:00/M
16	April Kennedy	Cherryville NC	261	37	F	3 Open	24:48.6	8:00/M
17	Tim Lovelace	Mooreboro NC	271	53	M	1 50-54	25:16.7	8:09/M
18	Chuck Mullis	Hickory NC	287	41	M	3 40-44	25:23.8	8:11/M
19	Ashley Lowery		351	33	F	1 30-34	25:54.1	8:21/M
20	David Bridges		359	58	M	2 55-59	25:57.1	8:22/M
21	Rob Proconier	Charlotte NC	303	56	M	3 55-59	26:06.1	8:25/M
22	Phillip Carlton		355	41	M	4 40-44	26:06.7	8:25/M
23	Ian Bekesi		358	13	M	3 10-14	26:15.8	8:28/M
24	Chris Eason	Gastonia NC	232	56	M	4 55-59	26:17.4	8:29/M
25	Aaron Williams	Maiden NC	347	44	M	5 40-44	26:57.5	8:42/M
26	Barry Hill	Bostic NC	251	51	M	2 50-54	26:58.4	8:42/M
27	Amanda Whetstine	Shelby NC	342	31	F	2 30-34	27:15.5	8:47/M
28	Renee Howard	Union Mills NC	254	38	F	1 35-39	27:46.0	8:57/M
29	Terri Wells	Rutherfordton NC	341	52	F	1 Masters	27:56.2	9:01/M
30	Joe Beard	Maiden NC	209	45	M	1 45-49	28:15.0	9:07/M
31	Collin Bekesi	Mooreboro NC	212	18	M	2 15-19	28:20.7	9:08/M
32	Dawson Hardin	Ellenboro NC	248	12	M	4 10-14	28:55.1	9:20/M
33	Trevor Morrisette	Kings Mountain NC	286	47	M	2 45-49	29:24.4	9:29/M
34	Braeden Morrisette	Kings Mountain NC	285	8	M	1 1- 9	29:26.2	9:30/M
35	Dylan Chapman	Forest City NC	220	24	M	1 20-24	29:26.5	9:30/M
36	Denise Strickland	Ellenboro NC	325	55	F	1 55-59	29:49.4	9:37/M
37	Kenneth Bender	Charlotte NC	213	66	M	2 65-69	29:51.3	9:38/M
38	Riley Howard	Union Mills NC	255	12	M	5 10-14	30:04.0	9:42/M
39	Stacy Rumpfelt	Shelby NC	313	49	F	1 45-49	30:14.7	9:45/M
40	Julian Bekesi		357	10	F	1 10-14	30:16.4	9:46/M
41	Ashley Greene	Ellenboro NC	242	33	F	3 30-34	30:17.8	9:46/M
42	Paola Buitrago	Bostic NC	217	41	F	1 40-44	30:22.1	9:48/M
43	Kevin Jones	Lake Lure NC	259	43	M	6 40-44	30:55.9	9:58/M
44	Chasity Sims	Forest City NC	319	35	F	2 35-39	31:09.4	10:03/M
45	Sandy Smith	Rutherfordton NC	322	28	F	1 25-29	31:43.2	10:14/M
46	MaKayla Gardner		354	13	F	2 10-14	31:49.6	10:16/M
47	Courtney Wilson	Shelby NC	348	35	F	3 35-39	31:50.5	10:16/M
48	Crystal Glisson	Shelby NC	241	36	F	4 35-39	31:50.5	10:16/M
49	Ezra Mohammed	Hendersonville NC	279	13	M	6 10-14	32:05.7	10:21/M
50	Ellen Jenkins	Shelby NC	257	53	F	1 50-54	32:09.9	10:22/M
51	Cindy McDaniel	Bostic NC	276	49	F	2 45-49	32:12.8	10:23/M
52	Donald Blanton	Mooreboro NC	214	52	M	3 50-54	32:22.8	10:26/M
53	Joey Strickland	Ellenboro NC	326	61	M	1 60-64	32:24.4	10:27/M
54	Eric Wells	Rutherfordton NC	340	52	M	4 50-54	32:25.6	10:27/M
55	Kelly Blend	Rutherfordton NC	215	30	F	4 30-34	32:25.7	10:27/M
56	Vanessa Wiig	Forest City NC	343	36	F	5 35-39	32:42.0	10:33/M
57	Stephanie Epley	Forest City NC	238	42	F	2 40-44	32:46.6	10:34/M
58	Amber Jones	Seattle WA	258	34	F	5 30-34	32:49.5	10:35/M
59	Annie Luckadoo	Shelby NC	272	22	F	1 20-24	32:50.2	10:35/M
60	Jane Weast	Rutherfordton NC	339	49	F	3 45-49	33:04.1	10:40/M
61	Tim Hepler		350	57	M	5 55-59	33:18.7	10:45/M

62	Samuel Lyda	Hendersonville NC	275	8	M	2 1- 9	33:36.9	10:50/M
63	Emily Lyda	Hendersonville NC	274	38	F	6 35-39	33:38.7	10:51/M
64	Allison Lail	Landrum SC	263	55	F	2 55-59	33:47.3	10:54/M
65	Sandy Austin	Forest City NC	204	63	F	1 60-64	33:54.3	10:56/M
66	Sam Smith	Greer SC	352	64	M	2 60-64	34:02.0	10:59/M
67	Maxine Taylor	Rutherfordton NC	329	53	F	2 50-54	34:02.7	10:59/M
68	Melissa Penson	Ellenboro NC	296	46	F	4 45-49	34:06.7	11:00/M
69	Keith Atkins	Forest City NC	203	55	M	6 55-59	34:20.4	11:05/M
70	Aiden Burdge	Ellenboro NC	218	12	M	7 10-14	34:39.0	11:11/M
71	Jason Willette	Bostic NC	346	38	M	3 35-39	34:45.6	11:13/M
72	Robin Parker	Shelby NC	292	53	F	3 50-54	34:53.9	11:15/M
73	Jeanne Ellis	Shelby NC	233	58	F	3 55-59	35:39.1	11:30/M
74	Bethany Sheridan	Forest City NC	316	14	F	3 10-14	35:40.6	11:30/M
75	Carrie Lovelace	Rutherfordton NC	269	25	F	2 25-29	36:23.1	11:44/M
76	Ken Lail	Landrum SC	264	57	M	7 55-59	37:44.6	12:10/M
77	Dana Bradley	Rutherfordton NC	216	37	F	7 35-39	37:48.4	12:12/M
78	Emma Kay Lewis	Mount Olive NC	268	57	F	4 55-59	38:11.3	12:19/M
79	Lari Procuiner	Charlotte NC	302	57	F	5 55-59	38:11.7	12:19/M
80	Billy Wall	Forest City NC	336	43	M	7 40-44	38:21.3	12:22/M
81	Brenda Hoye	Chesnee SC	256	45	F	5 45-49	39:18.7	12:41/M
82	Adam Petit	Forest City NC	297	35	M	4 35-39	39:28.2	12:44/M
83	Norma Devine	Rutherfordton NC	226	58	F	6 55-59	40:04.2	12:55/M
84	Sam Banfield	Forest City NC	205	31	M	1 30-34	40:04.8	12:55/M
85	Michael Parker	New Smyrna Beach F	291	68	M	3 65-69	40:09.1	12:57/M
86	Scott Barr	Taylors SC	208	49	M	3 45-49	40:25.8	13:02/M
87	Anderson Pritchard	Rutherfordton NC	300	8	M	3 1- 9	41:11.7	13:17/M
88	Tammy Emory	Duncan SC	234	50	F	4 50-54	41:44.8	13:28/M
89	Michelle Gref	Rutherfordton NC	246	43	F	3 40-44	41:53.0	13:31/M
90	Marisa Jones	Lake Lure NC	260	7	F	1 1- 9	42:45.3	13:47/M
91	Angel Roberts	Rutherfordton NC	309	39	F	8 35-39	42:58.1	13:52/M
92	Rachael Pritchard	Rutherfordton NC	301	32	F	6 30-34	43:15.0	13:57/M
93	Colleen Parker	New Smyrna Beach F	290	71	F	1 70-99	43:22.4	13:59/M
94	Bettina Conn	Forest City NC	222	58	F	7 55-59	43:36.6	14:04/M
95	Jimmy Banner	Morganton NC	207	72	M	1 70-99	43:46.7	14:07/M
96	Liam Enloe	Rutherfordton NC	237	8	M	4 1- 9	44:03.3	14:13/M
97	Jessica Enloe	Rutherfordton NC	236	26	F	3 25-29	44:03.6	14:13/M
98	Michelle Greene	Rutherfordton NC	243	51	F	5 50-54	44:04.4	14:13/M
99	Leigh Harris	Ellenboro NC	249	38	F	9 35-39	44:06.2	14:14/M
100	Angel Willette	Bostic NC	344	20	M	2 20-24	45:01.1	14:31/M

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Age_Group</u>	<u>Total Time</u>	<u>Pace</u>
101	Chris Alexander		360	53	M	5 50-54	45:01.7	14:31/M
102	Cassidy Ramsey	Rutherfordton NC	305	22	F	2 20-24	45:07.5	14:33/M
103	elizabeth withrow	Ellenboro NC	349	34	F	7 30-34	45:42.8	14:45/M
104	Bill Hodge		356	67	M	4 65-69	45:56.2	14:49/M
105	Ashlynn Alexander	Mooreboro NC	201	18	F	1 15-19	46:21.5	14:57/M
106	Dustin Roper	Spindale NC	311	31	M	2 30-34	46:22.2	14:57/M
107	Gailann Leichty	Chesnee SC	266	69	F	1 65-69	46:25.5	14:58/M
108	Jacob Petri	Bostic NC	298	39	M	5 35-39	46:53.9	15:07/M
109	Elizabeth Travis	Forest City NC	333	40	F	4 40-44	47:12.9	15:14/M
110	David Sheridan	Forest City NC	317	20	M	3 20-24	48:58.5	15:48/M
111	Joshua Dill	Forest City NC	227	30	M	3 30-34	49:15.3	15:53/M
112	kelsey shipman	Forest City NC	318	35	F	10 35-39	49:50.7	16:05/M
113	Libby Travis	Forest City NC	334	62	F	2 60-64	50:09.2	16:11/M
114	Jessica Newton	Casar NC	289	32	F	8 30-34	50:40.0	16:21/M
115	Karen Parks	Rutherfordton NC	293	43	F	5 40-44	52:21.7	16:53/M
116	Michelle Gardner		353	37	F	11 35-39	52:21.7	16:53/M
117	Rebekah Collins	Moore SC	221	40	F	6 40-44	53:40.7	17:19/M
118	Nickie Arender	Forest City NC	202	35	F	12 35-39	53:46.5	17:21/M
119	Dean Arender		361	51	M	6 50-54	53:49.4	17:22/M
120	Elba Willette	Bostic NC	345	40	F	7 40-44	55:45.3	17:59/M
121	Xenia Weakly	Raleigh NC	338	16	F	2 15-19	56:53.2	18:21/M
122	Ann Holt	Boiling Springs SC	252	69	F	2 65-69	57:23.3	18:31/M
123	Richard Molina	Ellenboro NC	283	6	M	5 1- 9	58:20.3	18:49/M
124	Nessa Romney	Ellenboro NC	310	7	F	2 1- 9	58:20.7	18:49/M
125	Carmen Molina	Ellenboro NC	280	8	F	3 1- 9	58:21.0	18:49/M
126	Lisa LeVert-Weakly	Raleigh NC	267	46	F	6 45-49	1:04:33.2	20:49/M
127	Jessica Shahan	Forest City NC	314	31	F	9 30-34	1:13:13.9	23:37/M
128	Ash'Leigh Patito	Forest City NC	294	32	F	10 30-34	1:13:14.1	23:37/M
129	Matthew Patito	Forest City NC	295	34	M	4 30-34	1:13:14.4	23:37/M
130	J. Scott Banner	Morganton NC	206	50	M	7 50-54	1:24:32.1	27:16/M

**South of the Mountains 5K
2017 Overall Results**

Place	Name		Age	Gender	Age Group	Time	Pace
1	Jonathan Thacker		38	M	1 Overall	19:14.7	6:12/M
2	Travis Morgan		37	M	2 Overall	20:13.3	6:31/M
3	Roberto Gonzalez		46	M	3 Overall	20:14.8	6:32/M
4	Evan Canfield		30	M	1 30-34	20:33.6	6:38/M
5	Dylan Scruggs		22	M	1 20-24	21:00.3	6:46/M
6	Reese Salen		21	M	2 20-24	21:12.1	6:50/M
7	Tyler Champion		16	M	1 15-19	21:12.6	6:50/M
8	Max Carlson		12	M	1 14-Jan	21:23.7	6:54/M
9	Joe Jessen		40	M	1 Ma	21:29.9	6:56/M
10	Mark Snyder		37	M	1 35-39	21:32.7	6:57/M
11	Chris Rivera		23	M	3 20-24	22:04.9	7:07/M
12	Amy Edelstein		39	F	1 Overall	22:09.9	7:09/M
13	Adam Scott		36	M	2 35-39	22:27.3	7:15/M
14	Rick Carlson		44	M	1 40-44	22:37.0	7:18/M
15	Curtis Beason		28	M	1 25-29	22:56.4	7:24/M
16	Kelvin Howard		35	M	3 35-39	23:15.6	7:30/M
17	Avery Champion		15	M	2 15-19	23:34.9	7:36/M
18	Anthony Marciano		29	M	2 25-29	23:48.5	7:41/M
19	Ricardo Gonzalez		19	M	3 15-19	23:53.1	7:42/M
20	Duane Boyer		44	M	2 40-44	23:54.1	7:43/M
21	James Morrow		53	M	1 50-54	24:08.8	7:47/M
22	Nyah Carlson		15	F	2 Overall	24:09.5	7:47/M
23	Mitchell Rippy		54	M	2 50-54	24:24.0	7:52/M
24	Chuck Lindsay		59	M	1 55-59	24:31.5	7:55/M
25	Jeffrey Blehar		41	M	3 40-44	24:36.8	7:56/M
26	Larry Curtis		56	M	2 55-59	24:50.6	8:01/M
27	Tim Lovelace		51	M	3 50-54	25:03.5	8:05/M
28	Brett Towery		14	M	2 14-Jan	25:06.4	8:06/M
29	Charley Melton		45	M	1 45-49	25:08.1	8:06/M
30	Ryan Hodge		31	M	2 30-34	25:23.8	8:11/M
31	David Cook		50	M	4 50-54	25:30.4	8:14/M
32	Chase Hildebran		12	M	3 14-Jan	25:37.0	8:16/M
33	Buitrago Paoia		39	F	3 Overall	25:39.8	8:16/M
34	Freda Jessen		40	F	1 Ma	25:43.0	8:18/M
35	KEVIN JEWETT		55	M	3 55-59	25:52.8	8:21/M
36	Thomas Tarker		47	M	2 45-49	26:12.7	8:27/M
37	Lauren Hutchins		32	F	1 30-34	26:20.6	8:30/M
38	Lucas Mayse		14	M	4 14-Jan	26:25.5	8:31/M
39	Phillip McBrayer		31	M	3 30-34	26:34.3	8:34/M
40	Nicholas Elton		27	M	3 25-29	26:38.2	8:35/M
41	Mary Heuser		31	F	2 30-34	26:41.3	8:36/M

**South of the Mountains 5K
2017 Overall Results**

Place	Name		Age	Gender	Age Group	Time	Pace
42	Chris	Baughman	31	M	4 30-34	26:52.1	8:40/M
43	Kenneth	Bender	64	M	1 60-64	26:52.4	8:40/M
44	Barry	Hill	49	M	3 45-49	27:09.1	8:45/M
45	Renee	Howard	36	F	1 35-39	27:10.0	8:46/M
46	Ben	Towery	11	M	5 14-Jan	28:23.2	9:09/M
47	Amanda	Whetstine	29	F	1 25-29	28:23.3	9:09/M
48	Heather	Grove	24	F	1 20-24	28:23.6	9:09/M
49	Chuck	Mullis	39	M	4 35-39	28:59.7	9:21/M
50	Vivian	Bracebridge	11	F	1 14-Jan	29:07.0	9:24/M
51	Lauren	Bennett	15	F	1 15-19	29:07.5	9:24/M
52	Jerry	Ellison	12	M	6 14-Jan	29:28.5	9:30/M
53	Jeff	Bennett	53	M	5 50-54	30:06.9	9:43/M
54	Joe	Beard	43	M	4 40-44	30:07.9	9:43/M
55	Abby	Smith	17	F	2 15-19	30:23.6	9:48/M
56	Laurence	Penrose	75	M	1 70-99	30:31.8	9:51/M
57	Sheila	Dobbins	46	F	1 45-49	30:42.6	9:54/M
58	Brian	Robertson	38	M	5 35-39	30:50.9	9:57/M
59	Sandy	Austin	61	F	1 60-64	30:51.8	9:57/M
60	Melissa	Tate	45	F	2 45-49	30:57.4	9:59/M
61	Callie	Smith	38	F	2 35-39	31:12.2	10:04/M
62	Keilah	Ruppe	36	F	3 35-39	31:35.2	10:11/M
63	Nathan	Gunn	12	M	7 14-Jan	31:36.1	10:12/M
64	Chery	Smith	42	F	1 40-44	31:41.9	10:13/M
65	Brooklyn	Henderson	15	F	3 15-19	31:51.6	10:16/M
66	Brooks	Medford	26	M	4 25-29	31:51.7	10:16/M
67	Olivia	Akers	12	F	2 14-Jan	31:56.9	10:18/M
68	Sam	Akers	51	M	6 50-54	31:57.1	10:18/M
69	Carrie	Lovelace	23	F	2 20-24	31:57.8	10:18/M
70	Lisa	Rome	52	F	1 50-54	32:01.3	10:20/M
71	Brian	King	43	M	5 40-44	32:07.8	10:22/M
72	Amanda	McBrayer	28	F	2 25-29	32:26.1	10:28/M
73	Bruce	Rome	64	M	2 60-64	32:36.8	10:31/M
74	Joshua	Griffin	21	M	4 20-24	32:46.3	10:34/M
75	Alex	Beaumont	36	M	6 35-39	32:51.7	10:36/M
76	Jenna	Boyer	14	F	3 14-Jan	32:58.0	10:38/M
77	Rhonda	Lovelace	49	F	3 45-49	33:14.4	10:43/M
78	Robin	Parker	51	F	2 50-54	33:22.0	10:46/M
79	Sharon	Jacob	49	F	4 45-49	34:00.1	10:58/M
80	Keith	Atkins	53	M	7 50-54	34:18.3	11:04/M
81	Naomi	Weidemann	10	F	4 14-Jan	34:19.7	11:04/M
82	Kathleen	Andrews	58	F	1 55-59	34:31.9	11:08/M

**South of the Mountains 5K
2017 Overall Results**

Place	Name		Age	Gender	Age Group	Time	Pace
83	Callie	Luckadoo	23	F	3 20-24	34:36.0	11:10/M
84	Annie	Luckadoo	20	F	4 20-24	34:36.0	11:10/M
85	Stephanie	Beaumont	38	F	4 35-39	34:44.2	11:12/M
86	Dana	Bradley	35	F	5 35-39	34:57.5	11:16/M
87	Deanne	Avery	38	F	6 35-39	34:58.9	11:17/M
88	Tia	Houser	11	F	5 14-Jan	36:00.2	11:37/M
89	Sage	Curry	12	M	8 14-Jan	36:00.2	11:37/M
90	Alisha	Mullenax	25	F	3 25-29	36:08.7	11:39/M
91	Jane	Weast	47	F	5 45-49	36:11.7	11:40/M
92	Sam	Harrod	67	M	1 65-69	36:27.3	11:45/M
93	Sherri	Meinert	31	F	3 30-34	37:18.6	12:02/M
94	Elnora	Thompson	68	F	1 65-69	37:22.3	12:03/M
95	Porscha Street	Elton	25	F	4 25-29	37:34.4	12:07/M
96	Adam	Petit	33	M	5 30-34	38:07.0	12:18/M
97	Sam	Banfield	29	M	5 25-29	38:07.1	12:18/M
98	Leah	Taylor	47	F	6 45-49	38:38.8	12:28/M
99	Susan	Robinson	50	F	3 50-54	38:44.2	12:30/M
100	David	Messenger	41	M	6 40-44	38:50.3	12:32/M
101	Joseph	Sanford	38	M	7 35-39	38:56.3	12:34/M
102	Trinity	Robertson	12	F	6 14-Jan	39:07.2	12:37/M
103	Anna	Toney	10	F	7 14-Jan	39:19.6	12:41/M
104	Lexi	Wheatley	14	F	8 14-Jan	39:19.9	12:41/M
105	Karissa	Forney	12	F	9 14-Jan	39:20.6	12:41/M
106	Leslie	Taylor	42	F	2 40-44	39:23.4	12:42/M
107	Cathen	Curry	10	M	9 14-Jan	39:27.1	12:44/M
108	Elizabeth	Causby	29	F	5 25-29	39:37.4	12:47/M
109	Ginger	Hutcherson	57	F	2 55-59	40:03.0	12:55/M
110	Delee	Marciano	32	F	4 30-34	40:13.2	12:58/M
111	Yvonne	Vance	50	F	4 50-54	40:14.8	12:59/M
112	Chloe	Smith	16	F	4 15-19	40:56.3	13:12/M
113	Bobbi	Hodge	30	F	5 30-34	41:16.7	13:19/M
114	Stephanie	Murray	30	F	6 30-34	41:16.8	13:19/M
115	Stephen	Jarriel	40	M	7 40-44	41:56.9	13:32/M
116	Melissa	Howard	26	F	6 25-29	42:01.8	13:33/M
117	Andrew	Toney	7	M	10 14-Jan	42:01.8	13:33/M
118	Laura	Jarriel	28	F	7 25-29	42:32.3	13:43/M
119	Sierra	Barrier	12	F	10 14-Jan	42:34.6	13:44/M
120	Rabecca	Lindig	30	F	7 30-34	42:46.1	13:48/M
121	Samantha	Hawkins	21	F	5 20-24	42:47.8	13:48/M
122	Donald	Crawford	65	M	2 65-69	42:47.8	13:48/M
123	Wendi	Carter	54	F	5 50-54	43:21.1	13:59/M

South of the Mountains 5K
2017 Overall Results

Place	Name		Age	Gender	Age Group	Time	Pace
124	Tosha Cole		36	F	7 35-39	43:21.8	13:59/M
125	Tina Weidemann		46	F	7 45-49	43:22.5	13:59/M
126	Angela Steed		42	F	3 40-44	43:37.3	14:04/M
127	Mary Jane Downs		60	F	2 60-64	43:40.6	14:05/M
128	Anita Mundy		46	F	8 45-49	43:43.6	14:06/M
129	Keith Potter		48	M	4 45-49	44:44.3	14:26/M
130	Megan O'Shields		7	F	11 14-Jan	44:50.7	14:28/M
131	Robin Smith		54	F	6 50-54	44:50.9	14:28/M
132	Sue Robertson		67	F	2 65-69	45:01.1	14:31/M
133	Vanessa Wiig		34	F	8 30-34	45:37.2	14:43/M
134	Teresa Marshall		40	F	4 40-44	45:37.7	14:43/M
135	Michelle Kramer		34	F	9 30-34	47:05.8	15:11/M
136	Matthew Kramer		41	M	8 40-44	47:05.9	15:11/M
137	Charles Anderson		19	M	4 15-19	47:39.8	15:22/M
138	Sandy Smith		26	F	8 25-29	48:10.3	15:32/M
139	Elizabeth Withrow		32	F	10 30-34	48:15.7	15:34/M
140	Jody Hamm		47	F	9 45-49	48:40.5	15:42/M
141	Lisa Curtis		55	F	3 55-59	49:13.8	15:53/M
142	Ron Huntsberger		67	M	3 65-69	49:37.9	16:00/M
143	Ann Holt		67	F	3 65-69	50:29.1	16:17/M
144	Terry Toney		48	F	10 45-49	52:20.1	16:53/M
145	Rebekah Collins		38	F	8 35-39	52:27.4	16:55/M
146	Bill Hodge		65	M	4 65-69	52:35.0	16:58/M
147	Linda Hodge		67	F	4 65-69	52:35.1	16:58/M
148	Kellie Spurlin		28	F	9 25-29	52:43.5	17:00/M
149	Autumn Ashmore		36	F	9 35-39	52:51.2	17:03/M
150	Christin Corriher-Duffell		34	F	11 30-34	53:48.8	17:21/M
151	Edward Marciano		28	M	6 25-29	53:48.8	17:21/M
152	John Miracle		59	M	4 55-59	53:55.5	17:24/M
153	Jill Miracle		57	F	4 55-59	53:55.6	17:24/M
154	Peggy Glanz		72	F	1 70-99	56:19.5	18:10/M
155	Lisa Bradley		41	F	5 40-44	56:31.1	18:14/M
156	Charlie Bradley		44	M	9 40-44	56:32.0	18:14/M
157	Courtney Atkins		24	F	6 20-24	57:45.2	18:38/M
158	Wanda Bates		41	F	6 40-44	57:45.8	18:38/M
159	Barbara Smith		72	F	2 70-99	58:53.0	19:00/M
160	John Smith		75	M	2 70-99	59:05.1	19:04/M
161	Shelly Henderson		45	F	11 45-49	01:05.6	19:42/M
162	Tina Murray		48	F	12 45-49	01:06.3	19:43/M
163	Rebeca Viveros		12	F	12 14-Jan	04:28.6	20:48/M
164	Rebekah Taylor		10	F	13 14-Jan	04:29.3	20:48/M

**South of the Mountains 5K
2017 Overall Results**

Place	Name		Age	Gender	Age Group	Time	Pace
165	Charlie	Bracebridge	41	M	10 40-44	05:29.6	21:07/M
166	Lisa	Hawk	52	F	7 50-54	05:30.8	21:08/M

South of the Moutains 5K
2016 Overall Results

Place	Name		Age	Gend	Age Group	Time	Pace
1	Jonathan Thacker		38	M	1 Overall	19:14.7	6:12/M
2	Travis Morgan		37	M	2 Overall	20:13.3	6:31/M
3	Roberto Gonzalez		46	M	3 Overall	20:14.8	6:32/M
4	Evan Canfield		30	M	1 30-34	20:33.6	6:38/M
5	Dylan Scruggs		22	M	1 20-24	21:00.3	6:46/M
6	Reese Salen		21	M	2 20-24	21:12.1	6:50/M
7	Tyler Champion		16	M	1 15-19	21:12.6	6:50/M
8	Max Carlson		12	M	1 1-14	21:23.7	6:54/M
9	Joe Jessen		40	M	1 Ma	21:29.9	6:56/M
10	Mark Snyder		37	M	1 35-39	21:32.7	6:57/M
11	Chris Rivera		23	M	3 20-24	22:04.9	7:07/M
12	Amy Edelstein		39	F	1 Overall	22:09.9	7:09/M
13	Adam Scott		36	M	2 35-39	22:27.3	7:15/M
14	Rick Carlson		44	M	1 40-44	22:37.0	7:18/M
15	Curtis Beason		28	M	1 25-29	22:56.4	7:24/M
16	Kelvin Howard		35	M	3 35-39	23:15.6	7:30/M
17	Avery Champion		15	M	2 15-19	23:34.9	7:36/M
18	Anthony Marciano		29	M	2 25-29	23:48.5	7:41/M
19	Ricardo Gonzalez		19	M	3 15-19	23:53.1	7:42/M
20	Duane Boyer		44	M	2 40-44	23:54.1	7:43/M
21	James Morrow		53	M	1 50-54	24:08.8	7:47/M
22	Nyah Carlson		15	F	2 Overall	24:09.5	7:47/M
23	Mitchell Rippy		54	M	2 50-54	24:24.0	7:52/M
24	Chuck Lindsay		59	M	1 55-59	24:31.5	7:55/M
25	Jeffrey Blehar		41	M	3 40-44	24:36.8	7:56/M
26	Larry Curtis		56	M	2 55-59	24:50.6	8:01/M
27	Tim Lovelace		51	M	3 50-54	25:03.5	8:05/M
28	Brett Towery		14	M	2 1-14	25:06.4	8:06/M
29	Charley Melton		45	M	1 45-49	25:08.1	8:06/M
30	Ryan Hodge		31	M	2 30-34	25:23.8	8:11/M
31	David Cook		50	M	4 50-54	25:30.4	8:14/M
32	Chase Hildebran		12	M	3 1-14	25:37.0	8:16/M
33	Buitrago Paoia		39	F	3 Overall	25:39.8	8:16/M
34	Freda Jessen		40	F	1 Ma	25:43.0	8:18/M
35	KEVIN JEWETT		55	M	3 55-59	25:52.8	8:21/M
36	Thomas Tarker		47	M	2 45-49	26:12.7	8:27/M
37	Lauren Hutchins		32	F	1 30-34	26:20.6	8:30/M
38	Lucas Mayse		14	M	4 1-14	26:25.5	8:31/M
39	Phillip McBrayer		31	M	3 30-34	26:34.3	8:34/M
40	Nicholas Elton		27	M	3 25-29	26:38.2	8:35/M
41	Mary Heuser		31	F	2 30-34	26:41.3	8:36/M

South of the Moutains 5K
2016 Overall Results

Place	Name		Age	Gend	Age Group	Time	Pace
42	Chris	Baughman	31	M	4 30-34	26:52.1	8:40/M
43	Kenneth	Bender	64	M	1 60-64	26:52.4	8:40/M
44	Barry	Hill	49	M	3 45-49	27:09.1	8:45/M
45	Renee	Howard	36	F	1 35-39	27:10.0	8:46/M
46	Ben	Towery	11	M	5 1-14	28:23.2	9:09/M
47	Amanda	Whetstine	29	F	1 25-29	28:23.3	9:09/M
48	Heather	Grove	24	F	1 20-24	28:23.6	9:09/M
49	Chuck	Mullis	39	M	4 35-39	28:59.7	9:21/M
50	Vivian	Bracebridge	11	F	1 1-14	29:07.0	9:24/M
51	Lauren	Bennett	15	F	1 15-19	29:07.5	9:24/M
52	Jerry	Ellison	12	M	6 1-14	29:28.5	9:30/M
53	Jeff	Bennett	53	M	5 50-54	30:06.9	9:43/M
54	Joe	Beard	43	M	4 40-44	30:07.9	9:43/M
55	Abby	Smith	17	F	2 15-19	30:23.6	9:48/M
56	Laurence	Penrose	75	M	1 70-99	30:31.8	9:51/M
57	Sheila	Dobbins	46	F	1 45-49	30:42.6	9:54/M
58	Brian	Robertson	38	M	5 35-39	30:50.9	9:57/M
59	Sandy	Austin	61	F	1 60-64	30:51.8	9:57/M
60	Melissa	Tate	45	F	2 45-49	30:57.4	9:59/M
61	Callie	Smith	38	F	2 35-39	31:12.2	10:04/M
62	Keilah	Ruppe	36	F	3 35-39	31:35.2	10:11/M
63	Nathan	Gunn	12	M	7 1-14	31:36.1	10:12/M
64	Chery	Smith	42	F	1 40-44	31:41.9	10:13/M
65	Brooklyn	Henderson	15	F	3 15-19	31:51.6	10:16/M
66	Brooks	Medford	26	M	4 25-29	31:51.7	10:16/M
67	Olivia	Akers	12	F	2 1-14	31:56.9	10:18/M
68	Sam	Akers	51	M	6 50-54	31:57.1	10:18/M
69	Carrie	Lovelace	23	F	2 20-24	31:57.8	10:18/M
70	Lisa	Rome	52	F	1 50-54	32:01.3	10:20/M
71	Brian	King	43	M	5 40-44	32:07.8	10:22/M
72	Amanda	McBrayer	28	F	2 25-29	32:26.1	10:28/M
73	Bruce	Rome	64	M	2 60-64	32:36.8	10:31/M
74	Joshua	Griffin	21	M	4 20-24	32:46.3	10:34/M
75	Alex	Beaumont	36	M	6 35-39	32:51.7	10:36/M
76	Jenna	Boyer	14	F	3 1-14	32:58.0	10:38/M
77	Rhonda	Lovelace	49	F	3 45-49	33:14.4	10:43/M
78	Robin	Parker	51	F	2 50-54	33:22.0	10:46/M
79	Sharon	Jacob	49	F	4 45-49	34:00.1	10:58/M
80	Keith	Atkins	53	M	7 50-54	34:18.3	11:04/M
81	Naomi	Weidemann	10	F	4 1-14	34:19.7	11:04/M
82	Kathleen	Andrews	58	F	1 55-59	34:31.9	11:08/M

South of the Moutains 5K
2016 Overall Results

Place	Name		Age	Gend	Age Group	Time	Pace
83	Callie	Luckadoo	23	F	3 20-24	34:36.0	11:10/M
84	Annie	Luckadoo	20	F	4 20-24	34:36.0	11:10/M
85	Stephanie	Beaumont	38	F	4 35-39	34:44.2	11:12/M
86	Dana	Bradley	35	F	5 35-39	34:57.5	11:16/M
87	Deanne	Avery	38	F	6 35-39	34:58.9	11:17/M
88	Tia	Houser	11	F	5 1-14	36:00.2	11:37/M
89	Sage	Curry	12	M	8 1-14	36:00.2	11:37/M
90	Alisha	Mullenax	25	F	3 25-29	36:08.7	11:39/M
91	Jane	Weast	47	F	5 45-49	36:11.7	11:40/M
92	Sam	Harrod	67	M	1 65-69	36:27.3	11:45/M
93	Sherri	Meinert	31	F	3 30-34	37:18.6	12:02/M
94	Elnora	Thompson	68	F	1 65-69	37:22.3	12:03/M
95	Porscha Street	Elton	25	F	4 25-29	37:34.4	12:07/M
96	Adam	Petit	33	M	5 30-34	38:07.0	12:18/M
97	Sam	Banfield	29	M	5 25-29	38:07.1	12:18/M
98	Leah	Taylor	47	F	6 45-49	38:38.8	12:28/M
99	Susan	Robinson	50	F	3 50-54	38:44.2	12:30/M
100	David	Messenger	41	M	6 40-44	38:50.3	12:32/M
101	Joseph	Sanford	38	M	7 35-39	38:56.3	12:34/M
102	Trinity	Robertson	12	F	6 1-14	39:07.2	12:37/M
103	Anna	Toney	10	F	7 1-14	39:19.6	12:41/M
104	Lexi	Wheatley	14	F	8 1-14	39:19.9	12:41/M
105	Karissa	Forney	12	F	9 1-14	39:20.6	12:41/M
106	Leslie	Taylor	42	F	2 40-44	39:23.4	12:42/M
107	Cathen	Curry	10	M	9 1-14	39:27.1	12:44/M
108	Elizabeth	Causby	29	F	5 25-29	39:37.4	12:47/M
109	Ginger	Hutcherson	57	F	2 55-59	40:03.0	12:55/M
110	Delee	Marciano	32	F	4 30-34	40:13.2	12:58/M
111	Yvonne	Vance	50	F	4 50-54	40:14.8	12:59/M
112	Chloe	Smith	16	F	4 15-19	40:56.3	13:12/M
113	Bobbi	Hodge	30	F	5 30-34	41:16.7	13:19/M
114	Stephanie	Murray	30	F	6 30-34	41:16.8	13:19/M
115	Stephen	Jarriel	40	M	7 40-44	41:56.9	13:32/M
116	Melissa	Howard	26	F	6 25-29	42:01.8	13:33/M
117	Andrew	Toney	7	M	10 1-14	42:01.8	13:33/M
118	Laura	Jarriel	28	F	7 25-29	42:32.3	13:43/M
119	Sierra	Barrier	12	F	10 1-14	42:34.6	13:44/M
120	Rabecca	Lindig	30	F	7 30-34	42:46.1	13:48/M
121	Samantha	Hawkins	21	F	5 20-24	42:47.8	13:48/M
122	Donald	Crawford	65	M	2 65-69	42:47.8	13:48/M
123	Wendi	Carter	54	F	5 50-54	43:21.1	13:59/M

South of the Moutains 5K**2016 Overall Results**

Place	Name	Age	Gend	Age Group	Time	Pace
124	Tosha Cole	36	F	7 35-39	43:21.8	13:59/M
125	Tina Weidemann	46	F	7 45-49	43:22.5	13:59/M
126	Angela Steed	42	F	3 40-44	43:37.3	14:04/M
127	Mary Jane Downs	60	F	2 60-64	43:40.6	14:05/M
128	Anita Mundy	46	F	8 45-49	43:43.6	14:06/M
129	Keith Potter	48	M	4 45-49	44:44.3	14:26/M
130	Megan O'Shields	7	F	11 1-14	44:50.7	14:28/M
131	Robin Smith	54	F	6 50-54	44:50.9	14:28/M
132	Sue Robertson	67	F	2 65-69	45:01.1	14:31/M
133	Vanessa Wiig	34	F	8 30-34	45:37.2	14:43/M
134	Teresa Marshall	40	F	4 40-44	45:37.7	14:43/M
135	Michelle Kramer	34	F	9 30-34	47:05.8	15:11/M
136	Matthew Kramer	41	M	8 40-44	47:05.9	15:11/M
137	Charles Anderson	19	M	4 15-19	47:39.8	15:22/M
138	Sandy Smith	26	F	8 25-29	48:10.3	15:32/M
139	Elizabeth Withrow	32	F	10 30-34	48:15.7	15:34/M
140	Jody Hamm	47	F	9 45-49	48:40.5	15:42/M
141	Lisa Curtis	55	F	3 55-59	49:13.8	15:53/M
142	Ron Huntsberger	67	M	3 65-69	49:37.9	16:00/M
143	Ann Holt	67	F	3 65-69	50:29.1	16:17/M
144	Terry Toney	48	F	10 45-49	52:20.1	16:53/M
145	Rebekah Collins	38	F	8 35-39	52:27.4	16:55/M
146	Bill Hodge	65	M	4 65-69	52:35.0	16:58/M
147	Linda Hodge	67	F	4 65-69	52:35.1	16:58/M
148	Kellie Spurlin	28	F	9 25-29	52:43.5	17:00/M
149	Autumn Ashmore	36	F	9 35-39	52:51.2	17:03/M
150	Christin Corriher-Duffell	34	F	11 30-34	53:48.8	17:21/M
151	Edward Marciano	28	M	6 25-29	53:48.8	17:21/M
152	John Miracle	59	M	4 55-59	53:55.5	17:24/M
153	Jill Miracle	57	F	4 55-59	53:55.6	17:24/M
154	Peggy Glanz	72	F	1 70-99	56:19.5	18:10/M
155	Lisa Bradley	41	F	5 40-44	56:31.1	18:14/M
156	Charlie Bradley	44	M	9 40-44	56:32.0	18:14/M
157	Courtney Atkins	24	F	6 20-24	57:45.2	18:38/M
158	Wanda Bates	41	F	6 40-44	57:45.8	18:38/M
159	Barbara Smith	72	F	2 70-99	58:53.0	19:00/M
160	John Smith	75	M	2 70-99	59:05.1	19:04/M
161	Shelly Henderson	45	F	11 45-49	01:05.6	19:42/M
162	Tina Murray	48	F	12 45-49	01:06.3	19:43/M
163	Rebeca Viveros	12	F	12 1-14	04:28.6	20:48/M
164	Rebekah Taylor	10	F	13 1-14	04:29.3	20:48/M

South of the Moutains 5K
2016 Overall Results

Place	Name		Age	Gend	Age Group	Time	Pace
165	Charlie	Bracebridge	41	M	10 40-44	05:29.6	21:07/M
166	Lisa	Hawk	52	F	7 50-54	05:30.8	21:08/M

**South of the Mountains 5K
2015 Overall Results**

Overall	Name	Sex	Age	Bib	Time
1	Cox, Almon	M	36	179	18:51.3
2	Thacker, Jonathan	M	37	166	19:08.4
3	Gonzalez, Roberto	M	45	178	21:34.6
4	Edelstein, Amy	F	38	116	22:53.0
5	Duricy, Anthony	M	42	113	23:32.2
6	Rippy, Mitchell	M	53	149	23:52.5
7	Price, Steve	M	16	181	24:07.2
8	Hartman, Sara	F	35	124	24:10.1
9	Golden, Jack Jr.	M	35	175	24:22.6
10	Howard, Kelvin	M	34	187	24:23.8
11	Snyder, Mark	M	36	164	24:25.1
12	Ownbey, Bruce	M	49	144	24:44.1
13	Jewett, Kevin	M	54	128	25:16.8
14	Dawkins, Gabriel	M	13	110	25:18.4
15	Nielsen, David	M	24	191	25:37.5
16	Alexander, Catherine	F	24	82	25:37.7
17	Rollins, Justin	M	31	153	25:45.5
18	Marciano, Anthony	M	28	133	25:48.0
19	Cook, David	M	49	105	26:03.9
20	Lindsay, Charles	M	58	129	26:04.6
21	Hasty, Brian	M	37	125	26:12.7
22	Stensland, Jerry	M	48	176	26:15.3
23	Wood, Brad	M	42	183	26:16.5
24	Curtis, Larry	M	55	192	26:36.8
25	Towery, Brett	M	13	169	27:14.5
26	Blehar, Jeffrey	M	40	97	27:18.1
27	Duricy, Renee	F	37	114	27:30.9
28	Lovelace, Tim	M	50	132	27:35.7
29	Jackson, Timothy Blake	M	17	177	28:00.3
30	Robertson, Brian	M	37	152	29:21.5
31	Coffey, Jennifer	F	31	103	29:30.0
32	Smith, Amy	F	47	159	29:37.6
33	Hill, Barry	M	48	126	30:13.1
34	Dawkins, Rachel	F	14	112	30:22.5
35	White, Naomi	F	13	172	30:23.5
36	Grossens, Tami	F	40	121	31:08.9
37	Howard, Riley	M	9	188	31:24.0
38	Sanders, Jerry	M	47	156	31:36.1
39	Parker, Robin	F	50	145	31:42.3
40	Dawkins, Kay	F	46	111	31:57.1
41	Smith, Callie	F	37	160	33:18.3
42	Kramer, Matthew	M	40	186	33:37.6
43	Petit, Adam	M	32	147	33:48.9
44	Harris, Marcus	M	36	122	33:49.7
45	Lovelace, Carrie	F	22	130	33:50.6
46	Austin, Sandy	F	60	85	33:54.8
47	Daves-Dobbins, Sheila	F	45	109	34:10.6
48	Whiestine, Amanda	F	28	171	34:16.3
49	Baughman, Christopher	M	30	90	34:17.7

**South of the Mountains 5K
2015 Overall Results**

Overall	Name	Sex	Age	Bib	Time
50	Brown, Marcie	F	36	99	34:19.1
51	Kinc, Brian	M	42	190	34:22.9
52	Penson, Melissa	F	43	146	34:27.8
53	Lovelace, Rhonda	F	48	131	35:12.2
54	Sanford, Joseph	M	37	157	35:36.9
55	Weast, Jane	F	46	170	35:57.5
56	Smith, Sandy	F	25	163	35:57.8
57	Avery, Deanne	F	37	86	36:53.6
58	Mayse, Lucas	M	13	137	37:04.9
59	Smith, Robin	F	53	162	37:20.1
60	Atkins, Keith	M	52	84	38:25.3
61	Roberson, Logan	M	8	150	38:34.3
62	Roberson, Louis	M	40	151	38:35.3
63	Matthews, Jessica	F	38	136	38:59.9
64	Bare, Christy	F	52	89	39:08.1
65	Thompson, Elnora	F	67	168	39:35.8
66	Brooks, Brandy	F	40	98	39:43.2
67	Greene, Betty	F	42	120	39:51.1
68	Styles, Roxanne	F	43	165	40:23.2
69	Petit, Rachel	F	30	148	40:29.5
70	Banfield, Heather	F	28	87	40:29.8
71	Baughman, Marla	F	28	91	40:32.5
72	Arrowood, Kip	M	28	83	40:32.9
73	Banfield, Sam	M	28	88	40:33.3
74	Brown, Sarah	F	11	100	40:35.4
75	Jones, KC	F	21	189	40:44.0
76	Dyer, Debbie	F	39	115	41:03.0
77	Crawford, Donald	M	64	107	41:11.2
78	Griffith, Stephen	M	17	180	41:31.5
79	McNeary, Paul	M	47	139	43:00.9
80	Harrod, Sam	M	66	123	43:01.2
81	Mundy, Anita	F	45	142	44:49.9
82	Davis, Justin	M	16	174	46:34.4
83	Houser, Tia	F	10	173	46:34.5
84	Marciano, Delee	F	31	134	46:34.6
85	Hall, Bridgette	F	33	184	47:04.4
86	Marciano, Edward	M	27	135	48:42.3
87	Corriher-Duffell, Christin	F	33	106	48:42.6
88	McAfee, Mary	F	34	138	50:31.8
89	Sanders, Brenda	F	41	154	57:36.2
90	Myers, Christie	F	39	143	58:57.9
91	Collins, Rebekah	F	37	104	59:23.1
92	Fairchild, Marney	F	44	118	03:10.1
93	Kramer, Michelle	F	33	185	03:10.5
94	Huffman, Lydia	F	65	127	10:59.1
95	Eimers, Sharon	F	54	117	11:03.7
96	Labor, Mary Low	F	70	182	11:05.5

**South of the Mountains 5K
2014 Overall Results**

Overall	Name	Gender	Age	Time
1	Neely, Morgan	M	34	19:22.4
2	Ruppe, Justin	M	26	19:53.7
3	Gonzalez, Roberto	M	44	20:48.9
4	Wilson, Tommy	M	29	22:31.2
5	Rippy, Mitchell	M	52	22:38.8
6	Eason, Chis	M	52	24:29.6
7	Huffman, Mandy	F	45	24:52.7
8	Howard, Kelvin	M	33	25:19.7
9	Robertson, Brian	M	36	25:21.9
10	Jewett, Kevin	M	53	25:54.2
11	Towery, Brett	M	12	26:55.5
12	Gagner, Drake	M	18	27:52.1
13	Ross, Jordan	M	13	28:07.8
14	Epley, Stephanie	F	38	28:58.1
15	Petit, Adam	M	31	29:20.9
16	LaFon, Phillip	M	35	29:28.1
17	King, Brian	M	41	29:29.1
18	Coffey, Jennifer	F	30	29:37.0
19	Parker, Robin	F	49	30:06.7
20	Howard, Renee	F	34	30:10.8
21	Ellenburg, Jennifer	F	36	30:24.7
22	LeMieux, Fred	M	65	31:10.0
23	Boyer, Jenna	F	12	31:20.3
24	Boyer, Duane	M	42	31:20.8
25	Jones, Jill	F	29	31:27.8
26	Blanton, Brad	M	40	31:28.7
27	Austin, Sandy	F	59	33:06.0
28	Campbell, Cameron	M	26	33:12.9
29	Weast, Jane	F	44	33:34.0
30	Weast, Sandra	F	24	33:34.5
31	Penson, Melissa	F	42	34:03.2
32	Atkins, Keith	M	51	34:50.5
33	Holland, Shannon	F	45	35:54.7
34	Carter, John	M	54	36:13.9
35	Blanton, Paige	F	14	36:31.3
36	Prescott, Sherri	F	40	36:45.7
37	Knight, Angel	F	41	36:46.1
38	Spillman, Camille	F	26	37:20.9
39	Jacob, Sharon	F	47	37:26.2
40	Wagner, Aliethia	F	11	38:01.1
41	Wagner, Dana	F	43	38:13.4
42	Brooks, Brandy	F	39	38:16.8
43	Dyer, Debbie	F	38	39:27.3
44	Thompson, Elnora	F	66	39:51.6
45	Carter, Dean	F	54	40:27.2
46	Matthews, Jessica	F	37	40:36.3
47	Arrowood, Kip	M	27	40:49.2
48	Banfield, Sam	M	27	41:03.3
49	Hamrick, Amy	F	32	41:17.5

**South of the Mountains 5K
2014 Overall Results**

Overall	Name	Gender	Age	Time
50	Zaffuto, Jonathan	M	36	42:21.7
51	Mundy, Anita	F	44	42:28.2
52	Blanton, Tracy	F	41	42:38.5
53	Davis, Zach	M	11	43:52.0
54	Houser, Tia	F	9	43:52.2
55	Lawson, Kim	F	38	44:15.0
56	Woodard, Carol	F	28	44:15.3
57	Wilson, Paula	F	51	44:46.5
58	Swafford, Sarah	F	19	44:57.1
59	Davis, Jamie	F	13	47:31.6
60	Zaffuto, Dana	F	35	48:09.2
61	Crawford, Donald	M	63	48:11.4
62	Eimers, Sharon	F	53	49:06.2
63	Cooper, Amanda	F	33	53:59.4
64	Jolley, Michelle	F	30	54:01.1
65	Swafford, Kathleen	F	50	54:19.9
66	Snypes Hodge, Linda	F	65	55:46.7
67	Hodge, Bill	M	63	55:47.5

**South of the Mountains 5K
2013 Overall Results**

Place	Name	Gender	Age	Time
1	Cox, Almon	M	33	19:31.94
2	Gonzalez, Roberto	M	43	20:09.51
3	Clark, Kyle	M	17	20:40.28
4	Seibler, Matthew	M	26	24:03.77
5	Repasky, James	M	30	24:15.05
6	Hill, Alan	M	49	24:15.37
7	Blehar, Jeffrey	M	38	24:34.16
8	Robertson, Brian	M	35	25:18.64
9	Jewett, Kevin	M	52	25:23.30
10	Lindsay, Chuck	M	56	25:26.99
11	Tomblin, Ethan	M	17	25:58.20
12	Bullard, James	m	41	26:18.54
13	Campbell, Tyler	M	17	26:31.56
14	Wessling, David	M	43	27:38.63
15	LaFon, Phillip	M	34	28:05.28
16	Gilliam, Carson	M	10	28:39.39
17	Matheny, Stephen	M	46	29:07.47
18	Epley, Stephanie	F	37	29:16.21
19	Fountain, Ethan	M	9	29:25.09
20	Fountain, Terry	M	44	29:25.48
21	Parker, Robin	F	48	29:41.74
22	Torvinen, Tim	M	41	29:46.16
23	Smith, Cheryl	F	39	29:58.31
24	Arrowood, Sydnee	F	12	30:21.83
25	Higgins, John	M	47	30:31.01
26	Fountain, Caleb	M	11	30:34.24
27	Petit, Adam	M	30	30:37.75
28	Banfield, Sam	M	26	30:48.24
29	Arrowood, Kip	M	26	30:48.65
30	Dobbins, Sheila	F	43	31:11.15
31	Somerville, Scott	M	21	31:33.68
32	Tomblin, Adam	M	20	31:34.94
33	Austin, Sandy	F	58	32:32.66
34	Greene, Lilly	F	8	34:59.56
35	Schram, Leah	F	32	35:05.09
36	Parke, Bill	M	65	35:18.70
37	Parke, Elizabeth	F	53	35:33.65
38	Dobbing, Rich	M	55	36:02.24
39	Thompson, Elnora	F	65	36:44.19
40	Ridings, Dolores	F	57	37:45.04
41	Tomblin, Faith	F	12	38:52.35
42	Tomblin, Nathan	M	8	40:54.53
43	Elias, Mary-Lu B	F	59	41:00.77
44	Tomblin, Sarah	F	14	41:05.93
45	Tomblin, Brooke	F	21	41:06.95
46	Hawk, Michael	M	19	41:16.64
47	Andersen, George	M	71	41:32.69
48	Kramer, Matt	M	37	41:33.26
49	Pressley, Mary	F	53	41:56.45

**South of the Mountains 5K
2013 Overall Results**

Place	Name	Gender	Age	Time
50	Wessling, Christina	F	39	41:56.78
51	Lawson, Wesley	M	37	42:22.37
52	Lawson, Kimberly	F	37	44:52.70
53	Dayberry, Carol	F	27	44:54.16
54	Collins, Rebekah	F	35	47:10.83
55	Dobbing, Mary	F	33	47:12.09
56	Tomblin, Cheryl	F	47	50:07.75
57	Hawk, Lisa	F	50	50:12.93
58	Kramer, Michelle	F	31	50:13.45
59	McAfee, Mary	F	31	50:14.43
60	Hardin, Carolyn	F	63	50:41.67
61	Hollifield, Meredith	F	10	54:01.79
62	Hollifield, Dede	F	39	54:02.35
63	Hollifield, J	M	44	54:03.13
64	Earley, Madison	F	10	54:15.17
65	Daves, Gena	F	48	54:23.38
66	Wright, Brenda	F	54	54:38.91
67	Parker, Keila	F	38	55:16.91
68	Hollifield, Aiden	M	8	55:28.61

**South of the Mountains 5K
2012 Overall Results**

Place	Name	Gender	Age	Time
1	Thacker, Jonathan	M	34	18:31.39
2	Gonzalez, Roberto	M	42	21:11.30
3	Enloe, Conner	M	15	21:18.53
4	Hardin, Geoffrey	M	37	21:51.17
5	Hutchins, WD	M	29	21:57.03
6	Vance, Richard	M	48	22:34.58
7	Bradshaw, Matt	M	36	23:02.77
8	Boyer, Duane	M	40	23:11.23
9	Valafar, Teresa	F	37	23:44.80
10	Seibler, Matthew	M	25	24:01.59
11	Revis, Lauren	F	14	24:11.23
12	Green, Sara	F	32	24:18.65
13	Miller, Doug	M	61	24:22.54
14	Stensland, Jerry	M	45	25:00.51
15	Gonzalez, Roberto	M	22	26:16.13
16	Jewett, Kevin	M	51	27:12.49
17	Gilliam, Deana	F	42	27:18.62
18	Griffith, Scott	M	27	27:30.78
19	Revis, Evan	M	12	27:43.45
20	Tomblin, Ethan	M	16	27:51.45
21	Somerville, Joseph Scott	M	20	28:30.33
22	Hutchins, Lauren	F	28	28:40.48
23	Watkins, David	M	57	28:46.97
24	Wright, Keith	M	55	28:59.34
25	Gonzalez, Ivonne	F	20	29:14.04
26	Floyd, Jennifer	F	43	29:57.61
27	Parker, Robin	F	47	29:58.85
28	Austin, Sandy	F	57	31:34.74
29	Collins, Amy	F	13	31:43.68
30	Boyer, Jenna	F	10	31:44.58
31	Gonzalez, Ricardo	M	15	32:02.27
32	Greene, Catherine	F	23	32:25.56
33	Crayton, Mallory	F	19	32:39.16
34	Taylor, David	M	56	32:49.24
35	Dobbins, Sheila	F	42	33:01.06
36	Watkins, Paul	M	34	33:29.43
37	Roberts, Brandie	F	39	33:42.30
38	Siebler, Daisy	F	22	34:04.19
39	Johnson, Roy	M	16	34:35.94
40	Parke, Bill	M	64	35:21.85
41	Arrowood, Kip	M	25	35:22.07
42	Banfield, Sam	M	25	35:22.39
43	Petit, Adam	M	29	35:30.88
44	Thompson, Elnora	F	64	36:00.40
45	Dagenhart, Hannah	F	23	36:05.49
46	Baker, Lisa	F	45	36:39.54
47	Parker, Kasrissa	F	20	37:47.89
48	Smith, Robin	F	50	38:54.73
49	Simmons, Amanda	F	26	39:25.40

**South of the Mountains 5K
2012 Overall Results**

Place	Name	Gender	Age	Time
50	Owen, Gloria	F	68	40:32.11
51	Ridings, Dolores	F	55	40:46.70
52	Lancaster, Debra	F	56	40:49.90
53	Pressley, Mary	F	52	41:15.23
54	Haulk, Michael	M	18	41:45.89
55	Haulk, Lisa	F	48	42:35.53
56	Davis, Amanda	F	30	43:01.57
57	Collins, Mollie	F	19	45:31.58
58	Celkins, Lindsey	F	18	46:44.80
59	Hollifield, Diana	F	38	46:52.16
60	Collins, Rebekah	F	34	48:32.77
61	Hawkins, Nick	M	15	48:44.28
62	Holland, Shannon	F	43	49:09.43
63	Higgins, Neil	M	52	49:10.57
64	Hawkins, Kimberly	F	39	49:17.60
65	Bailey, Grant	M	34	50:03.53
66	Hardin, Carolyn	F	62	52:08.36
67	Costner, Karen	F	59	52:19.13
68	Parker, Keila	F	37	52:56.09
69	Hearl-Thomas, Annette	F	63	54:19.06
70	Taylor, Donna	F	56	55:36.40
71	McDonald, Kimberly	F	34	59:52.11